Subscriber Agreement

BlueCHiP Direct

$1,800/$3,600 with pediatric dental

You have the right to return this *agreement* within ten (10) days after receipt if you are not satisfied with it for any reason. Your premium will be returned to you if this *agreement* is returned to us within ten (10) days.

Blue Cross & Blue Shield of Rhode Island (BCBSRI) complies with applicable Federal civil rights laws and does not discriminate or treat people differently on the basis of race, color, national origin, age, disability, or sex.

BCBSRI provides free aids and services to people with disabilities and to people whose primary language is not English when such services are necessary to communicate effectively with us.

If you need these services, contact us at 800-639-2227.

If you believe that BCBSRI has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Director of Grievance and Appeals Department, Blue Cross & Blue Shield of Rhode Island, 500 Exchange Street, Providence RI 02903, or by calling 401-459-5000 or 800-639-2227 (TTY/TDD: 888-252-5051). You can file a grievance in person, by phone or by mail, fax at 401-459-5005, or electronically through our member portal at bcbsri.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

English: If you, or someone you're helping, has questions about Blue Cross & Blue Shield of Rhode Island, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 1-800-639-2227.

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue Cross & Blue Shield of Rhode Island, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-639-2227.

Portuguese: Se você, ou alguém a quem você está ajudando, tem perguntas sobre o Blue Cross & Blue Shield of Rhode Island, você tem o direito de obter ajuda e informação em seu idioma e sem custos. Para falar com um intérprete, ligue para 1-800-639-2227.

Chinese: 如果您，或是您正在協助的對象，有關於插入項目的名稱 Blue Cross & Blue Shield of Rhode Island 方面 的問題，您有權利免費以您的母語得到幫助和訊息. 洽詢一位翻譯員，請撥電話在此插入數字 1-800-639-2227.

French Creole: Si oumenm oswa yon moun w ap ede gen kesyon konsènan Blue Cross & Blue Shield of Rhode Island, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 1-800-639-2227.

Cambodian-Mon-Khmer: ប្រសិនបើអ្នក ឬនរណាម្នាក់ដែលអ្នកកំពុងតែជួយ មានសំណួរអំពី Blue Cross & Blue Shield of Rhode Island ទេ, អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មាន នៅក្នុងភាសា របស់អ្នក ដោយមិនអស់ប្រាក់ ។ ដើម្បីនិយាយជាមួយអ្នកបកប្រែ សូម 1-800-639-2227.

French: Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Blue Cross & Blue Shield of Rhode Island, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 1-800-639-2227.

Italian: Se tu o qualcuno che stai aiutando avete domande su Blue Cross & Blue Shield of Rhode Island, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 1-800-639-2227.

Laotian: ຖ້າທ່ານ, ຫຼືຄົນທີ່ທ່ານກໍາລັງຊ່ວຍເຫຼືອ, ມີຄໍາຖາມກ່ຽວກັບ Blue Cross & Blue Shield of Rhode Island, ທ່ານມີສິດທີຈະໄດ້ຮັບການຊ່ວຍເຫຼືອແລະຂໍ້ມູນຂ່າວສານທີເປັນພາສາຂອງທ່ານບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ການໂອ້ລົມກັບນາຍພາສາ, ໃຫ້ໂທຫາ 1-800-639-2227.

Arabic: إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Blue Cross & Blue Shield of Rhode Island، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث مع مترجم اتصل بـ 1-800-639-2227.

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Blue Cross & Blue Shield of Rhode Island, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 1-800-639-2227.

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Blue Cross & Blue Shield of Rhode Island, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-800-639-2227.

Kru: I bale we, tole mut u ye hola, a gwee mbarga inyu Blue Cross & Blue Shield of Rhode Island, U gwee Kunde I kosna mahola ni biniiguene I hop wong nni nsaa wogui wo. I Nyu ipot ni mut a nla koblene we hop, sebel 1-800-639-2227.

Ibo: Ọ bụrụ gị, ma o bụ onye I na eyere-aka, nwere ajụjụ gbasara Blue Cross & Blue Shield of Rhode Island, I nwere ohere iwenta nye maka na ọmụma na asụsụ gị na akwu gị ụgwọ. I chọrọ I kwụrụ onye-ntapịa okwu, kpọ 1-800-639-2227.

Yoruba: Bí ìwọ, tàbí ẹnikẹni tí o n ranlọwọ, bá ní ibeere nípa Blue Cross & Blue Shield of Rhode Island, o ní ẹtọ lati rí iranwọ àti ìfitónilétí gbà ní èdè rẹ láìsanwó. Láti bá ongbufọ kan sọrọ, pè sórí 1-800-639-2227.

Polish: Jeśli Ty lub osoba, której pomagasz ,macie pytania odnośnie Blue Cross & Blue Shield of Rhode Island, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 1-800-639-2227.

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이Blue Cross & Blue Shield of Rhode Island 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 1-800-639-2227 로 전화하십시오.

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Blue Cross & Blue Shield of Rhode Island, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 1-800-639-2227.

This notice is being provided to you in compliance with federal law.

WELCOME

Welcome to Blue Cross & Blue Cross Blue Shield of Rhode Island (BCBSRI). We are pleased you have chosen us. We look forward to working with you and your family to meet your health care needs. Please carefully read the information provided in this *Subscriber Agreement* (the "*agreement*"). This is the *agreement* used by us to administer *benefits* and process *claims*.

If you have any questions about this *agreement*, *providers*, or *benefits* please contact our Customer Service Department before you obtain services. You can contact us at:

- Blue Cross & Blue Shield of Rhode Island
  500 Exchange Street
  Providence, RI 02903; or
- 401-459-5000 or 1-800-639-2227; or
- **www.BCBSRI.com.** (use our secure message service located on this website)

Below is a legal notice, some helpful tips, and phone numbers about your *plan*.

NOTICE

This is a legal *agreement* between you and Blue Cross & Blue Shield of Rhode Island (BCBSRI). Your identification (ID) card will identify you as a *member* when you receive the health care services covered under this *agreement*. By presenting your ID card to receive *covered health care services*, you are agreeing to abide by the rules and obligations of this *agreement*.

You hereby expressly acknowledge your understanding that this contract is solely between you and BCBSRI. BCBSRI is an independent corporation operating under a license from the Blue Cross and Blue Shield Association ("the Association"), an association of independent Blue Cross and Blue Shield *plan*, permitting us to use the Blue Cross and Blue Shield Service Marks. We are not contracting as the agent of the Association. You further acknowledge and agree that you have not entered into this contract based upon representations by anyone other than us and that no person, entity or organization other than us shall be held accountable or liable to you for any of our obligations to you under this contract. This paragraph shall not create any additional obligations on our part other than those obligations created under other provisions of this *agreement*.

Kim A. Keck
President and Chief Executive Officer

THIS CONTRACT IS NOT A MEDICARE SUPPLEMENT POLICY. If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from us.

IMPORTANT CONTACT INFORMATION AND WEB SITES

- Our Customer Service numbers are: **(401) 459-5000** or **1-800-639-2227** or **Voice TDD** 711 (711 is a national relay service for the deaf and hearing impaired).
- Our normal business hours: Monday - Friday from 8:00 a.m. - 8:00 p.m. and Saturday - Sunday 8:00 a.m. - 12:00 p.m. Please see Section 1.5 for more details.
- Our Website: **www.BCBSRI.com.**
- Your Blue Stores/Walk-in Service Centers – visit our website for specific locations and business hours.
- Recommended *Preauthorization* Services for which *preauthorization* is recommended are marked with an asterisk(*) in the Summary of Medical *Benefits*. See Section 1 Introduction– *Preauthorization* for details.
- Required *Preauthorization*: See the Pharmacy *Benefits* section and the Summary of Pharmacy *Benefits* for information about required *prescription drug preauthorization*.

BlueCard* Access - 1-800-810-BLUE (2583)** or visit the ***BlueCard Doctor* and *Hospital finder web page at www.bcbs.com**.**

***HealthSource RI* – 1-855-683-6759** or visit the website at **www.healthsourceri.com**

EyeMed Vision Care – 1-866-723-0513 – for questions about pediatric vision hardware benefits.

HELPFUL TIPS

- Read all information provided, especially this *Subscriber Agreement*. Become familiar with services excluded from coverage (See Section 4.0– Health Services Not Covered Under This *Agreement*.)
- In Section 8.0 – Glossary, there is a list of definitions of words used throughout this *agreement*. It is very helpful to become familiar with these words and their definitions.
- Identification Cards (ID) are provided to all *members*. The ID card must be shown when obtaining health care services. Your ID card should be kept in a safe location, just like money, credit cards or other important documents. BCBSRI should be notified immediately if your ID card is lost or stolen.
- Our list of *network providers* changes from time to time. You may want to call our Customer Service Department in advance to make sure that a *provider* is a *network provider*.
- You and your enrolled family *members* are required to choose a *primary care physician* (*PCP*).
- You are encouraged to become involved in your health care treatment by asking your *PCP* about all treatment plans available and their costs. You also are encouraged to take advantage of the preventive health services offered under this *agreement* to help you stay healthy and find problems before they become serious.

KEY POINTS

1. As a *member* of this *plan* you are responsible for understanding the *benefits* to which you are entitled under this *agreement* and the rules you must follow to receive those *benefits*.
2. You and each enrolled family *member* are required to designate a *PCP*; you may choose one from the list of BlueCHiP *PCP providers* on our website. If a *PCP* is not chosen, we will assign one to each enrolled *member*. You may change the designated *PCP* by calling our Customer Service Department or by visiting our website.

3. Always consult with your *PCP* for all your primary and specialty care needs.
4. Under this *plan*, your *PCP* will coordinate your health care and will refer you to a *network provider* when necessary. Before you receive care from a *network provider*, other than your *PCP*, a *referral* must be obtained. **If a referral is not obtained from your *PCP*, the services rendered by a *network provider* will not be covered under this *agreement*. Your provider may bill you for the services when a referral is not obtained.**

PRIMARY CARE PROVIDER (*PCP*)

Choosing a *PCP*

You and your dependents must select a *network PCP* who will provide and arrange for your health care. Your *PCP* provides your health care, orders lab tests and x-rays, prescribes medicines or therapies and arranges hospitalization when necessary.

When you enroll, you will be asked to select a *network PCP*. You may choose one from the list of BlueCHiP *PCP providers* on our website, for you and each *member* of your family that will enroll. Let us know whom you have chosen by listing it on your *member* application form, by calling our Customer Service Department, or by visiting our website. Each enrolled *member* of your family may elect a different *PCP*. If you do not select a *PCP*, we will assign one to each *member* enrolled.

Changing a *PCP*

You can request a change to your *PCP*, including one assigned to you. You can make a change by contacting Customer Service Department or visiting our website.

<u>*NETWORK* and *NON-NETWORK PROVIDERS*:</u>

The following *network* assignments shall apply to this *agreement*:

***Network* Assignments**		**Important information**
Network		*Network providers* are those healthcare *providers* that have entered into a contract directly with us. These *providers* are within our service area, which includes Rhode Island and the counties of Connecticut and Massachusetts that border Rhode Island. The BlueCHiP *network providers* are listed on our website.
***Network* (continued)**		**<u>Our list of *network providers* will change from time to time; visit our website, www.BCBSRI.com, or contact Customer Service for the most up to date listing.</u>** *Referrals*: • *Network* services require a *referral*, except for those services rendered by your designated *PCP*, *emergency* services, and permitted self-referred services (listed in this *agreement*). • Your *PCP* will provide a *referral* if you need to see another healthcare *provider*. Your *PCP* is the only *provider* that can refer you to a *network* specialist, when necessary.

***Network* Assignments**		**Important information**

		• If a *referral* is not obtained, the services rendered by a *network provider* (other than your *PCP*):
		  • will not be covered under this *agreement*; and
		  • the healthcare *provider* may bill you for services.

Non-network		***Non-network** providers* are all other healthcare *providers* that have not entered into an *agreement* directly with BCBSRI. *Non-network providers* include *providers* located in another state that participate with a Blue Cross and Blue Shield *plan* of another state (*BlueCard*). Services rendered by an *non-network provider* are not covered, except in the following limited circumstances: • *Emergency* care (*Emergency* Room Services, Ambulance Services, and free-standing *Emergency* Medical Centers); • We specifically approve the use of a *non-network provider* for *covered health care services*. (See *Network Authorization* - defined in section 8.0.); • *Covered health care services* are rendered by an *non-network provider* at a *network* facility outside of your control, as described in Section 5.1; and • Otherwise, as required by law. In these limited circumstances, the services rendered by a *non-network provider* will be covered at the *network* benefit level as shown in the Summary of Medical *Benefits.* If you are traveling and need *Emergency* care call 1-800-810-BLUE (2583) or visit the *BlueCard Doctor* and *Hospital* finder web page at www.bcbs.com to locate a *non-network BlueCard provider*.

SUMMARY OF BENEFITS
Your Plan: BlueCHiP Direct

This Summary of Benefits is part of your Subscriber Agreement. It describes the cost share amounts you must pay for covered services. Some *benefit limits* are provided here with additional *benefit limits* provided in the *Covered Health Care Services* section mentioned below. Do not rely on this chart alone. Be sure to read all parts of your Subscriber Agreement to understand the requirements you must follow to receive all of your coverage. For a full description of *benefit limits*, covered services and exclusions please see:

- Summary of Pharmacy Benefits for benefit coverage levels of prescription drugs and diabetic equipment/supplies purchased at a pharmacy;
- *Covered Health Care Services* - Section 3;
- Health Care Services Not Covered Under This *Agreement* – Section 4;
- Glossary – Section 8, for definitions of italicized words or phrases used throughout this *agreement*.

**Preauthorization* is recommended for services marked with an asterisk (*). Please see *Preauthorization* in Section 1 and Section 8 for more information.

IMPORTANT NOTE: All of our payments are based upon a fee schedule called our *allowance*. If you receive services from a *network provider*, the *provider* has agreed to accept our *allowance* as payment in full for *covered health care services*, excluding your *copayments*, *deductible*, and the difference between the *maximum benefit* and our *allowance*, if any. If you do not receive a *referral* and one is required, the service is not covered under this *agreement* and the *network provider* may bill you. If you receive *covered health care services* from a *non-network provider*, you will be responsible for the *provider's charge*.

Medical Necessity Preauthorization: *Preauthorization* is recommended for the services marked with an asterisk (*). Please see Section 1.6 – *Preauthorization*, Section 5.3 – Coverage for Services Provided Outside of the Service Area (*BlueCard*), and Section – 8.0 Glossary for more information.

COORDINATED CARE, REFERRALS, AND SELF-REFERRALS:

If you need *emergency* care, call 911 or go to the nearest *hospital emergency* room. If you are traveling and need urgent care call 1-800-810-BLUE (2583) or visit www.bcbs.com to locate a *BlueCard provider*.

Coordinated Care:

When it is necessary to see a specialist, your *PCP* will coordinate a *referral* for you to seek care from a *network provider*. Only your *PCP* can coordinate *referrals*. For example: If your *PCP* refers you to a specialist, that specialist may not refer you to another *provider*. In this case, you must contact your *PCP* to get a *referral* to seek care from the second specialist.

Referrals:

Except as indicated below, if you receive *covered health care services* without a *referral* from your *PCP*, the services will not be covered even if you use a *network provider*. Your *provider* may bill you for the services when a *referral* is not obtained.

Permitted Self-Referrals:

Network Providers - You may self-refer to the following *network providers* for *covered health care services*:

- Behavioral Health Services;
- Chiropractic Medicine Services
- Early Intervention Services*;
- *Emergency* Care (*Emergency* Room Services, Ambulance Services, and free-standing *Emergency* Medical Centers);
- Hair Prosthetics (Wigs)*;
- Hearing Aids*;
- Obstetricians and Gynecologists;
- Oncologists - Office Visits (consultation or second opinion; all other services require a *referral*);
- Optometrists;
- Oral Surgery;
- Pediatric Dental Services;
- Pediatric Vision Services;
- Retail Clinics; and
- Telemedicine services (rendered by a designated *provider*. See Section 3.36 for details).

* You may self-refer to a *non-network provider* for *covered health care services* for Early Intervention Services, Hair Prosthetics, and Hearing Aids.

Non-network providers - If you receive care from a *non-network provider*, the services will not be covered under this *agreement*. You are responsible for paying all *charges* from the *non-network provider*. If the services are *covered health care services* and are rendered within the limited circumstances described below, we will reimburse you or the *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles*. The *deductible* (if any) and *maximum out-of-pocket expenses* are calculated based on the lower of our *allowance* or the *provider's charge*, unless otherwise specifically stated in this *agreement*. *Benefits* may not be assigned, unless the Rhode Island General Laws § 27-19-54 (Dental Insurance assignment of *benefits*) applies. Limited circumstances are:

- *Emergency* Care (*Emergency* Room Services, Ambulance Services, and free-standing *Emergency* Medical Centers);
- We specifically approve the use of an *non-network provider* for *covered health care services* (See *Network Authorization* - defined in section 8.0);
- *Covered health care services* are rendered by an *non-network provider* at a *network* facility (outside of your control as described in section 5.1); and
- Otherwise, as required by law.

SUMMARY OF *DEDUCTIBLE/MAXIMUM OUT-OF-POCKET EXPENSE*

Benefit Description	***Network Providers* You Pay**	***Non-network Providers* You Pay**
Deductible The amount you must pay each *plan year* before *we* begin to pay for certain *covered health care services*. See Glossary section for further details.		
Services that apply the *deductible* are indicated in the Summary of Medical Benefits and the Summary of Pharmacy Benefits. Family plan *deductible* is met by adding the amount of *covered health care expenses* applied to the *deductible* for all family *members*; however no one (1) family *member* can contribute more than the amount shown in the Individual Plan *deductible* amount.	Individual Plan: $1,800 Family Plan: $3,600	Individual Plan: Not covered Family Plan: Not covered
Maximum Out-of-Pocket Expense The total combined amount of your *deductible* and *copayments* you must pay each *plan year* for certain *covered health care services*. See Glossary section for further details.		
The *deductible* and *copayments* (including, but not limited to, office visits *copayments* and prescription drug *copayments*) apply to the *maximum out-of-pocket expense*. The family *maximum out-of-pocket expense* limit is met by adding the amount of *covered health care expenses* applied to the *maximum out-of-pocket expense* limit for all family *members*, however no one family *member* can contribute more than the amount shown in the Individual Plan *maximum out-of-pocket expense* amount.	Individual Plan: $3,600 Family Plan: $7,200	Individual Plan: Not covered Family Plan: Not covered

SUMMARY OF MEDICAL *BENEFITS*

Covered Benefits	*Network Providers* You Pay	*Non-network Providers* You Pay
See Section 3.0 – *Covered Health Care Services* for additional *benefit limits* and coverage information.		
Ambulance		
Ground	$50	The level of coverage is the same as *network provider*.
Air/water* Up to the *maximum benefit* of $3000 per occurrence.	10% - After *Deductible*	The level of coverage is the same as *network provider*.
Autism Services		
Applied behavioral analysis*	10% - After *Deductible*	Not Covered
Behavioral Health – Mental Health or *Substance Use Disorder*		
Inpatient* Unlimited days at a *general hospital* or a *specialty hospital* including detoxification or residential/rehabilitation per *plan year*.	10% - After *Deductible*	Not Covered
Outpatient or intermediate care services* See Covered Services: Behavioral Health Section for details about partial hospital program, intensive *outpatient* program, adult intensive services, and child and family intensive treatment.	10% - After *Deductible*	Not Covered
Office See Office Visits section below for Behavioral Health services provided by a *Primary Care Physician (PCP)* or Specialist.		
Methadone maintenance treatment	10% - After *Deductible*	Not Covered
Cardiac Rehabilitation		
Outpatient Benefit is limited to 18 weeks or 36 visits (whichever occurs first) per covered episode.	10% - After *Deductible*	Not Covered
Chiropractic Medicine		
In a *doctor's* office 12 visits per *plan year*.	$45	Not Covered
Dental Care - Emergency		
Emergency room When services are due to accidental injury to *sound natural teeth*.	10% - After *Deductible*	The level of coverage is the same as *network provider*.
In a *doctor's*/dentist's office when services are due to accidental injury to *sound natural teeth*.	10% - After *Deductible*	Not Covered
Dental Care - *Outpatient*		
Services connected to dental care when performed in an *outpatient* facility*	10% - After *Deductible*	Not Covered
Dental Care - Pediatric		
Dental Care Services: The following services are covered for enrolled *members* under the age of 19. See Dental Care Services section for *benefit limits* and details.		
Oral evaluations	0%	Not Covered
X-rays	0%	Not Covered
Cleanings (prophylaxis)	0%	Not Covered
Fluoride treatments	0%	Not Covered
Sealants	0%	Not Covered
Space maintainers	0%	Not Covered
Palliative treatment	50% - After deductible	Not Covered
Fillings	50% - After deductible	Not Covered
Simple extractions	50% - After deductible	Not Covered

(*) *Preauthorization* is recommended for this service. Please see *Preauthorization* in Section 1 and Section 8 for more information.

Covered Benefits	*Network Providers* You Pay	*Non-network Providers* You Pay
See Section 3.0 – *Covered Health Care Services* for additional *benefit limits* and coverage information.		
Denture repairs and relines/rebasing	50% - After deductible	Not Covered
Crowns & onlays	50% - After deductible	Not Covered
Therapeutic pulpotomies	50% - After deductible	Not Covered
Root canal therapy	50% - After deductible	Not Covered
Non-surgical periodontal services	50% - After deductible	Not Covered
Surgical periodontal services.	50% - After deductible	Not Covered
Periodontal maintenance	50% - After deductible	Not Covered
Fixed bridges and dentures	50% - After deductible	Not Covered
Single tooth implant	50% - After deductible	Not Covered
Oral surgery services	50% - After deductible	Not Covered
General anesthesia or IV sedation – dental office	50% - After deductible	Not Covered
Biopsies	50% - After deductible	Not Covered
Occlusal (night) guards	50% - After deductible	Not Covered
Orthodontic services (braces)	50% - After deductible	Not Covered
Dialysis Services		
Inpatient/outpatient/in your home	10% - After *Deductible*	Not Covered
Durable Medical Equipment, Medical Supplies, Diabetic Supplies, Enteral Formula and Food, and Prosthetic Devices		
Outpatient durable medical equipment* Must be provided by a licensed medical supply provider.	10% - After *Deductible*	Not Covered
Outpatient medical supplies* Must be provided by a licensed medical supply provider.	10% - After *Deductible*	Not Covered
Outpatient diabetic supplies/equipment purchased at licensed medical supply provider (other than a *pharmacy*) See the Summary of Pharmacy Benefits for supplies purchased at a *pharmacy*.	10% - After *Deductible*	Not Covered
Outpatient prosthesis* Must be provided by a licensed medical supply provider.	10% - After *Deductible*	Not Covered
Enteral formula delivered through a feeding tube Must be sole source of nutrition.	10% - After *Deductible*	Not Covered
Enteral formula or food taken orally*	10% - After *Deductible*	The level of coverage is the same as *network provider*.
Hair prosthesis (wigs) Benefit is limited to the *maximum benefit* of $350 per hair prosthesis (wig) when worn for hair loss suffered as a result of cancer treatment.	10% - After *Deductible*	The level of coverage is the same as *network provider*.
Early Intervention Services		
Early intervention services (EIS) Coverage provided for *members* from birth to 36 months. The *provider* must be certified as an EIS provider by the Rhode Island Department of Human Services.	0%	The level of coverage is the same as *network provider*.
Education		
Asthma management	10% - After *Deductible*	Not Covered
Emergency Services		
Hospital emergency room	10% - After *Deductible*	The level of coverage is the same as *network provider*.
Experimental/Investigational Services		
Experimental/investigational services Coverage varies based on type of service.		

(*) *Preauthorization* is recommended for this service. Please see *Preauthorization* in Section 1 and Section 8 for more information.

Covered Benefits	Network Providers You Pay	Non-network Providers You Pay
See Section 3.0 – *Covered Health Care Services* for additional *benefit limits* and coverage information.		
Hearing		
Hearing exam	10% - After *Deductible*	Not Covered
Diagnostic testing	10% - After *Deductible*	Not Covered
Hearing aids A *maximum benefit* of $1,500 per hearing aid for a *member* under 19; a *maximum benefit* of $700 per hearing aid for a *member* 19 and older.	10% - After *Deductible*	The level of coverage is the same as *network provider*.
Home Health Care		
Intermittent skilled services when billed by a home health care agency.	10% - After *Deductible*	Not Covered
Hospice Care		
Inpatient/in your home When provided by an approved hospice care program.	10% - After *Deductible*	Not Covered
Human Leukocyte Antigen Testing		
Human leukocyte antigen testing	10% - After *Deductible*	Not Covered
Infertility Treatment		
Inpatient/outpatient/in a *doctor's* office Three (3) infertility treatment cycles will be covered per *plan year* with a total of eight (8) infertility treatment cycles covered in a *member's* lifetime.	10% - After *Deductible*	Not Covered
Infusion Therapy Administration		
Outpatient - *hospital*	10% - After *Deductible*	Not Covered
In the *doctor's* office/in your home	10% - After *Deductible*	Not Covered
Inpatient Services		
General hospital or *specialty hospital* services* Unlimited days	10% - After *Deductible*	Not Covered
Rehabilitation facility services* Limited to 45 days per *plan year*.	10% - After *Deductible*	Not Covered
Physician *hospital* visits	10% - After *Deductible*	Not Covered
Office Visits - Diagnostic (See Prevention and Early Detection Services for coverage of annual preventive office visit.)		
Allergy injections Applies to injection only, including administration.	10% - After *Deductible*	Not Covered
Hospital based clinic visits	$40	Not Covered
Primary Care Physicians (PCP) – including behavioral health Visits include *PCP* office visits, *PCP* house calls, and pediatric clinic visits.		
• *PCP* practices with *PCMH* model of care.	$15	Not Covered
• *PCP* does not practice with *PCMH* model of care.	$25	Not Covered
Retail clinics	$40	Not Covered
Specialists Office visits and house calls rendered by a specialist. Specialist includes but is not limited to behavioral health, allergists, dermatologists and podiatrists.	$40	Not Covered
Organ Transplants		
Organ transplant services	10% - After *Deductible*	Not Covered

(*) *Preauthorization* is recommended for this service. Please see *Preauthorization* in Section 1 and Section 8 for more information.

Covered Benefits	*Network Providers* You Pay	*Non-network Providers* You Pay
See Section 3.0 – *Covered Health Care Services* for additional *benefit limits* and coverage information.		
Physical/Occupational Therapy		
Outpatient hospital/in a *doctor's*/therapist's office *Covered health care services* include *rehabilitative* and *habilitative* services.	10% - After *Deductible*	Not Covered
Pregnancy Services and Nursery Care		
Pregnancy services and nursery care Pre-natal, delivery, and postpartum services.	10% - After *Deductible*	Not Covered
Prescription Drugs		
Prescription drugs dispensed and administered by a licensed health care provider (other than a pharmacist), and not purchased from a retail, specialty or mail order *pharmacy*:		
Injectable drugs*	10% - After *Deductible*	Not Covered
Infused drugs*	10% - After *Deductible*	Not Covered
Medications other than injected and infused drugs*	Are included in the *allowance* for the medical service being rendered.	Are included in the *allowance* for the medical service being rendered.
See Summary of Pharmacy Benefits for prescription drugs purchased at a retail, specialty, or mail order *pharmacy*.		
Prevention and Early Detection Services		
Prevention and early detection services See Prevention and Early Detection Services section for details.	0%	Not Covered
Private Duty Nursing		
Private duty nursing* Must be performed by a certified home health care agency.	10% - After *Deductible*	Not Covered
Radiation Therapy/Chemotherapy Services		
Outpatient	10% - After *Deductible*	Not Covered
In a *doctor's* office	10% - After *Deductible*	Not Covered
Respiratory Therapy		
Inpatient	10% - After *Deductible*	Not Covered
Outpatient	10% - After *Deductible*	Not Covered
Skilled Nursing Facility Care		
Skilled or sub-acute care*	10% - After *Deductible*	Not Covered
Speech Therapy		
Outpatient/in a *doctor's*/therapist's office* *Covered health care services* include *rehabilitative* and *habilitative* services.	10% - After *Deductible*	Not Covered
Surgery Services		
Inpatient doctor services	10% - After *Deductible*	Not Covered
Outpatient doctor services	10% - After *Deductible*	Not Covered
In a *doctor's* office	$20 - After *Deductible*	Not Covered
Telemedicine		
Telemedicine services When rendered by a designated *provider*.	$25	Not Covered
Tests, Imaging, and Labs (includes machine tests and x-rays) (Diagnostic)		
Outpatient/in a *doctor's* office/*urgent care center* or free-standing laboratory:		
MRI*, MRA*, CAT scans*, CTA scans*, PET scans*, nuclear cardiac imaging* and sleep studies.*	10% - After *Deductible*	Not Covered
Diagnostic imaging and machine tests, other than the diagnostic imaging services listed above.	10% - After *Deductible*	Not Covered

(*) *Preauthorization* is recommended for this service. Please see *Preauthorization* in Section 1 and Section 8 for more information.

Covered Benefits	*Network Providers* You Pay	*Non-network Providers* You Pay
See Section 3.0 – *Covered Health Care Services* for additional *benefit limits* and coverage information.		
Lab and pathology services.	10% - After *Deductible*	Not Covered
Diagnostic colorectal services (Including, but not limited to, fecal occult blood testing, flexible sigmoidoscopy, colonoscopy, and barium enema. See Prevention and Early Detection Services for preventive colorectal services.)	10% - After *Deductible*	Not Covered
Lyme disease-diagnosis	10% - After *Deductible*	Not Covered
Urgent Care Center		
Urgent care center/walk-in	$75	The level of coverage is the same as *network provider*.
Vision Care Services		
Vision exam		
One routine eye exam per *member* per *plan year*.	$50	Not Covered
Non-routine eye exam	$40	Not Covered
Vision hardware for enrolled *members* under the age of 19: See Vision Care Services section for details.		
Prescription glasses	10% - After *deductible*	Not Covered
Contact lens (in lieu of prescription glasses)	10% - After *deductible*	Not Covered
Vision hardware for enrolled *members* aged 19 and older.	Not Covered	Not Covered

(*) *Preauthorization* is recommended for this service. Please see *Preauthorization* in Section 1 and Section 8 for more information.

SUMMARY OF PHARMACY *BENEFITS*

Only applies to Prescription Drugs Purchased at a Retail, Specialty, or Mail Order Pharmacy.

Required *Preauthorization*
Prescription drugs for which *preauthorization* is required are marked with the symbol (+) in the Summary of Pharmacy *Benefits*.

Prescription drugs - ask your prescribing physician to call the number listed for the "Pharmacist" on the back of your ID card. To see if prescription drug requires *preauthorization*, call our Customer Service Department or visit our Web site.

(+) *Preauthorization* is required for certain brand name prescription drugs and certain *specialty prescription drugs*. If *preauthorization* is not obtained, you will be required to pay for the prescription drug at the pharmacy. You can ask us to consider reimbursement after you receive the prescription drug by following the *prescription drug preauthorization* process. For details on how to obtain *prescription drug preauthorization* for a prescription drug, see the subsection "How to Obtain *Prescription Drug Preauthorization*" below. For a list of prescription drugs that require *preauthorization*, visit our Web site at BCBSRI.com or call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

Five-Tier *Copayment* Structure
This prescription drug *plan formulary* has a five-tiered *copayment* structure. The *copayment* for a prescription drug will vary by tier. For more information about our *formulary*, and to see the tier placement of a particular prescription drug, visit our website or call our Customer Service Department.

Our *formulary* lists generic, preferred brand name, and non-preferred brand name prescription drugs and *specialty prescription drugs* covered under this *agreement*. Visit our web site or call our Customer Service Department to:

- obtain a copy of the most current *formulary* listing;
- find out what tier a prescription drug is in;
- obtain information concerning Specialty Drugs and Specialty Pharmacies.

Below indicates the tier structure and the amount that you are responsible to pay. The tier placement of our *formulary* is subject to change. You will be responsible for paying the lowest cost of either your *copayment*, the retail cost of the drug, or the *pharmacy allowance*. The *deductible* applies to all services (including prescription drugs); except for services designated as *preventive care*. The *network* and *non-network deductible* and *copayments* (including prescription drug) apply to the out-of-pocket limit.

Medication Synchronization (less than a 30 day supply)
In accordance with Rhode Island General Law §27-18-50.1, a prorated *copayment* may be applied for covered prescription drugs, used to treat chronic long-term conditions, when prescribed for less than a (30) thirty day supply and dispensed by a network pharmacy if:

- the prescribing physician and pharmacist determine it is in the best interest of the member; and
- the member requests or agrees to less than a thirty (30) day supply.

In addition, in order to qualify for medication synchronization, the covered prescription drug must:

- be a maintenance drug used for the management and treatment of a chronic long-term care condition;
- not be a controlled substance;
- meet all utilization management requirements specific to the drug;
- be of a formulation able to be split over the required shortened supply period; and
- not have quantity limits or dose optimization criteria that would be violated when synchronized with other prescription drugs.

SUMMARY OF PHARMACY *BENEFITS*

Covered *Benefits*	***Network Pharmacy* You Pay**	***Non-network Pharmacy* You Pay**
Prescription Drugs, other than *Specialty Prescription Drugs*:		
When purchased at a Retail or Specialty Pharmacy *Copayment* applies per each 30-day supply or portion thereof of maintenance and non-maintenance prescription drugs. Prorated copayments for a shorter supply period may apply for *network pharmacy* only. See Medication Synchronization above for details.	Tier 1: $10 Tier 2: $25 Tier 3: $50 - After *deductible* Tier 4: $75 - After *deductible* Tier 5: See *specialty prescription drug* section below.	Not Covered
When purchased at a Mail Order Pharmacy: Up to a 90-day supply of maintenance and non-maintenance prescription drugs.	Tier 1: $25 Tier 2: $62.50 Tier 3: $125 - After *deductible* Tier 4: $225 - After *deductible* Tier 5: See *specialty prescription drug* section below.	Not Covered
Specialty Prescription Drugs		
When purchased at a Specialty Pharmacy(+) *Copayment* applies per each 30-day supply or applies per recommended treatment interval. Prorated copayments for a shorter supply period may apply for *network pharmacy* only. See Medication Synchronization above for details.	Tier 5: $125 - After *deductible*	Not Covered
When purchased at a Retail Pharmacy(+) Applicable for each 30-day supply or recommended treatment interval. Prorated copayments for a shorter supply period may apply for *network pharmacy* only. See Medication Synchronization above for details. *Specialty Prescription Drugs* purchased at a Retail Pharmacy will require a significantly higher out of pocket expense than if purchased from a Specialty Pharmacy. Our reimbursement is based on the *pharmacy allowance*.	Tier 5: 50% After *deductible*	Not Covered
When purchased at a Mail Order Pharmacy(+)	Tier 5: Not Covered	Not Covered

(+) Preauthorization is required for this service. Please see Preauthorization in Section 1 and Section 8 for more information.

<u>Covered *Benefits*</u>	*Network Pharmacy* You Pay	*Non-network Pharmacy* You Pay
<u>Contraceptive Methods</u>		
When purchased at a Retail Pharmacy Coverage includes barrier method (diaphragm or cervical cap), hormonal method (birth control pill), and *emergency* contraception. *Copayment* applies per each 30-day supply or portion thereof of maintenance and non-maintenance prescription drugs.	Tier 1: $10 Tier 2: $25 Tier 3: $50 - After *deductible* Tier 4: $75 - After *deductible* Tier 5: Contraceptives are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.	Not Covered
When purchased at a Mail Order Pharmacy Coverage includes barrier method (diaphragm or cervical cap), hormonal method (birth control pill), and *emergency* contraception. Up to a 90-day supply of maintenance and non-maintenance prescription drugs.	Tier 1: $0 Tier 2: $62.50 Tier 3: $125 - After *deductible* Tier 4: $225 - After *deductible* Tier 5: Contraceptives are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.	Not Covered
<u>Over-the-counter (OTC) Preventive Drugs</u>		
When purchased at any pharmacy Must be prescribed by a physician. See Pharmacy *Benefits* for details.	$0	Not Covered
<u>Nicotine Replacement Therapy (NRT) and Smoking Cessation Prescription Drugs</u>		
When purchased at a Retail Pharmacy. Must be prescribed by a physician. See Pharmacy *Benefits* for details. NRT and smoking cessation prescription drugs are not covered when purchased at a mail order pharmacy. When a generic brand (Tier 1) is not available, a preferred brand (Tier 2) will be covered at the Tier 1 level.	Tier 1: $0 Tier 2: $25 Tier 3: $50 Tier 4: $75 - After *deductible* Tier 5: NRT and Smoking Cessation drugs are only placed in Tier 1, Tier 2, Tier 3, or Tier 4. See above.	Not Covered
<u>Infertility *Specialty Prescription Drugs*</u>		
When purchased at a Specialty or Retail Pharmacy (+) *Specialty Prescription Drugs* purchased at a Retail Pharmacy will require a significantly higher out of pocket expense than if purchased from a Specialty Pharmacy. Three (3) in-vitro cycles will be covered per *plan* year with a total of eight (8) in-vitro cycles covered in a *member's* lifetime.	Tier 5: 20% - After *deductible*	Not Covered
<u>Diabetic Equipment and Supplies</u>		
When purchased at a Retail or Specialty Pharmacy. Glucometers, Test Strips, Lancet and Lancet Devices, and Miscellaneous Supplies (including calibration fluid).	Tier 1: $10 Tier 2: $25 Tier 3: $50 - After *deductible* Tier 4 and Tier 5: Diabetic equipment and supplies are only placed in Tier 1, Tier 2 or Tier 3. See above.	Not Covered

(+) Preauthorization is required for this service. Please see Preauthorization in Section 1 and Section 8 for more information.

Covered Benefits	***Network Pharmacy* You Pay**	***Non-network Pharmacy* You Pay**
When purchased at a Mail Order Pharmacy: Glucometers, Test Strips, Lancet and Lancet Devices, and Miscellaneous Supplies (including calibration fluid).	Tier 1: $25 Tier 2: $62.50 Tier 3: $125 - After *deductible* Tier 4 and Tier 5: Diabetic equipment and supplies are only placed in Tier 1, Tier 2 or Tier 3. See above.	Not Covered
Prescription drugs, other than *Specialty Prescription Drugs*, dispensed and administered by a licensed health care *provider* (other than a pharmacist).	See the Summary of Medical *Benefits*.	See the Summary of Medical *Benefits*.

(+) Preauthorization is required for this service. Please see Preauthorization in Section 1 and Section 8 for more information.

Blue Cross & Blue Shield of Rhode Island
SUBSCRIBER AGREEMENT

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1.0 INTRODUCTION

1.1 *Agreement* and Its Interpretation

Our entire contract with you consists of this *agreement* and your application, which is made a part of this *agreement*. In the absence of fraud, all your statements in the application are representations and not warranties. A determination will be made regarding your eligibility for *benefits* and the provisions of this *agreement* will be construed subject to your right to appeal or to take legal action as described in Section 7.0.

If this *agreement* changes, we will issue an amendment or new *agreement* signed by an officer of BCBSRI. We will mail or deliver written notice of any change to you.

This *agreement* shall be construed under and shall be governed by the applicable laws and regulations of the State of Rhode Island and federal law as amended from time to time.

1.2 How to Find What You Need to Know in this *Agreement*

The Summary of Medical *Benefits* at the front of this *agreement* will show you:

- what health care services are covered under this *agreement*;
- any *benefit limits*, *copayments* and *deductibles* (if any) you must pay; and
- services for which *preauthorization* or *predetermination* is recommended or required.

The Table of Contents will help you find the order of the sections, as they appear in the *agreement*:

- Section 1.0 - important introductory information;
- Section 2.0 - information about eligibility;
- Section 3.0 - *covered health care services*;
- Section 4.0 - health care services which are not covered under this *agreement*;
- Section 5.0 - how to file a *claim* and how we pay for your *covered health care services*;
- Section 6.0 - how we coordinate *benefits* when you are covered by more than one *plan*;
- Section 7.0 - how to appeal a *claim*; and
- Section 8.0 - words with special meaning.

1.3 Words With Special Meaning

Some words and phrases used in this *agreement* are in italics. This means that the words or phrases have a special meaning as they relate to your health care coverage. Section 8.0 – Glossary defines many of these words.

The sections below also define certain words and phrases:

- Section 3.0 - *Covered Health Care Services*;
- Section 6.0 - How We Coordinate Your *Benefits* When You Are Covered By More Than One *Plan*;
- Section 7.0 - Adverse Benefit Determinations and Appeals; and
- Section 7.7 - Our Right of *Subrogation* and *Reimbursement*.

1.4 You and Blue Cross & Blue Shield of Rhode Island

We, Blue Cross & Blue Shield of Rhode Island (BCBSRI), agree to provide coverage for *medically necessary covered health care services* listed in this *agreement*. (The term *medically necessary* is defined in Section 8.0). If a service or category of service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and

determined are eligible for coverage under this *agreement* are covered. All other services are not covered.

We only cover a service listed in this *agreement* if it is *medically necessary*. We review *medical necessity* in accordance with our medical policies and related guidelines.

When possible, we review *new services* within six (6) months of the occurrence of one of the events described below to determine whether the *new service* will be eligible for coverage under this *agreement*:

- the assignment of an American Medical Association (AMA) Current Procedural Terminology (CPT) code in the annual CPT publication;
- final FDA approval;
- the assignment of processing codes other than CPT codes or approval by governing or regulatory bodies other than the FDA;
- submission to us of a *claim* meeting the criteria above; and
- generally, the first date an FDA approved prescription drug is available in pharmacies (for prescription drug coverage only). For information about prescription drug *formulary* changes, please see Section 3.28 – Prescription Drugs and Diabetic Equipment/Supplies.

During the review period described above, *new services* are not covered under this *agreement*.

A health care service remains non-covered (excluded) if any of the following occur:

- a service is not assigned a CPT or other code;
- a service is not approved by the FDA or other governing body;
- we do not review a service within six (6) months of the occurrence of one of the events described above; or
- we make a determination, after review, not to cover the service under this *agreement*.

Entitlements for payment shall not be more than our *allowance*, as defined in Section 8.0. All our payments are subject to the terms and conditions outlined in this *agreement*.

Genetic Information

This *agreement* does not limit your coverage based on genetic information.

We will not:

- adjust premiums based on genetic information;
- request or require an individual or family members of an individual to have a genetic test; or
- collect genetic information from an individual or family members of an individual before or in connection with enrollment under this *agreement* or at any time for underwriting purposes.

1.5 Customer Service/General Information

Selecting a *PCP*

Prior to receiving any services, you and your dependents must select a *PCP* who will provide and arrange for your health care. We require the designation of a *PCP*. You have the right to designate any *network PCP* who is available to accept you or your family members. For information on how to select a *PCP*, please refer to Section 1.12 How To Select a Health Care *Provider*. Your *PCP* will coordinate your health care. When necessary, your *PCP* will refer you to other *network providers*.

***Emergency* Care**

If you need *emergency* care, call 911 or go to the nearest *hospital emergency* room. If you are traveling and need urgent care, call *BlueCard* Access at the number shown on your ID card (1-800-810 BLUE (2583)). You may also visit www.bcbs.com and use the "*BlueCard Doctor* and *Hospital* Finder" to find a *BlueCard provider*. To find out more, see Section 5.3.

Contact Information

If you have questions about your *benefits* under this *agreement*, call the Blue Cross & Blue Shield of Rhode Island (BCBSRI) Customer Service Department at (401) 459-5000 or 1-800-639-2227 or Voice TDD 711. Our normal business hours are Monday - Friday from 8:00 a.m. - 8:00 p.m. and Saturday - Sunday 8:00 a.m. - 12:00 p.m. If you call after normal business hours, our answering service will take your call. A BCBSRI Customer Service Representative will return your call on the next business day. When you call, please have your *member* ID number ready.

Below are a few examples of when you should call our Customer Service Department:

- To learn if a *provider* is a *network* or *non-network provider*;
- To learn if a dental *provider* participates in our local dental network;
- To learn about EyeMed;
- To ask questions and get information about your coverage;
- To file a complaint or administrative appeal (See Section 7.2); or
- To file an appeal about a *medical necessity* determination or learn about the status of your appeal (See Section 7.3).

To find out BCBSRI news and *plan* information, visit our Web site at BCBSRI.com.

You may also visit Your Blue Stores/walk-in services centers. See our website for specific locations.

Our medical policies can be found on our Web site, BCBSRI.com. The medical policies are written to help administer *benefits* for the purpose of *claims* payment. They are made available to you for informational purposes and are subject to change. Medical policies are not meant to be used as a guide for your medical treatment. Your medical treatment remains a decision made by you with your *doctor*.

If you have any questions about the medical information in our medical policies, we suggest you give a copy of the medical policy to your *doctor* and talk with your *doctor* about the policy. Please call our Customer Service Department with any questions you have.

1.6 Preauthorization

Recommended *Preauthorization* for *Medical Necessity*

Services for which *preauthorization* is recommended are marked with an asterisk (*) in the Summary of Medical *Benefits*. *Preauthorization* - *Medical Necessity Preauthorization* is defined in Section 8.0.

Selected prescription drugs bought at a pharmacy require *Prescription Drug Preauthorization*. (See Section 3.28 for details.)

When you have requested *preauthorization*, we will send to you notification of the *preauthorization* determination within fourteen (14) calendar days from receipt of the request or prior to the date of service. Please see Section 8.0 for the definition of *preauthorization*.

Required Referrals
Services rendered by a *Network provider* (other than those services rendered by your designated *PCP*, *emergency* services, and permitted self-referred services) require a *PCP referral*. You are responsible for obtaining the *referral* when the services will be provided by a *network provider*. *Referral* is defined in Section 8.0

Network Authorization
For services that cannot be provided by a *network provider*, you can request a *network authorization* to seek services from an *non-network provider*. With an approved *network authorization*, the *network* benefit level will apply to the authorized *covered health care service*. If we approve a *network authorization* for you to receive services from an *non-network provider*, we will reimburse you or the *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles*. Please see Section 8.0 for the definition of *Network Authorization*.

Expedited *Preauthorization* Review
You may request an expedited *preauthorization* review if the circumstances are an *emergency*. If an expedited *preauthorization* review is received by us, we will respond to you with a determination within seventy-two (72) hours or in less than seventy-two (72) hours (taking into consideration medical exigencies) following receipt of the request.

Prescription Drug Preauthorization
Services for which *prescription drug preauthorization* is required are marked with the symbol (+) in the Summary of Pharmacy *Benefits*. To obtain the required *prescription drug preauthorization* for certain covered prescription drugs please request your prescribing physician to call our pharmacy *benefits* administrator, using the number listed for the "Pharmacist" on the back of your ID card. You can call our Customer Service Department at (401) 459-5000 or 1-800-639-2227 or visit our Web site at BCBSRI.com to see if a prescription drug requires *prescription drug preauthorization*. *Prescription drug preauthorization* is defined in Section 3.28.

1.7 Our Right to Receive and Release Information About You

We are committed to maintaining the confidentiality of your health care information. However, in order for us to make available quality, cost-effective health care coverage to you, we may release and receive information about your health, treatment, and condition to or from authorized *providers* and insurance companies, among others. We may give or get this information, as permitted by law, for certain purposes, including, but not limited to:

- adjudicating health insurance *claims*;
- administration of *claim* payments;
- health care operations;
- case management and *utilization review*; and
- coordination of health care *benefits*.

Our release of information about you is regulated by law. Please see the Rhode Island Confidentiality of Health Care Communications and Information Act, §§ 5-37.3-1 et seq. of the Rhode Island General Laws, the Health Insurance Portability and Accountability Act Final Privacy Regulations, 45 C.F.R. §§ 160.101 et seq., the Gramm-Leach-Bliley Financial Modernization Act, 15 U.S.C. §§ 6801-6908, and Regulation 100 adopted by the Rhode Island Office of the Health Insurance Commissioner (OHIC).

1.8 Participation in Our Wellness Incentive Programs

In order to encourage good health and promote disease prevention, we may offer Wellness Programs to our *subscribers* and their spouses from time to time. These programs include, but are not limited to: online and in-person educational programs, health assessments, coaching, biometric screenings, discounts, and more.

We may provide incentives for you to participate in these programs. These incentives may include credits toward premium, and a reduction or waiver of *deductible* and/or *copayments* for certain *covered health care services*, as permitted by applicable state and federal law. The incentives may also include up to $250 in rewards, which may take the form of cash or cash equivalents such as gift cards, discounts, and others. These rewards may be taxable income.

Your participation in our Wellness Programs is voluntary. For more detailed information about the Wellness Programs we offer, please visit our website or contact our Customer Service Department.

We reserve the right to terminate Wellness Programs at our discretion.

1.9 *Member* Incentives

From time to time we may offer you coupons, discounts, or other incentives as part of our *Member* Incentives program. These coupons, discounts and incentives are not *benefits* and do not alter or affect your *benefits* under this *agreement*. You must be a *member* to be eligible for *Member* Incentives. Restrictions may apply to these incentives, and we reserve the right to change or stop providing *Member* Incentives at any time.

1.10 Our Right to Conduct *Utilization Review*

To be sure a *member* receives appropriate *benefits*; we reserve the right to do *utilization review*. We also reserve the right to contract with an organization to conduct *utilization review* on our behalf. If another company does *utilization review* on our behalf, the company will act as an independent contractor. The company is not a partner, agent, or employee of BCBSRI.

This *agreement* provides coverage only for *medically necessary* care. The determination, by an entity conducting *utilization review*, whether a service is *medically necessary* is solely for the purpose of *claims* payment and the administration of your health benefit *plan*. It is not a professional medical judgment.

Although we may conduct *utilization review*, BCBSRI does not act as a health care *provider*. We do not furnish medical care. We do not make medical judgments. You are not prohibited from having a treatment or hospitalization for which *reimbursement* has been denied. Nothing here will change or affect your relationship with your provider(s).

1.11 Your Right to Choose Your Own Provider

Your relationship with your *provider* is very important. This *agreement* is intended to encourage the relationship between you and your *provider*. However, we are not obligated to provide you with a *provider*. Also, we are not liable for anything your *provider* does or does not do. We are not a health care *provider*. We do not practice medicine, dentistry, furnish health care, or make medical judgments.

We review *claims* for payment to determine if the *claims*:

- were properly authorized;
- constitute *medically necessary* services for the purpose of benefit payment; and
- are *covered health care services* under this *agreement*.

The determination by us of whether a service is *medically necessary* is solely for the purpose of *claims* payment and the administration of health *benefits* under this *agreement*. It is not an exercise of professional medical judgment.

1.12 How to Select a Health Care Provider

You and your dependents must select a *network PCP* who will provide and arrange for your health care. Your *PCP* provides your health care, orders lab tests and x-rays, prescribes medicines or therapies and arranges hospitalization when necessary.

When you enroll, you are required to select a *PCP* from the list of BlueCHiP *PCP providers* on our website, for you and each *member* of your family that will enroll. Let us know whom you have chosen by listing it on your *member* application form, or by calling our Customer Service Department or by visiting our website. Each enrolled *member* of your family may elect a different *PCP*. If you do not select a *PCP*, we will assign one to each *member* enrolled.

You can request a change to your *PCP*. You can make a change by contacting Customer Service Department or visiting our website.

1.13 Your Responsibility To Pay Your Providers

Covered health care services may be subject to *benefit limits*, *deductibles* (if any), and *copayments* as shown in the Summary of Medical *Benefits*. It is your responsibility and obligation under this *agreement* to pay *network providers* the *deductible* (if any), *copayment*, and the difference between the *maximum benefit* and our *allowance* (if any) that may apply to *covered health care services*. If you receive health care services (other than those services rendered by your designated *PCP*, *emergency* services, and permitted self-referred services) from a *network provider* without a *referral*, the service will not be covered. You will be responsible to pay for the billed *charges*.

Your *provider* may require payment at the time of service or may bill you after the service. If you do not pay your *provider*, he or she may decline to provide current or future services or may pursue payment from you. Your *provider* may, for example, begin collection proceedings against you. For more information, see Section 5.0 - How Your *Covered Health Care Services* Are Paid.

1.14 Premiums and Grace Period

Premiums

We will send you a monthly bill. Premium due date is the first day of each month that this *agreement* is in effect. (Premium due date example: coverage effective July 1 through July 31, the premium due date is July 1.)

Grace Periods

A grace period is a period of time past the premium due date that we will accept the monthly premium payment. Under this *agreement*, the grace period ends on the last day of the calendar month in which the premium is due. (Example: for one calendar month grace period; coverage is effective July 1 through July 31, the last date we will accept the premium payment is July 31).

If you purchased coverage:

- directly from BCBSRI the grace period is one calendar month;
- through *HealthSource RI*;

- and you do NOT receive advance payments of tax credits, the grace period is one calendar month;
- and you do receive advance payment of tax credits; the grace period is three (3) calendar months after the premium due date. Please contact *HealthSource RI* for details.

If you do not make payment by the end of the grace period, this *agreement* will cancel as of the last day of the grace period. This is called termination for nonpayment of premiums. Any *claims* incurred after the end of the grace period will be your responsibility.

Reinstatement After Termination for Nonpayment of Premium

If you purchase coverage directly from BCBSRI and your coverage was terminated for nonpayment of premium, you will not be eligible to enroll in another BCBSRI direct pay *plan* at any time unless you pay any required premiums, including any overdue premiums and any premiums currently billed.

2.0 ELIGIBILITY

You may purchase this *agreement* directly from us or from *HealthSource RI.*

If you purchased this *agreement* from us, this section of the *agreement* describes:

- who is eligible for coverage;
- when coverage begins;
- how to add or remove family members;
- when coverage ends; and
- continuation of coverage.

If purchased from *HealthSource RI*, eligibility determinations will be made by *HealthSource RI*. Please contact *HealthSource RI* at 1-855-683-6759 for questions about your eligibility*.*

2.1 Who is an *Eligible person*

You: You are eligible to apply for coverage under this *agreement* if:

- you are not eligible for coverage under Medicare; and
- you reside in Rhode Island.

Your Spouse: Your spouse is eligible to enroll for coverage under this *agreement* if you have selected family coverage. Only one of the following individuals may be enrolled at a given time:

Your Spouse: Your spouse is eligible to enroll for coverage under this *agreement* if he/she meets all of the requirements listed above under the sub-section entitled "You" and you have selected family coverage. Only one of the following individuals may be enrolled at a given time:

- Your legal spouse: according to the laws of the state in which you were married, when your marriage was formed by obtaining a marriage license, having a marriage ceremony, and registering the marriage with the appropriate state or local official.
- Your common law spouse: according to the law of the state in which your marriage was formed. Your spouse by common law is eligible to enroll for coverage under this *agreement*. To be eligible, you and your common law spouse must complete and sign our Affidavit of Common Law Marriage and send us the required documentation. Please call us to obtain the Affidavit of Common Law Marriage.
- Your civil union partner: according to the law of the state in which you entered into a civil union. Civil Union partners may be enrolled only if civil unions are recognized by the state in which you reside.
- Domestic Partner:
  - your lawful registered domestic partner, according to the laws of the state in which you entered into a registered domestic partnership; or
  - your domestic partner, who is of the same sex, (regardless of whether you have obtained registration).
    To be eligible, you and your domestic partner must complete and sign our Declaration of Domestic Partnership and we must receive the necessary documentation. Please call our Customer Service Department to obtain the Declaration of Domestic Partnership form.
- Former Spouse: In the event of a divorce, your former spouse will continue to be eligible for coverage provided that your divorce decree requires you to maintain continuing coverage under a family policy in accordance with state law. In that case, your former spouse will remain eligible on your policy until the earlier of:
  - the date either you or your former spouse are remarried;
  - the date provided by the judgment for divorce; or

- the date your former spouse has comparable coverage available through his or her own employment.

Your Children: Each of your and your spouse's children is eligible for coverage until the first day of the month following their 26th birthday. For purposes of determining eligibility under this *agreement*, the term child means:

- Natural Children;
- Step-children;
- Legally Adopted Children: in accordance with Rhode Island General Law § 27-20-14, an adopted child will be considered eligible for coverage as of the date of placement for adoption with you by a licensed child placement agency;
- Foster Children: your foster children who permanently live in your home are eligible to enroll for coverage under this *agreement*.

We may request more information from you to confirm your child's eligibility.

Disabled Dependents

In accordance with Rhode Island General Law § 27-20-45, when your unmarried child who is enrolled for coverage under this *agreement* reaches the maximum dependent age limit age of twenty-six (26) and is no longer considered eligible for coverage, he or she continues to be an *eligible person* under this *agreement* if he or she is a disabled dependent.

If you have an unmarried child of any age who is medically certified as disabled and is chiefly dependent on you for support and care because of mental impairment or physical disability, which can be expected to result in death or can be expected to last for a continuous period of not less than twelve months, that child is an eligible disabled dependent under this *agreement*. If you have a child whom you believe satisfies these conditions, you must call us to obtain the form necessary to verify the child's disabled status and show proof of the disability. This form must be filled out and submitted to us. Periodically thereafter, you may be asked to show proof that this disabling condition still exists to maintain coverage for this child as a dependent.

2.2 When Your Coverage Begins

When You Can Enroll or Make Changes

We accept new *subscribers* in accordance with federal law and Rhode Island General Law §27-18.5-3. You may enroll your eligible dependents during an Open Enrollment period. If your dependents do not enroll at this time, your dependents may only enroll if they enroll through a Special Enrollment Period.

This *agreement* goes into effect on the first day of the month for which we receive your completed application and you have paid the premium.

Under this *agreement*, the *plan year* renewal date is January 1. This *agreement* will automatically renew on the renewal date as long as your premium is paid. The only exception would be if one of the events from Section 2.4 - When Your Coverage Ends applies.

Open Enrollment Period

An Open Enrollment Period will be held each year. You and/or your eligible dependents may enroll at this time by completing an application. Your enrollment date will be effective based on the receipt date of your application. Each year, the Annual Open Enrollment Period is determined by the federal government and the State of Rhode Island. Please contact Customer Service to obtain specific dates.

Special Enrollment Period

After your initial effective date, you may enroll your eligible dependents for coverage through a Special Enrollment Period by completing an application within sixty (60) days following the Special Enrollment event. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- If you get married, coverage begins the first day of the month following your marriage.
- If you have a child born to the family, coverage begins on the date of the child's birth.
- If you have a child placed for adoption with your family, coverage begins on the date the child is placed for adoption with your family.

In addition, if you lose your health insurance coverage, you may enroll or add your eligible dependents for coverage through a Special Enrollment Period by completing an application within sixty (60) days following the Special Enrollment event. Coverage will begin on the first day of the month following the date you lost coverage. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- The *eligible person* seeking coverage had other coverage at the time that he or she was first eligible for coverage under this *agreement* and the coverage on the other *plan* is terminated as a result of loss of eligibility for coverage because of the following:
    - legal separation or divorce;
    - death of the covered individual;
    - termination of employment or reduction in the number of hours of employment;
    - the covered individual's becoming entitled to Medicare;
    - loss of dependent child status under the *plan*;
    - employer contributions to such coverage is being terminated;
    - *COBRA benefits* are exhausted; or
    - your employer is undergoing Chapter 11 proceedings.

With a change in eligibility for Medicaid or a Children's Health Insurance Program (CHIP), you must make written application within sixty (60) days following your change in eligibility. Coverage will begin on the first day of the month following our receipt of your application. You and/or your eligible dependents will qualify for a Special Enrollment Period as follows:

- you and/or your eligible dependent are terminated from Medicaid or CHIP coverage due to a loss of eligibility; or
- you and/or your eligible dependent become eligible for premium assistance through Medicaid or CHIP.

In addition, you may also be eligible for the following Special Enrollment periods if you apply within sixty (60) days following the Special Enrollment event:

- if you or your dependent lose minimum essential coverage, coverage begins the first day of the following month;
- if you adequately demonstrate to us that another health *plan* substantially violated a material provision of its contract with you, coverage begins, based on the circumstances, either on the date of the Special Enrollment event, or:
    - the first of the following month, if your application is received between 1st and 15th day of the month; or
    - the first of the second following month, if your application is received between the 16th and last day of the month.
- if you make a permanent move into the service area, coverage begins:
- if the first of the following month your enrollment or non-enrollment in a qualified health *plan* (QHP) is unintentional, inadvertent, or erroneous and is the result of error, misrepresentation, or inaction by us *HealthSource RI*, or the U.S. Department of Health and

Human Services (HHS) coverage begins, based on the circumstances, either on the date of the Special Enrollment event, or:

- the first of the following month, if your application is received between 1st and 15th day of the month; or
- the first of the second following month, if your application is received between the 16th and last day of the month.

If you purchased this *plan* through *HealthSource RI*, you may also be eligible for the following additional Special Enrollment periods. Please contact Health Source RI at **1-855-683-6759** for questions about these Special Enrollment periods and your eligibility within sixty (60) days following the Special Enrollment event.

- If you gain status as a citizen, a national, or a lawfully present individual.;
- If your income situation has changed and you are determined to be newly eligible for the premium tax credit or the cost sharing reductions subsidy;
- If you are an Indian, as defined by Section 4 of the Indian Health Care Improvement Act, you may enroll or change from one coverage to another one time per month. *HealthSource RI* has determined that you were not enrolled in a qualified health *plan* (QHP), you were not enrolled in the QHP you selected, or you are eligible for but not receiving the premium tax credit or cost sharing reductions because of misconduct of a non-Exchange entity helping with enrollment.
- If you demonstrate to *HealthSource RI*, in accordance with guidelines issued by Health and Human Services, that you meet other exceptional circumstances, such as losing eligibility for a hardship exemption.

Coverage for *Members* who are Hospitalized on their Effective Date

If you are in the *hospital* on your effective date of coverage, *covered health care services* related to such hospitalization are covered as long as: (a) you notify us of your hospitalization within forty-eight (48) hours of the effective date, or as soon as is reasonably possible; and (b) *covered health care services* are received in accordance with the terms, conditions, exclusions and limitations of this *agreement*. As always, *benefits* paid in such situations are subject to the Coordination of *Benefits* provisions described in Section 6.0.

2.3 How to Add or Remove Coverage for Family Members

You must tell us if you want to add family members. See Section 2.2 above.

You must send notification to us if you want to take family members off your coverage. We will remove family members effective the first day of the month following the month in which we are notified from you.

We must get the notice to remove your family members at least fourteen (14) working days before the requested date of removal. If we do not receive your notice within this fourteen (14) working day period, you must pay us for another month’s premium. Requests for retroactive removal of family members will NOT be allowed.

2.4 When Your Coverage Ends

When We End This *Agreement*

Coverage under this *agreement* is guaranteed renewable. It can be canceled for the following reasons.

This *agreement* will end automatically:
- on the date the premium is not paid (see Section 1.14 - Premium and Grace Period);
- the first day of the month following that month in which you cease to be an *eligible person*;
- the first day of the month your dependent no longer qualifies as an eligible dependent;
- the first day of the month following that month in which you are no longer a Rhode Island resident;
- if we cease to offer this type of coverage, per the rights and limitations of Rhode Island General Law §27-18.5-4;
- the date fraud is identified. Fraud includes, but is not limited to, intentional misuse of your identification card (ID card) and intentional misrepresentation of a material fact made by you, or on your behalf, that affects your coverage. Fraud may result in retroactive termination. You will be responsible for all costs incurred by BCBSRI due to the fraud. BCBSRI may decline reinstatement of your coverage. We may decline enrollment in any other coverages we offer that may become available in the future, as well.

If you purchase coverage from *HealthSource RI* and the Qualified Health *Plan* is terminated or decertified, coverage under this *agreement* will end.

Retroactive Cancellations

Rescind/Rescission means a cancellation or discontinuance of coverage that has a retroactive effect. A cancellation is not a rescission if it:
- only has a prospective effect (as described in the sub-section above When We End This *Agreement*); or
- applies retroactively to the extent that such cancellation is due to the failure to timely pay premiums.

We may rescind your coverage if you or your dependents commit fraud. Fraud includes, but is not limited to, intentional misuse of your identification card (ID card) or intentional misrepresentation of material fact. Any benefit paid in the past will be voided. You will be responsible to reimburse us for all costs and *claims* paid by us. We must provide you a written notice of a rescission at least thirty (30) days in advance. This notice will provide you with information about how to appeal this decision. Please see Section 7.0 – Adverse Benefit Determinations and Appeals.

Except for non-payment, we will not contest this policy after it has been in force for a period of two (2) years from the later of the *agreement* effective date or latest reinstatement date.

When You End This *Agreement*

If you purchased coverage from *HealthSource RI*, you may end this *agreement* by notifying *HSRI* in accordance with *HSRI's* policy. Please contact *HSRI* for details. If you purchased coverage from us, you may end this *agreement* by telling us in writing that you want to end coverage. We must get your notice to end this *agreement* at least fourteen (14) days before the requested date of cancellation. If we do not receive your notice within this fourteen (14) day period, you must pay another month's premium. Requests for retroactive cancellations will NOT be allowed.

If you change from one coverage to another coverage during an Open Enrollment or a Special Enrollment period, your coverage under the original *agreement* will end.

HIPAA certificate of creditable coverage
When your coverage ends, we will send to you a Health Insurance Portability and Accountability Act (HIPAA) certificate of creditable coverage to provide evidence of your prior health coverage. The information in the certificate lets your new health *plan* know how long you have had coverage, so you can receive credit for it. This information may help you obtain a Special Enrollment under a new *plan*.

We will also send to you a HIPAA certificate of creditable coverage upon request.

2.5 Continuation of Coverage

Extended *Benefits*
In the event that we cancel this *agreement*, *benefits* shall be extended for a pregnancy that began while the *agreement* was in force and for which *benefits* would have been payable had the *agreement* remained in force.

If you are disabled on the termination date of this *agreement*, your *benefits* will be temporarily extended for any continuous loss, which commenced while the *agreement* was in force. The services provided under this benefit are subject to all terms, conditions, limitations and exclusions listed in this *agreement*, and the care you receive must relate to or arise out of the disability you had on the day this *agreement* ended.

The extension of *benefits* will cease upon the earliest of the following events:

- the continuous disability ends; or
- twelve (12) months from the termination date; or
- payment of the *maximum benefits* under this *agreement* has been met.

Extended *benefits* apply ONLY to the *subscriber* who is disabled. If you want to receive coverage for continued care when this *agreement* ends, you must provide us with proof that you are disabled. We will make a determination whether your condition constitutes a disability and you will have the right to appeal our determination or to take legal action. Please see Section 7.0 – Adverse Benefit Determinations and Appeals.

3.0 *COVERED HEALTH CARE SERVICES*

We agree to provide coverage for *medically necessary covered health care services* listed in this *agreement*. If a service or category of service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and determined are eligible for coverage under this *agreement* are covered. All other services are not covered. See Section 1.4 for how we identify *new services* and our guidelines for reviewing and making coverage determinations.

We only cover a service listed in this *agreement* if it is *medically necessary*. We review *medical necessity* in accordance with our medical policies and related guidelines. The term *medically necessary* is defined in Section 8.0 - Glossary. It does not include all medically appropriate services.

When it is necessary to see a specialist, your *PCP* will coordinate a *referral* for you to seek care from a *network provider*. Only your *PCP* can coordinate *referrals*. For example: If your *PCP* refers you to a specialist, that specialist may not refer you to another *network provider*. In this case, you must contact your *PCP* to get a *referral* to seek care from the second specialist.

Services rendered by an *non-network provider* are not covered under this *agreement*; except in the following limited circumstances:

- *Emergency* care (*Emergency* Room Services, Ambulance Services, and free-standing *Emergency* Medical Centers);
- We specifically approve the use of an *non-network provider* for *covered health care services* (See *Network Authorization* - defined in section 8.0.);
- *Covered health care services* are rendered by an *non-network provider* at a *network* facility outside of your control as described in section 5.1; and
- Otherwise, as required by law.

Please see section entitled "COORDINATED CARE, REFERRALS, AND SELF-REFERRALS" for details on how this *plan* works. The Table of Contents will help you find the order of the sections, as they appear in this *agreement*.

The amount of coverage we provide for each health care service differs according to whether or not the service is received:

- as an *inpatient*;
- as an outpatient;
- in your home;
- in a *doctor's* office; or
- from a pharmacy.

Also coverage differs depending on whether:

- the health care *provider* is a *network provider* or an *non-network provider*;
- you receive the necessary *referral* from your *PCP*.
- *deductibles* (if any), *copayments*, or *maximum benefit* apply;
- you have reached your *plan year maximum out-of-pocket expense*;
- there are any exclusions from coverage that apply; or
- our *allowance* for a *covered health care service* is less than the amount of your *copayment* and *deductible* (if any). In this case, you will be responsible to pay up to our *allowance* when services are rendered by a *network provider*.

Please see the Summary of Medical *Benefits*, the Summary of Pediatric Dental *Benefits*, and the Summary of Pediatric Vision *Benefits* to determine the *benefit limits* and amount that you pay for the *covered health care services* listed below.

Please see the Summary of Pharmacy *Benefits* to determine the *benefit limits* and amount that you pay for prescription drug and diabetic equipment and supplies purchased at a pharmacy.

3.1 Ambulance Services

Ground Ambulance

In accordance with Rhode Island General Law § 27-20-55, ground ambulance services are covered as listed in the Summary of Medical *Benefits*.

Local professional or municipal ground ambulance services are covered when it is *medically necessary* to use these services, rather than any other form of transportation, included, but not limited, to the following:

- from a *hospital* to home, a skilled nursing facility, or a rehabilitation facility after being discharged as an *inpatient*;
- to the closest available *hospital emergency* room in an *emergency* situation; or
- from a physician's office to an *emergency* room.

Our *allowance* for the ground ambulance includes the services rendered by an *emergency* medical technician or paramedic, drugs, supplies and cardiac monitoring.

Air and Water Ambulance

Medically necessary air and water ambulance services are covered as listed in the Summary of Medical *Benefits*.

Air ambulance service means transportation by a helicopter or fixed wing plane. The aircraft must be a certified ambulance. The crew, maintenance support crew, and aircraft must meet the certification requirements and hold a certificate for air ambulance operators under Part 135 of the Federal Aviation Administration (FAA) regulations.

Water ambulance means transportation by a boat. The boat must be specially designed and equipped for transporting the sick or injured. It must also have such other safety and lifesaving equipment per state or local regulation.

Use of an air or water ambulance is *medically necessary* when the time needed to move a patient by land, or the instability of transportation by land, may threaten a patient's condition or survival. It is also *medically necessary* if the proper equipment needed to treat the patient is not available on a ground ambulance.

The patient must be transported for treatment to the nearest facility that can provide a level of care for the patient's illness. It must have available the type of physician or physician specialist needed to treat the patient's condition.

We will only cover air and water ambulance services originating and ending in the United States and its territories. Our *allowance* for the air or water ambulance includes the services rendered by an *emergency* medical technician or paramedic, drugs, supplies and cardiac monitoring.

Related Exclusions

This *agreement* does NOT provide coverage for:

- air or water ambulance transportation unless the destination is an acute care *hospital*. (Some examples of non-covered air or water ambulance services include transport to a physician's office, nursing facility, or a patient's home); and
- transport from cruise ships when not in United States waters.

3.2 Autism Services

This *agreement* provides coverage for the following services for the treatment of autism spectrum disorders as stated in the Summary of Medical *Benefits* and Summary of Pharmacy *Benefits*:

- Applied behavior analysis when provided and/or supervised by an individual licensed by the state in which the service is rendered, including:

  - a licensed applied behavior analyst; or
  - a licensed applied behavior assistant analyst under the supervision of a licensed applied behavior analyst; or
  - a psychologist with equivalent experience as an applied behavior analyst or a psychologist practicing within their scope of practice.

  Preauthorization is recommended for applied behavior analysis. See the Summary of Medical *Benefits* and Summary of Pharmacy *Benefits* for the amount that you pay.

- Physical therapy, occupational therapy, speech therapy, psychological and psychiatric services, and prescription drugs.

When physical therapy, occupational therapy and speech therapy services are rendered as part of the treatment of autism spectrum disorder, a *benefit limit* will not apply to these services and *preauthorization* is not required. For services not rendered as part of the treatment of autism spectrum disorder, please refer to the relevant sections of this *agreement* for any *benefit limits* or *preauthorization* recommendations.

We may require submission of medical records or a treatment plan, including the frequency and duration of treatment.

Related Exclusions

This *agreement* does not provide coverage for applied behavioral analysis when rendered by a *provider* that does not meet the credentialing/licensing requirements noted above.

This coverage for autism spectrum disorders does not affect any obligation of a school district, a state or other governmental entity to provide services to an individual under an individualized family service plan, an individualized education *program*, or similar services required under state or federal law. This means that, for services related to autism spectrum disorders, no *benefits* are provided for services that are furnished by school personnel.

3.3 Behavioral Health Services

Behavioral health services are the evaluation, management, and treatment of a patient with a mental health or *substance use disorder*.

For the purposes of this *agreement*, mental health disorder shall be defined as mental illness. Mental illness means:

- Any mental disorder and *substance use disorder* that is listed in the most recent revised publication or the most updated volume of either the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association or the International Classification of Disease Manual (ICO) published by the World Health Organization;
- *Substance use disorder* does not include addiction to or abuse of tobacco and/or caffeine.

This *agreement* provides parity in the *benefits* for behavioral health services. This means that coverage of *benefits* for mental health and *substance use disorders* is generally comparable to, and not more restrictive than, the *benefits* for physical health.

Financial requirements (such as *deductibles* (if any) or *copayments*) or quantitative treatment limits (such as visit *benefit limits*) that may apply to behavioral health services within a category (such as *inpatient* services received from a *network provider*) are not more restrictive than those that apply to most of the medical *benefits* within that same category.

This *agreement* applies different levels of financial requirements to different tiers of prescription drug without regard to whether a prescription drug is generally prescribed for physical or mental health and/or *substance use disorders*. These factors include cost, efficacy, generic versus brand name, and mail order versus retail pharmacy pick-up. See Section 3.28 - Prescription Drugs.

The *agreement* may impose a variety of limits affecting the scope or duration of *benefits* that are not expressed numerically. An example of this type of treatment limit is *preauthorization*. *Preauthorization concurrent utilization review* and *retrospective utilization* review is applied to behavioral health services in the same way as medical *benefits*. A *network authorization* must be obtained prior to receiving services from an *non-network provider*.

Mental disorders are covered under **Section A. Mental Health Services**. *Substance use disorders* are covered under **Section B. *Substance Use Disorder* Treatment**.

A. Mental Health Services

This *agreement* covers *medically necessary* services for the treatment of mental health disorders in a general or *specialty hospital* or *outpatient* facilities that are:

- reviewed and approved by us; and
- licensed under the laws of the State of Rhode Island or by the state in which the facility is located as a general or *specialty hospital* or *outpatient* facility.

We review *network* and *non-network programs*, *hospitals* and *inpatient* facilities, and the specific services provided to decide whether a *preauthorization*, *hospital* or *inpatient* facility, or specific services rendered meets our *program* requirements, content and criteria. If our *program* content and criteria are not met, the services are not covered under this *agreement*. Our *program* content and criteria are defined below.

Inpatient

If you are an *inpatient* in a general or *specialty hospital* for mental health services, this *agreement* covers *medically necessary hospital services* and the services of an attending physician for the number of *hospital* days shown in the Summary of Medical *Benefits*. See

Section 3.21 – *Inpatient Hospital Services* for additional information. *Preauthorization* is recommended for *inpatient* mental health services.

Mental Health Residential Treatment Facility

This *agreement* covers *medically necessary* services at an Acute Mental Health Residential facility when reviewed by us and we decide that, at a minimum, the following *program* criteria have been met:

- facility must be licensed as a Mental Health Residential Treatment facility by state in which it is located.
- if the state in which the facility is located, does not license such facilities, BCBSRI will review and determine if the residential *program* otherwise meets the credentialing requirements;
- facility must have a licensed physician who has twenty-four (24) hour, seven (7) day a week availability to meet emergent and urgent needs of individuals receiving care; and
- the *program* structure includes therapeutic treatment a minimum of 6 hours per day, Monday through Friday, and 4 hours per day on weekends. Please note that recreational and educational activities do not count towards these hour requirements.

Related Exclusions

This *agreement* does NOT cover the following mental health services:

- Therapeutic recreation *programs* or wilderness *programs*; and
- Recreation therapy, non-medical self-care, or self-help training (e.g. Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings/services).

Intermediate Care Services

Intermediate Care Services are facility based *programs* used as a step down from a higher level of care or a step-up from standard care. See the Summary of Medical *Benefits* for the amount you pay. *Preauthorization* is recommended for intermediate care services.

This *agreement* covers the following *medically necessary* Intermediate Care Services for mental health disorders:

- **Partial *Hospital Program* (PHP)** – This *agreement* covers partial *hospital programs* that are approved by us and meet our criteria for participation and *program* requirements.
- **Intensive *Outpatient Program* (IOP)** – This *agreement* covers intensive *outpatient programs* that are approved by us and meet our criteria for participation and *program* requirements.
- **Home and Community Based Adult Intensive Service (AIS)** – This *agreement* covers adult intensive services that are approved by us and meets our criteria for participation and *program* requirements. Adult intensive services are primarily based in the home for qualifying adults with moderate to severe psychiatric conditions.
- **Child and Family Intensive Treatment (CFIT)** – This *agreement* covers child and family intensive treatment services that are approved by us and meet our criteria for participation and *program* requirements. The *program* is primarily based in the home for qualifying children with moderate to severe psychiatric conditions. CFIT *benefits* are available only for covered dependent children until their nineteenth (19th) birthday.

In a Provider's Office/In your Home

This *agreement* covers the following mental health specialists:

- Board certified psychiatrists;
- Licensed clinical psychologists;

- Clinical social workers (licensed or certified at the independent practice level);
- Licensed nurse clinicians (with a master's degree in nursing and certification by the American Nursing Association (ANA) as a clinical specialist in psychiatric and mental health nursing);
- Licensed mental health counselor; and
- Licensed marriage and family therapists.

The above *providers* must be licensed and certified in the state where you receive the service and must meet our credentialing criteria.

Covered mental health services include *medically necessary* individual psychotherapy, group psychotherapy, and family therapy when rendered by the appropriate mental health specialist, as listed above.

Psychological testing and neuropsychological testing are covered when *medically necessary* and rendered by a neuropsychologist, psychologist, or pediatric neurodevelopmental specialist. See Section 3.0 - Covered Healthcare Services/Tests, Imaging and Labs and the Summary of Medical *Benefits* for the amount you pay.

This *agreement* covers medication visits when rendered by a psychiatrist or a clinical nurse specialist in behavioral health. See the Summary of Medical *Benefits* for *benefit limits* and the amount you pay. See Section 3.0 - Covered Healthcare Services/Office Visits.

Electroconvulsive Therapy
This *agreement* will cover electroconvulsive therapy (ECT) services when performed and billed by a psychiatrist. This *agreement* covers anesthesia services when rendered by an anesthesiologist. See Section 3.35 Surgery Services - Anesthesia Services.

Related Exclusions
This *agreement* does NOT cover the following mental health services:
- Telephone consultations (See Section 4.16);
- Services provided in any covered *program* that are reviewed by us and we decide are recreation therapy *programs*, wilderness *programs*, educational *programs*, complimentary *programs*, or non-clinical services (examples of services that are not covered include, but is not limited to, Tai Chi, yoga, personal training, meditation, and internet based support/education);
- Computer based/internet /social media services and/or *programs*.

This *agreement* does NOT cover mental health services when:
- the *provider* does NOT meet our eligibility and/or credentialing requirements;
- the *program* is not approved by us for benefit coverage; or
- treatment is rendered at facilities that are not approved and/or licensed by the state in which the facility is located. See Section 4.6 for Facilities We Have Not Approved and Section 4.8 for People/Facilities Who Are Not Legally Qualified or Licensed.

For benefit information regarding coverage of *substance use disorder* in a *hospital*, *substance use disorder treatment facility*, or an acute *substance use disorder* rehabilitation/residential facility see Section B. ***Substance Use Disorder*** **Treatment**, below.

B. *Substance Use Disorder* Treatment

This *agreement* covers *medically necessary* services for the treatment of *substance use disorder* in a *hospital*, *substance use disorder treatment facility*, or an acute *substance use disorder* rehabilitation/residential facility that is:

- reviewed and approved by us; and
- licensed under the laws of the State of Rhode Island or by the state in which the facility is located as a *hospital*, a *substance use disorder treatment facility*, or an acute *substance use disorder* residential/*rehabilitative* facility.

We review *network* and *non-network programs*, *hospital* or *inpatient* facilities, acute *substance use disorder* rehabilitation/residential facilities and the specific services provided. We decide whether a *program*, *hospital* or *inpatient* facility, acute *substance use disorder* rehabilitation/residential facility, or specific services rendered meets our *program* requirements, content and criteria. If our *program* requirements, content and criteria are not met, the services are not covered under this *agreement*. Our *program* content and criteria are defined below.

Inpatient Hospital

If you are an acute *inpatient* in a general or *specialty hospital* for behavioral health services, we cover *medically necessary* acute *hospital services* for detoxification. See Section 3.21 - *Inpatient Hospital Services* for additional information. *Preauthorization* is recommended.

Substance Use Disorder Residential Treatment Facility

This *agreement* covers *medically necessary* services at an Acute Rehabilitation or Acute *Substance Use Disorder* Residential Treatment facility when reviewed by us and we decide that, at a minimum, the following *program* criteria have been met:

- facility must be licensed as a *Substance Use Disorder* Residential Treatment facility by the state in which it is located.
- if the state in which the facility is located does not license such facilities, BCBSRI will review and determine if the residential *program* otherwise meets the credentialing requirements;
- facility must have a licensed physician who has twenty-four (24) hour, seven (7) day a week availability to meet emergent and urgent needs of individuals receiving care; and
- the *program* structure includes therapeutic treatment a minimum of 6 hours per day, Monday through Friday, and 4 hours per day on weekends. Please note that recreational and educational activities do not count towards these hour requirements.

<u>Related Exclusions</u>

This *agreement* does NOT cover the following *substance use disorder* treatment services:

- Therapeutic recreation *programs* or wilderness *programs*;
- Recreation therapy, non-medical self-care, or self-help training (e.g. Alcoholics Anonymous (AA), Narcotics Anonymous (NA) meetings/services).

Substance Use Disorder Treatment Intermediate Care Services

This *agreement* covers services for the treatment of *substance use disorder* for individuals and family members covered under this *agreement* when rendered at a *substance use disorder treatment facility* or a state-licensed *provider*/*program* that we have approved.

Intermediate Care Services are facility based *programs* used as a step down from a higher level of care or a step-up from standard *outpatient* care. See the Summary of Medical *Benefits* for the amount you pay. *Preauthorization* is recommended for intermediate care services.

This *agreement* covers the following *medically necessary* Intermediate Care Services for *substance use disorders*:

- **Partial *Hospital Program* (PHP)** – This *agreement* covers partial *hospital programs* that are approved by us and meet our criteria for participation and *program* requirements.
- **Intensive *Outpatient Program* (IOP)** – This *agreement* covers intensive *outpatient programs* that are approved by us and meet our criteria for participation and *program* requirements.
- **Home and Community Based Adult Intensive Service (AIS)** – This *agreement* covers adult intensive services that are approved by us and meets our criteria for participation and *program* requirements. Adult intensive services are primarily based in the home for qualifying adults with moderate to severe *substance use disorder* conditions.
- **Child and Family Intensive Treatment (CFIT)** – This *agreement* covers child and family intensive treatment services that are approved by us and meet our criteria for participation and *program* requirements. The *program* is primarily based in the home for qualifying children with moderate to severe *substance use disorder* conditions. CFIT *benefits* are available only for covered dependent children until their nineteenth (19th) birthday.

In a Provider's Office/In your Home

This *agreement* covers services for the treatment of *substance use disorder* for individuals and family members covered under this *agreement*. The services may be rendered in a *provider's* office or in your home.

This *agreement* covers the following behavioral health specialists:

- Psychiatrists;
- Licensed independent clinical psychologists;
- Clinical social workers (licensed or certified at the independent practice level);
- Licensed nurse clinicians (with a master's degree in nursing and certification by the ANA as a clinical specialist in psychiatric and mental health nursing);
- Licensed mental health counselor; and
- Licensed marriage and family therapists.

The above *providers* must be licensed and certified in the state where you receive the service. The above *providers* must meet our credentialing criteria to be considered for benefit coverage.

Covered *substance use disorder* services include *medically necessary* individual evaluation and psychotherapy, group psychotherapy, and family therapy when rendered by a behavioral health specialist, as listed above.

Related Exclusions

This *agreement* does NOT cover the following *substance use disorder* treatment services:

- Telephone consultations (See Section 4.16);

- Services provided in any covered *program* that are reviewed by us and we decide are recreation therapy *programs*, wilderness *programs*, educational *programs*, complimentary *programs*, or non-clinical services (examples of services that are not covered include, but is not limited to, Tai Chi, yoga, personal training, meditation, and internet based support/education);
- Computer based/internet /social media services and/or *programs*.

This *agreement* does NOT cover *substance use disorder* treatment when:

- the *provider* does NOT meet our eligibility and/or credentialing requirements;
- the *program* is not approved by us for benefit coverage; or
- treatment is rendered at facilities that are not approved and/or licensed by the state in which the facility is located. See Section 4.6 for Facilities We Have Not Approved and Section 4.8 for People/Facilities Who Are Not Legally Qualified or Licensed.

3.4 Cardiac Rehabilitation

Outpatient

We cover *medically necessary* visits in a cardiac rehabilitation *program*. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay, if any.

3.5 Chiropractic Medicine

We cover *medically necessary* chiropractic visits up to the *benefit limit* as shown in the Summary of Medical *Benefits*. The *benefit limit* applies to any visit for the purposes of chiropractic treatment or diagnosis. We cover those selected lab tests and x-rays that may be ordered by a chiropractic physician according to relevant sections of Rhode Island General Law.

For information about medical equipment and supplies, see Section 3.9 – Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices.

Related Exclusions

This *agreement* does NOT cover:

- massage therapy, aqua therapy, maintenance therapy, and aromatherapy;
- therapies, procedures, and services for the purpose of relieving stress;
- pillows;
- x-rays read by a chiropractic physician; and
- chiropractic services received in your home.

3.6 Dental Care

Dental Care - *Emergency*

In a *Hospital Emergency* Room

Accident includes an accidental injury to your *sound natural teeth*. Accidental injuries are those caused by unexpected and unintentional means. We cover the *hospital* or *emergency* room services and the *doctor's* or *dentist's* services. We cover the treatment in an *emergency* room for an accidental injury to your *sound natural teeth* or any facial fractures (or both) if the injury itself is the direct cause (independent of disease or bodily injury). See the Summary of Medical *Benefits* for details.

In an Office

If you receive the *dentally necessary* services due to an accidental injury to your *sound natural teeth* in a *doctor/dentist's* office, you are responsible for any applicable office visit *copayment*. See the Summary of Medical *Benefits* for details.

Dentally necessary services are covered when received within seventy-two (72) hours of an accidental injury to your *sound natural teeth*. The following services are covered:

- Extraction of teeth needed to avoid infection of teeth damaged in the injury;
- Suturing;
- Reimplanting and stabilization of dislodged teeth;
- Repositioning and stabilization of partly dislodged teeth; and
- Dental x-rays.

Suture removal, performed where the original *emergency* dental services were received, is covered as part of our *allowance* for the original *emergency* treatment. We will ONLY cover a separate *charge* for suture removal if the suturing and suture removal are performed at different locations (i.e. sutures at *emergency* room and suture removal at *doctor's* or *dentist's* office).

Related Exclusions

This *agreement* does NOT cover:

- *hospital* or other facility's services for treatment received in an *emergency* room for a non-*emergency* condition;
- follow-up visits to the *emergency* room;
- dental injuries incurred as a result of biting or chewing; or
- any dental services other than those specifically listed above for injury to your teeth.

Dental Care - Outpatient

***Hospital* and Anesthesia Services Provided in Connection with a Dental Service**

Hospital services and *freestanding ambulatory surgi-center* services provided in connection with a dental service are covered when:

- the use of the *hospital* or *freestanding ambulatory surgi-center* is *medically necessary*; and
- the setting in which the service received is determined to be appropriate.

Preauthorization is recommended for this service.

Anesthesia services when rendered at a *hospital* or *freestanding ambulatory surgi-center* in connection with a dental service are covered when:

- the use of the *hospital* or *freestanding ambulatory surgi-center* is *medically necessary*; and
- the setting in which the service received is determined to be appropriate.

Preauthorization is recommended for this service.

Dental Care *- Covered Dental Care Services*

This *agreement* provides coverage for *covered dental care services* listed in this section. If a dental service is not specifically listed as covered, it is not covered under this *agreement*. Only services that we have reviewed and determined are eligible for coverage under this *agreement* are covered; all other services are not covered. See the Summary of Medical *Benefits* for *benefit limits*, age limits, and the amount you pay.

Definitions

The following definitions apply only to this section Dental Care - *Covered Dental Care Services.*

COVERED DENTAL CARE SERVICES means any dental service, treatment, or procedure that we have determined is eligible for *reimbursement* under this *agreement*. *Reimbursement* for *covered dental care services* is always subject to our *allowance* and must be deemed *dentally necessary*. *Covered Dental Care Services* does not include the services of an anesthesiologist.

DENTIST means any person duly licensed and registered to practice dentistry as defined in Rhode Island General Law §5-31-1, as amended. This includes persons duly licensed under comparable laws of other states and countries if *covered dental care services* are rendered at the time and place that comparable laws are effective. The services must be performed within the scope of the individual's license.

MULTI-STAGE PROCEDURE means any procedure which may require more than one office visit to complete.

***NETWORK DENTIST* (*NETWORK*)** is a *dentist* that has entered into an agreement with BCBSRI. *Network dentists* include any *dentist* who participates in the Dental Coast to Coast Network.

***NON-NETWORK DENTIST* (*NON-NETWORK*)** is a *dentist* that has not entered into an agreement with BCBSRI.

PREDETERMINATION is a procedure whereby your *dentist* sends to us your treatment plan before treatment is rendered. *Predeterminations* are an estimate, not a guarantee of payment. The *predetermination* estimates are based on your eligibility status and *benefits* at the time the request is processed. It is subject to change.

Obtaining *predetermination* is NOT a requirement in order for planned *covered dental care service* to be covered.

However, if you decide to have the dental service when the *predetermination* is that the service is not covered, you will be responsible for the cost of the dental service. This is true whether you have the service rendered by a *network* or *non-network dentist*. You have the right to appeal or to take legal action as described in Section 7.0.

Network dentists may get *predetermination* for all *covered dental care services*. This includes, but is not limited to, multiple restorations, periodontics (treatment of gums), prosthodontics (bridges and dentures) and orthodontics.

When your *dentist* is non-network, you or the *non-network dentist* may obtain a *predetermination*. You may inquire about *predeterminations* by calling us at (401) 453-4700 or 1-800-831-2400.

Pediatric Dental Care Services (for enrolled *members* under age 19)

In accordance with PPACA, this *agreement* provides coverage for the following *dentally necessary* services for an enrolled *member* under the age of nineteen (19). Please see Summary of Medical *Benefits* for the amount you pay for these services.

- **Oral Evaluations;** Two examinations per *plan year*. Exams include: the initial or periodic examination, or an *emergency* oral evaluation, when performed by a general *dentist* including diagnosis and charting per *plan year*.
- **X-rays:** Single x-rays are limited to four (4) per *plan year*. Bitewings are limited to two (2) sets per *plan year*. Limit of one full mouth series (FMX) or panorex per 60-month period.
- **Cleanings (Prophylaxis):** Coverage is for two (2) cleanings per *plan year*.
- **Fluoride Treatments:** Up to two (2) fluoride treatments are covered for *members* under nineteen (19) years old per *plan year*.
- **Sealants:** Coverage is for permanent molars only. Limited to one per tooth in a 36-month period for *members* under nineteen (19) years old.
- **Space Maintainers**
- **Palliative Treatment:** Coverage is for minor treatment to relieve sudden, intense pain. Limited to two (2) visits per *plan year*.
- **Fillings**
- **Simple Extractions:** Coverage is for the removal of an erupted tooth (non-surgical).
- **Denture Repairs and Relines/Rebasing:** Full or partial dentures are covered. Relines/Rebasing is limited to once in a 36-month period.
- **Crowns & Onlays:** Replacement is limited to once in a 60-month period. *Predetermination* is recommended.
- **Therapeutic Pulpotomies**
- **Root Canal Therapy**
- **Non-Surgical Periodontal Services**
- **Surgical Periodontal Services:** *Predetermination* is recommended.
- **Periodontal Maintenance:** Coverage is limited to two (2) services in a *plan year*.
- **Fixed Bridges and Dentures:** Coverage for replacements is limited to one (per tooth/unit) in a 60-month period. Crowns over implants are considered a prosthodontic service. *Predetermination* is recommended.
- **Single Tooth Implant:** Coverage if only placed as an alternative treatment to a conventional 3-unit bridge and is replacing only one missing tooth if placed as an alternative treatment to a conventional 3-unit bridge, and replaces only one missing tooth when there is *sound natural teeth* on either side. Coverage for replacements is limited to one (1) in a 60-month period.
- **Oral Surgery Services**
- **Occlusal (Night) guards:** Limited to one (1) every five (5) years.
- **Orthodontic Services (Braces):** *Predetermination* is recommended. Only *medically necessary* braces are covered.
- **General Anesthesia or IV Sedation in a Dental Office:** Covered as a separate benefit when performed in conjunction with a covered oral surgery procedure(s).
- **Biopsies:** Limited to the biopsy and examination of oral tissue, soft or hard.

The coverage for dental care services rendered to an enrolled child will end for the *member* on the first day of the month following their 19th birthday, unless otherwise specified below. If a *covered dental care service* is rendered more than our contractually specified treatment time or age limitations, which are based on our dental policies and related guidelines, it is not covered.

IMPORTANT NOTE: All of our payments at the benefit levels noted in the Summary of Medical *Benefits* are based upon a fee schedule called our *allowance*. If you receive services from a *network dentist*, the *dentist* has agreed to accept our *allowance* as payment in full for covered services, excluding your *copayments*, *deductible* (if any), and the difference between the *maximum benefit* and our *allowance*, if any. If you receive covered services from a *non-network dentist*, you will be responsible for the *dentist's charge*. You will then be reimbursed based on the lesser of the *dentist's charge*, our *allowance*, or the *maximum benefit*, less any *copayments* and *deductibles* (if any), if any. The *deductible* (if any) and *maximum out-of-pocket expense* are calculated based on the lower of our *allowance* or the *dentist's charge*, unless otherwise specifically stated in this *agreement*.

Multi-Stage Procedures

This *agreement* covers *multi-stage procedures* which have a start date before the effective date of this *agreement* if:

- the *multi-stage procedures* have a completion date after the effective date of this *agreement*; and
- the *multi-stage procedures* are covered dental services under this *agreement*.

Subject to any *plan year* or other maximums, we will pay up to our *allowance* less any *benefits* paid or payable under any previous *plan* for *multi-stage procedures*.

Related Exclusions

- **Services Not *Dentally Necessary*** - This *agreement* does NOT cover services to identify or treat your dental or oral health conditions that are NOT *dentally necessary* in accordance with our dental policies and related guidelines. We will use any reasonable means to make a determination about the *dental necessity* of your care. We may examine dental records. We review *dental necessity* in accordance with our dental policies and related guidelines. You have the right to appeal our determination or to take legal action as described in Section 7.0. We may deny payments if a *dentist* does not supply dental records needed to determine *dental necessity*. We also may deny or reduce payment if the records sent to us do not provide adequate justification for performing the service.
- **Services Not Performed Within Indicated Time Limitations -** Dental services performed that do not comply with the timeframes and limitations as set forth in this *agreement* and in our dental policies and related guidelines are NOT covered.
- **Anesthesia -** General anesthesia and intravenous sedation are NOT covered unless rendered in conjunction with specific oral surgery procedures in accordance with Blue Cross Dental treatment guidelines. Please contact Customer Service for specific questions.
- **Cosmetic Services -** This *agreement* does NOT cover cosmetic procedures. Cosmetic procedures are performed to refine or reshape dental structures that are not functionally impaired, to change or improve appearance or improve self-esteem, or for other psychological, psychiatric or emotional reasons.
- **Implants -** This *agreement* does NOT cover dental implants, implant support prosthesis, or other implant related services, except for a single tooth implants which are covered as a prosthodontic service if placed as an alternative treatment to a conventional 3-unit bridge, replacing only one missing tooth when there are *sound natural teeth* on either side.
- ***Experimental/Investigational* Services -** This *agreement* does NOT cover experimental or investigational procedures or services. Experimental or

investigational procedures or services are not included in our dental policies and related guidelines. Experimental or investigational means any dental procedure that has progressed to limited human application, but has not been recognized as clinically proven and effective.

- **New Dental Services -** This *agreement* does NOT cover any new dental procedures or services that are not included in our dental policies and related guidelines.
- **Services Performed By *Hospital* Staff Employees -** This *agreement* does NOT cover pediatric dental services rendered at a *hospital* by interns, residents, or staff *dentists*.
- **Specialty Oral Examinations -** We will NOT cover oral examinations (limited in scope) when performed by a *dentist* who limits his or her practice to a specialty branch of dentistry. This includes, but is not limited to, oral examinations relating to periodontics, orthodontics, endodontics, oral surgery, and prosthodontics.
- **Services Not *Medically Necessary* –** This *agreement* does NOT cover orthodontic services that are NOT *medically necessary* in accordance with our policies and guidelines.
- **Replacement Services -** This *agreement* does NOT cover orthodontic or prosthetic appliances and space maintainers that are misplaced, lost, or stolen.

See Section 4.18 for other Dental Services not covered under this *agreement*.

3.7 Diabetic Equipment and Supplies

In accordance with Rhode Island General Law §27-20-30, this *agreement* provides coverage for the following *medically necessary* diabetic equipment and supplies, subject to *medical necessity* review:

- therapeutic/molded shoes for the prevention of amputation are covered for the treatment of diabetes; our *allowance* for molded shoes includes the initial inserts. Additional *medically necessary* inserts for custom-molded shoes are covered;
- blood glucose monitors, blood glucose monitors for the legally blind, external insulin infusion pumps and appurtenances thereto, insulin infusion devices and injection aids for the treatment of insulin treated diabetes, non-insulin treated diabetes and gestational diabetes; and
- test strips for glucose monitors and/or visual reading, cartridges for the legally blind, and infusion sets for external insulin pumps for the treatment of insulin treated diabetes, non-insulin treated diabetes, and gestational diabetes.

See the Summary of Medical *Benefits* for *benefit limits* and the amount you pay.

Covered diabetic equipment and supplies bought at a licensed medical supply *provider* are subject to the *benefit limits* and the amount you pay as shown in the Summary of Medical *Benefits*.

Some diabetic equipment and supplies can be bought at a *network pharmacy*. When bought at a *network pharmacy*, the covered diabetic equipment and supplies are subject to the *benefit limits* and the amount you pay as shown in the Summary of Pharmacy *Benefits*. See Section 3.28 - Prescription Drugs.

3.8 Dialysis Services

Inpatient

Inpatient dialysis services are covered as a *hospital service*. See Section 8.0 - definition of *hospital services*.

Outpatient

If you receive dialysis services in a *hospital's outpatient* unit or in a dialysis facility, we cover the use of the treatment room, related supplies, solutions, drugs, and the use of the dialysis machine.

In Your Home

If you receive dialysis services in your home and the services are under the supervision of a *hospital* or *outpatient* facility dialysis *program*, we cover the purchase or rental (whichever is less, but never to exceed our *allowance* for purchase) of the dialysis machine, related supplies, solutions, drugs, and necessary installation costs.

Related Exclusions

If you receive dialysis services in your home, this *agreement* does NOT cover:

- installing or modifying of electric power, water and sanitary disposal or *charges* for these services;
- moving expenses for relocating the machine;
- installation expenses not necessary to operate the machine; or
- training you or members of your family in the operation of the machine.

This *agreement* does NOT cover dialysis services when received in a *doctor's* office.

3.9 Durable Medical Equipment, Medical Supplies, Enteral Formula or Food & Prosthetic Devices

We cover *medically necessary* durable medical equipment, medical supplies, and prosthetic devices that meet the minimum specifications.

The *provider* must meet eligibility and credentialing requirements as defined by the *plan* to be eligible for *reimbursement*.

DURABLE MEDICAL EQUIPMENT is equipment (and supplies necessary for the effective use of equipment) which:

- can withstand repeated use;
- is primarily and customarily used to serve a medical purpose;
- is not useful to a person in the absence of an illness or injury; and
- is for use in the home.

MEDICAL SUPPLIES means those consumable supplies that are disposable and not intended for re-use. Medical supplies require an order by a physician and are essential for the care or treatment of an illness, injury, or congenital defect.

PROSTHETIC DEVICES means devices (other than dental) which replace or substitute all or a part of an internal body part (including contiguous tissue), or replace all or part of the function of a permanently inoperative or malfunctioning body part necessary to alleviate functional loss or impairment due to an illness, injury or congenital defect.

Inpatient

Inpatient medically necessary durable medical equipment, medical supplies, enteral formula or food, and prosthetic devices you receive as an *inpatient*, when provided and billed for by the *hospital* where you are an *inpatient*, are covered as a *hospital service*. See Section 8.0 for the definition of *hospital services*.

When you are prescribed a *medically necessary* prosthetic device as an *inpatient* and it is billed by a *provider* other than the *hospital* where you are an *inpatient*, the *benefit limits* for Medical Equipment, Medical Supplies, and Prosthetic Devices - *Outpatient* will apply, as shown in the Summary of Medical *Benefits*.

Outpatient/In Your Home

We will cover the following durable medical equipment, medical supplies, enteral formula or food, and prosthetic devices subject to our guidelines.

Durable Medical Equipment

A durable medical equipment (DME) item may be classified as a rental item or a purchased item. A DME rental item is billed on a monthly basis for a specific period of months, after which time the item is considered paid up to our *allowance*. Our *allowance* for a rental DME item will never exceed our *allowance* for a DME purchased item.

Preauthorization is recommended for certain rental and purchased items. Repairs and supplies to rental equipment are included in our rental *allowance*. *Preauthorization* is recommended for replacement and repairs of purchased durable medical equipment.

We will cover the following durable medical equipment subject to our guidelines:

- wheelchairs, *hospital* beds, and other durable medical equipment used only for medical treatment; and
- replacement of purchased equipment which is needed due to a change in your medical condition (replacement of covered durable medical equipment will be allowed only if there is a change in your medical condition or if the device is not functional, no longer under warranty, and cannot be repaired).

Medical Supplies

We will cover the following medical supplies subject to our guidelines:

- essential accessories such as hoses, tubes and mouthpieces for use with *medically necessary* durable medical equipment (these accessories are included as part of the rental *allowance* for rented equipment);
- catheters, colostomy and ileostomy supplies, irrigation trays and surgical dressings; and
- respiratory therapy equipment solutions.

Medical supplies provided during an office visit are included in our office visit *allowance*.

Prosthetic Devices

This *agreement* provides coverage per Rhode Island General Law. We will cover the following prosthetic devices subject to our guidelines:

- prosthetic appliances such as artificial limbs, breasts, larynxes and eyes, including the replacement or adjustment of these appliances (replacement of a covered device will be allowed only if there is a change in your medical condition or if the device is not functional, no longer under warranty and cannot be repaired);

- devices, accessories, batteries and supplies necessary for attachment to and operation of prosthetic devices;
- orthopedic braces (except corrective shoes and orthotic devices used in connection with footwear); and
- Initial and subsequent prosthetic devices following a mastectomy and following an order of a physician or surgeon.

This *agreement* provides *benefits* for mastectomy-related prosthetics in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Laws 27-20-29 et seq. See Section 3.35 - Surgery Services - Mastectomy.

Related Exclusions

Items typically found in the home that do not need a prescription and are easily obtainable such as, but not limited to, adhesive bandages, elastic bandages, gauze pads, and alcohol swabs are NOT covered under this *agreement*.

This *agreement* does not cover durable medical equipment and medical supplies prescribed primarily for the convenience of the *member* or the *member's* family, including but not limited to, duplicate durable medical equipment or medical supplies for use in multiple locations or any durable medical equipment or medical supplies used primarily to assist a caregiver.

This *agreement* does not cover non-wearable automatic external defibrillators.

This *agreement* does not cover replacement of durable medical equipment and prosthetic devices prescribed because of a desire for new equipment or new technology. This *agreement* covers the basic item necessary to meet the typical functional need of the average person. "Deluxe" or "enhanced" equipment is not covered.

This *agreement* does NOT cover durable medical equipment that does not directly improve the function of the *member*.

Medical supplies provided during an office visit are included in our *allowance* for an office visit.

This *agreement* does NOT cover pillows or batteries, except when used for the operation of a covered prosthetic device, or items whose sole function is to improve the quality of life or mental wellbeing. See Section 4.28 for a list of personal appearance and service items NOT covered by this *agreement*.

This *agreement* does NOT cover repair or replacement of durable medical equipment when the equipment is under warranty, covered by the manufacturer, or during the rental period. This *agreement* does NOT cover repair *charges* to repair rental items.

Enteral formulas or food (enteral nutrition)

Enteral formula or food is nutrition that is absorbed through the intestinal tract, whether delivered through a tube for feeding or taken orally. The amount that you pay differs depending on whether the enteral formula or food is the sole source of nutrition delivered through a feeding tube or taken orally.

This *agreement* provides coverage for enteral formula and supplies to administer enteral formula when it is delivered through a feeding tube and is the sole source of nutrition. See the Summary of Medical *Benefits* for the amount that you pay.

In accordance with Rhode Island General Law §27-20-56, this *agreement* covers *medically necessary* enteral formula taken orally for the treatment of malabsorption caused by Crohn's disease, ulcerative colitis, gastroesophageal reflux, chronic intestinal pseudo obstruction, and inherited diseases of amino acids and organic acids. Enteral formula is covered when a *doctor* has issued a written order and must be for home use. Also, food products modified to be low protein are covered for the treatment of inherited diseases of amino acids and organic acids. *Preauthorization* is recommended.

Related Exclusions

This *agreement* does not provide coverage for enteral formula taken orally without a written order from the *doctor* and unless for the treatment of the conditions listed above.

This *agreement* does not cover enteral formula taken orally unless for home use. Modified low protein food products are not covered unless for the treatment of the conditions listed above.

Hair Prosthetics (Wigs)

In accordance with Rhode Island General Law § 27-20-54, hair prosthetics (wigs) worn for hair loss suffered as a result of cancer treatment are covered up to the *maximum benefit limit* listed in the Summary of Medical *Benefits*.

We will provide coverage up to the *maximum benefit*. You are responsible for paying the full amount due to the *provider*. If the full amount due to the *provider* is more than the *maximum benefit*, you are responsible for paying any difference. See Section 5.0 – How Your *Covered Health Care Services* Are Paid. We will reimburse the lesser of the *provider's charges* or the *maximum benefit* amount shown in the Summary of Medical *Benefits*.

Related Exclusions

This *agreement* does NOT cover hair prosthetics (wigs) when worn for any condition other than hair loss suffered as a result of cancer treatment.

3.10 Early Intervention Services (EIS)

In accordance with Rhode Island General Law §27-20-50, this *agreement* provides coverage for Early Intervention Service. Early Intervention Services are educational, developmental, health, and social services provided to children from birth to thirty-six (36) months. The children must have been certified by the Rhode Island Department of Human Services to enroll in an approved Early Intervention Services *program*. Services must be provided by a licensed Early Intervention *provider* and rendered to a Rhode Island resident. We cover Early Intervention Services as defined by the Rhode Island Department of Human Services including, but not limited to, the following:

- speech and language therapy;
- physical and occupational therapy;
- evaluation;
- case management;
- nutrition;
- service plan development and review;

- nursing services; and
- assistive technology services and devices.

See the Summary of Medical *Benefits* for the *maximum benefit limit* and the amount that you pay.

Related Exclusions

This *agreement* does NOT cover early intervention services when the services:

- are provided by a non-licensed early intervention *provider*; or
- the services are rendered to a non-Rhode Island resident.

Members not living in Rhode Island may seek services from the State in which they reside, however those services are NOT covered under this *plan*.

3.11 Education

Asthma Education

Medically necessary asthma education sessions are covered when the service is prescribed by a physician and performed by a certified asthma educator. The asthma education session can be rendered in a *doctor's* office, *outpatient* department of a *hospital*, or in a *hospital* based clinic.

Other asthma related *covered health care services* include, but are not limited to, office visits rendered by a *provider* (other than a certified asthma educator), medical equipment and supplies, and prescription drugs, subject to the benefit rules that apply to the specific services. For information about office visits, see Section 3.24 - Office Visits. For medical equipment and supplies, see Section 3.9 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay. For Prescription Drugs, see Pharmacy *Benefits* Section 3.28.

3.12 *Emergency* Room Services

We cover *hospital emergency* room services only for an *emergency*. See Section 8.0 for the definition of an *emergency*. If your condition needs immediate or urgent, but non-*emergency* care, contact your *PCP* or use an *urgent care center*.

If you have an accident or medical *emergency* that needs *emergency* room services and your first visit to the *emergency* room occurs within twenty-four (24) hours of the accident or onset of symptoms, we cover the *hospital emergency* room services and the *doctor's* services.

Bandages, crutches, canes, collars, and other supplies incidental to your treatment in the *emergency* room are covered as part of our *allowance* for the *emergency* room services.

Some additional services provided in the *emergency* room (such as an MRI, MRA, or physician consultations) are not considered part of the *emergency* room *allowance* and may require additional *copayments*. The amount that you pay is based on the type of service being rendered. For surgery services provided outside the *emergency* room see Section 3.35 - Surgery Services. For a specialist exam, see Section 3.24 - Office Visits. For diagnostic imaging, lab and machine tests see Section 3.37. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay for each type of service.

If you are admitted to a *non-network hospital* from the *emergency* room, BCBSRI recommends you obtain *preauthorization* to receive *inpatient* services. Call our Customer Service

Department at (401) 459-5000 or 1-800-639-2227 with any questions you have about your coverage.

Follow-up care (such as suture removal, fracture care or wound care) should be obtained from your *primary care physician* or a specialist..

Related Exclusions

This *agreement* does NOT cover:

- *hospital* or other facility's services for treatment received in an *emergency* room for a non-*emergency* condition;
- follow-up visits to the *emergency* room; or
- dental injuries incurred as a result of biting or chewing; or
- any dental services other than those specifically listed above for injury to your teeth.

3.13 Experimental/Investigational Services

This *agreement* only provides coverage for certain *experimental/investigational* services as required by:

- Rhode Island General Laws Sections § 27-20-60 entitled "Coverage for individuals participating in approved clinical trials"; and
- Rhode Island General Laws Title 27, Chapter 55, entitled "Off Label Use of Prescription Drugs".

In accordance with Rhode Island General Law §27-20-60, this *agreement* provides coverage for *members* participating in approved clinical trials.

You are qualified to participate in a clinical trial if:

- you are eligible, according to the trial protocol;
- a *network provider* has concluded that your participation would be appropriate; and
- you provide medical and scientific information establishing that your participation in such trial would be appropriate.

RIGL § 27-20-60 describes what an approved clinical trial is. In summary, it means a phase I, phase II, phase III, or phase IV clinical trial that is being done to prevent, detect or treat cancer or a life-threatening disease or condition (a disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted).

To qualify to be a clinical trial it must:

- be federally funded;
- be conducted under an investigational new drug application reviewed by the Food and Drug Administration (FDA); and
- be a drug trial that is exempt from having such an investigational new drug application.

If a *network provider* is participating in a clinical trial, and the trial is being conducted in the state in which you reside, then you may be required to participate in the trial through the *network provider*.

Coverage under this *agreement* includes routine patient costs for *covered health care services* furnished in connection with participation in the trial. These include *covered health care services* that are typically covered for a patient who is not enrolled in a clinical trial.

The amount you pay for is based on the type of service. For information about office visits, see Section 3.24 - Office Visits. For surgical procedures see Section 3.35 - Surgery Services. For lab, radiology, and machine tests see Section 3.37 - Tests, Imaging, and Labs. See the Summary of Medical *Benefits* for *benefit limits*. For Prescription Drugs, see Section 3.28.

In a clinical trial, this *agreement* does not cover:

- the investigational item, device, or service itself;
- items or services provided solely to satisfy data collection and that are not used in the direct clinical management; or
- a service that is clearly inconsistent with widely accepted standards of care.

RIGL § 27-55 explains how coverage under this *agreement* is available for off label prescription drugs for cancer *or disabling or life-threatening chronic disease* if the prescription drug is recognized as a treatment for cancer *or disabling or life-threatening chronic disease* in accepted medical literature.

Related Exclusions

This *agreement* does NOT cover any treatments, procedures, facilities, equipment, drugs, devices, supplies, or services that are experimental or investigational except as described above.

Treatments, procedures, facilities, equipment, drugs, devices, supplies, or services will be recognized as having been proven effective in clinical medicine only if one of the following apply:

- final approval for the use of a specific service for a specific condition from the appropriate governmental regulatory body;
- demonstrated, reliable evidence based upon an entry in at least one of the three standard reference compendia (shown in this Section 3.13);
- sound scientific studies published in authoritative, peer reviewed medical journals that:
  - show statistically significant outcomes about the effectiveness of the service, and
  - permit a consensus of opinion that the service improves the *member's* net health outcome, and
  - show it is as beneficial as any established alternatives, and
  - show that the improvement is attainable outside the investigational setting; or
- the determination by an expert medical consultant retained by us, for the purpose of reviewing a particular service, that the service is not *experimental/investigational* for that particular *member's* case.

A service is considered *experimental/investigational*, and therefore excluded, if one or more of the following circumstances are true:

- Is under study to determine the maximum tolerated dose, its toxicity, its safety, its efficacy, or its efficacy as compared with a standard means of treatment or diagnosis.
- The prevailing opinion among experts about the service is that further studies or clinical trials are necessary to determine its maximum tolerated dose, its toxicity, its safety, its efficacy, or its efficacy as compared with the standard means of treatment or diagnosis.
- The current belief in the pertinent specialty of the medical profession in the United States is that the service or supply should not be used for the diagnosis or

indications being requested outside of clinical trials or other research settings because it requires further evaluation for that diagnosis or indications. We will determine the applicability of this criterion based on:
  - Published reports in authoritative, peer-reviewed medical literature; and
  - Reports, publications, evaluations, and other sources published by government agencies, such as the National Institutes of Health, the FDA, and the Agency for Healthcare Research and Quality.
- If the benefit in question is a drug, a device, or other supply that is subject to approval by the FDA, and at least one of the following criteria apply:
  - it has not received FDA approval;
  - it has limited FDA approval under regulations such as Treatment Investigational New Drugs;
  - it has FDA approval but the indication for the drug or device, or the dosage, is not an accepted off-label use. We will judge this criterion through review of reports published in authoritative peer-reviewed United States medical literature OR entries in one or more of the following drug compendia:
    i. The AMA Drug Evaluations;
    ii. The American *Hospital Formulary* Service Drug Information; or
    iii. The U.S. Pharmacopoeia Dispensing Information;
- The Institutional Review Board (IRB) of the *provider* of the service or supply acknowledges that use of it is *experimental/investigational* and is subject to the approval of the IRB;
- The *provider* IRB requires the patient (or parent or guardian) to give an informed consent for the service or supply that states the service or supply is *experimental/investigational*, or federal law requires such a consent; or
- The research protocols related to the requested service or supply state or show the service or supply is *experimental/investigational*.

We will make a determination whether a service is *experimental/investigational*. If you disagree with our determination, you have the right to appeal or to take legal action as described in Section 7.0.

3.14 Gender Reassignment Services

This *agreement* covers *medically necessary* services, procedures, and treatments related to gender reassignment.

Preauthorization is recommended for gender reassignment surgical services.

The level of coverage for gender reassignment services is based on the type of service. For information about office visits, see Section 3.24 - Office Visits. For surgical procedures, see Section 3.35 - Surgery Services. For lab, radiology, and machine tests see Section 3.37 - Diagnostic Imaging, Lab, and Machine Tests. See the Summary of Medical *Benefits* for the level of coverage for each type of service.

For more information about services related to gender reassignment, your *benefits* and what coverage you have available under this *agreement*, please call our Customer Service Department.

Related Exclusions

This *agreement* does NOT cover:

- reversal of gender reassignment surgery;
- expenses related to travel.

3.15 Hearing Services

Hearing Exams

Medically necessary hearing exams as prescribed by a physician are covered. Audiologists may perform a hearing test.

Hearing Tests (diagnostic)

Diagnostic hearing tests (such as audiometric hearing tests) as prescribed by a physician are covered under this *agreement*.

Hearing Aid

This *agreement* provides hearing aid coverage, in accordance with Rhode Island General Law § 27-20-46, for covered *members* up to the *maximum benefit limit* listed in the Summary of Medical *Benefits*.

We will provide coverage up to the *maximum benefit*. You are responsible for paying the full amount due to the *provider*. If the full amount due to the *provider* is more than the *maximum benefit*, you are responsible for paying any difference. See Section 5.0 – How Your *Covered Health Care Services* Are Paid. We will reimburse the lesser of the *provider's charges* or the *maximum benefit* amount shown in the Summary of Medical *Benefits*.

Related Exclusions

Hearing aid coverage does NOT include batteries, repairs, modifications, cords, and other assistive listening devices.

3.16 Home Health Care

If you qualify to receive health care at home, we cover home health care services provided by a *hospital's* home health care agency or community home health care agency.

We cover the following *medically necessary* services:

- nurse services;
- services of a home health aide;
- visits from a social worker; and
- physical and occupational therapy.

For information about *doctor* home and office visits see Section 3.24 - Office Visits. For home care equipment and supplies, see Section 3.9 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. For diabetic equipment and supplies see Section 3.7 – Diabetic Equipment and Supplies. For radiation therapy or chemotherapy services, see Section 3.31 - Radiation Therapy/Chemotherapy Services. For Prescription Drugs, see Section 3.28 and the Summary of Pharmacy *Benefits*.

Related Exclusions

This *agreement* does NOT cover:

- any homemaking, companion, or chronic (custodial) care services;
- the services of a personal care attendant;
- *charges* for private duty nursing when primary duties are limited to bathing, feeding, exercising, homemaking, giving oral prescription drugs or acting as a companion; or

- services of a private nurse who is a *member* of your home or the cost of any care provided by one of your relatives (by blood, marriage, or adoption).

3.17 Hospice Care

Inpatient

If you have a terminal illness and you agree with your *doctor* not to continue with a curative treatment *program*, we cover *inpatient* hospice care admissions to an approved hospice care *provider*.

Related Exclusions

This *agreement* does NOT cover custodial care, respite care, day care, or care in a facility that is not approved by us. See Section 4.6. Facilities We Have Not Approved.

In Your Home

If you have a terminal illness and you agree with your *doctor* not to continue with a curative treatment *program*, we cover some hospice care services provided by a hospice care *program*, such as:

- services of a hospice coordinator billed by the hospice care *program*;
- services of grief counselors and pastoral care;
- services of a social worker;
- services of a nurse; and
- services of a home health aide.

For information about *doctor* home and office visits, see Section 3.24 - Office Visits. For hospice care equipment and supplies, see Section 3.9 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. For diabetic equipment and supplies see Section 3.7 – Diabetic Equipment and Supplies.

For Prescription Drugs, see Section 3.28 and the Summary of Pharmacy *Benefits*.

3.18 Human Leukocyte Antigen Testing

In accordance with Rhode Island General Law §27-20-36, we cover human leukocyte antigen testing for A, B, and DR antigens once per *member* per lifetime for utilization in bone marrow transplantation. The testing must be performed in a facility that is:

- accredited by the American Association of Blood Banks or its successors; and
- licensed under the Clinical Laboratory Improvement Act as it may be amended from time to time.

At the time of testing, the person being tested must complete and sign an informed consent form that also authorizes the results of the test to be used for participation in the National Marrow Donor *program*.

3.19 Infertility Services

***Inpatient*/Outpatient/In a *Doctor's* Office**

In accordance with Rhode Island General Law §27-20-20, this *agreement* provides coverage for *medically necessary* services for the diagnosis and treatment of infertility. We cover donor gametes if provided through a *program*. We only cover these services if you are:

- unable to conceive or sustain a pregnancy during a one (1) year period; and
- a presumably healthy individual.

Infertility services are covered up to the *benefit limit* as shown in the Summary of Medical *Benefits*. Infertility prescription drug coverage is based on the route of administration and site of service. For information about prescription drugs, see Section 3.28 and the Summary of Pharmacy *Benefits*.

Related Exclusions
This *agreement* does NOT cover infertility treatment for a person that previously had a voluntary sterilization procedure.

3.20 Infusion Therapy

Inpatient
Inpatient infusion therapy services are covered as a *hospital service*. See Section 8.0 - definition of *hospital services*.

Outpatient-*Hospital*
If you receive infusion therapy services in a *hospital's outpatient* unit, we cover the use of the treatment room, related supplies, and solutions. For prescription drug coverage, see Section 3.28 and the Summary of Pharmacy *Benefits*.

In a *Doctor's* Office
If you receive infusion therapy services in a *doctor's* office, we cover the related supplies and solutions. For prescription drug coverage, see Section 3.28 and the Summary of Pharmacy *Benefits*.

In Your Home
We cover the following infusion therapy services as part of our *allowance* for home infusion therapy services when provided by an agency approved by us:

- nursing visits;
- administration of infusions for therapeutic delivery of drugs, biologicals, and hydration;
- infusions for total parenteral nutrition (including the infused TPN);
- related equipment; and
- supplies.

For information about *doctor* home and office visits see Section 3.24 - Office Visits. For home care equipment and supplies, see Section 3.9 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices. For radiation therapy or chemotherapy services, see Section 3.31 - Radiation Therapy/Chemotherapy Services. For Prescription Drugs, see the Summary of Pharmacy *Benefits*.

Related Exclusions
This *agreement* does NOT cover any homemaking, companion, or chronic (custodial) care services.

3.21 Inpatient Hospital Services

We cover *hospital services* in a ward or *semi-private room* in a *general hospital* for medical or surgical services. A *network authorization* must be obtained prior to receiving services from an *non-network provider*.

If you are readmitted to the same or any other *hospital*, within ninety (90) days after the date of a previous discharge, we will consider these admissions to fall within the same period of hospitalization.

Related Exclusions

This *agreement* does NOT cover:

- extra *charges* for a private room; or
- the dental services that are performed with covered *hospital services* or with covered *freestanding ambulatory surgi-center* services (see Section 4.18 for a list of excluded dental services).

3.22 Inpatient Doctors' Hospital Visits

For coverage of surgeons, see Section 3.35 - Surgery Services.

If you are admitted to a *general hospital* as an *inpatient* for a medical condition, we cover the services of a *doctor* in charge of your medical care, up to one (1) visit per day.

If you are admitted for surgical, obstetrical, or radiation services, our *allowance* to the *doctors* who performed your surgery, delivered your child, or supervised your radiation includes payment for all your related *hospital* visits by these *doctors* during your admission.

If, while you are in the *hospital*, the attending *doctor* in charge of your care asks for the assistance of a *doctor* who has special skills and knowledge to diagnose your condition, we cover a consultation performed by a specialist. The transferring of a patient from one *doctor* to another is not considered to be a consultation. A specialized *doctor* who then treats you as his or her patient is not considered to be a consultant

If you need *inpatient* specialty care for a condition that requires skills the *doctor* in charge of your care does not have, we will cover specialist visits as *medically necessary*.

A *network authorization* must be obtained prior to receiving services from an *non-network provider*.

3.23 *Inpatient* Rehabilitation Facility

Coverage for physical rehabilitation services received in a *specialty hospital* or in a *general hospital* is limited to the number of days shown in the Summary of Medical *Benefits*. *Preauthorization* is recommended for this service. A *network authorization* must be obtained prior to receiving services from an *non-network provider*.

Related Exclusions

This *agreement* does NOT cover extra *charges* for a private room.

3.24 Office Visits

We cover *medically necessary* office visits, including behavioral health, provided the required *referral* was obtained and the visits are reasonable in number and in the scope of the services rendered for the following:

- office visits to *PCPs*;
- office visits to specialists;
- routine examinations;
- consultations;

- medication visits for *outpatient* behavioral health;
- office visits to oral and maxillofacial surgeons (OMS) for medical conditions; or
- retail based clinics.

Please note: Retail based clinics are medical clinics licensed to provide limited services, generally located in a retail store, supermarket or pharmacy. These retail based clinics provide vaccinations and treat uncomplicated minor illnesses such as colds, ear infections, minor wounds or abrasions. Visits to retail based clinics are considered office visits. For retail based clinic *benefits*, see Summary of Medical *Benefits* – Office Visits.

See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay. For prescription drug coverage, see Section 3.28 and the Summary of Pharmacy *Benefits*.

Your office visit *copayment* to your *primary care physician* differs depending on whether your *primary care physician* practices with a *patient centered medical home* (*PCMH*) care model that is recognized by us.

Hospital Based Clinic Visits
Other *covered health care services* provided by a clinic, such as physical therapy or occupational therapy, are subject to the benefit rules that apply to the specific service.

House Calls
We cover *doctor* visits in your home if you have a condition due to an injury or illness which:

- confines you to your home;
- requires special transportation; or
- requires the help of another person.

In a _Doctor's_ Office
Our *allowance* for an office visit includes medical supplies provided as part of the office visit. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay for each service.

When physician services are rendered in a *doctor's* office, other than an office visit examination, the amount that you pay is based on the type of service being rendered. For surgical services (including but not limited to sutures, fracture care, and other surgical procedures) see Section 3.35 - Surgery Services. For diagnostic imaging, lab and machine tests see Section 3.37.

Obstetrical or Gynecological Care
You do not need *preauthorization* from us or from any other person (including a *PCP*) in order to obtain access to obstetrical or gynecological care from a *network doctor* who specializes in obstetrics or gynecology. Your *doctor*, however, may be required to comply with certain procedures, including obtaining *preauthorization* for certain services. For a list of *network* physicians who specialize in obstetrics or gynecology, contact our Customer Service Department.

Related Exclusions
Physical examinations and any services performed in conjunction with the exams (including, but not limited to, lab tests, machine tests, or immunizations not identified as preventive by the ACA) are NOT covered when the services are needed for or related to

employment, education, marriage, adoption, insurance purposes or when required by similar third parties.

This *agreement* does NOT cover routine foot care including the treatment of corns, bunions (except capsular or bone surgery) calluses, the trimming of nails, the treatment of simple ingrown nails and other preventive hygienic procedures, except when performed to treat diabetic related nerve and circulation disorders of the feet.

This *agreement* does NOT cover the treatment of flat feet unless the treatment is surgical.

Corrective or orthopedic shoes and orthotic devices used in connection with footwear are NOT covered unless for the treatment of diabetes.

3.25 Organ Transplants

We cover transplants for heart, heart-lung, lung, liver, small intestine, pancreas, kidney, cornea, small bowel, and bone marrow transplants.

Allogenic bone marrow transplant *covered health care services* include medical and surgical services for the matching participant donor and the recipient. However, Human Leukocyte Antigen testing is covered as indicated in the Summary of Medical *Benefits*, subject to certain conditions. For details see Section 3.18 - Human Leukocyte Antigen Testing.

Medically necessary high dose chemotherapy and radiation services related to autologous bone marrow transplantation is limited. See definition of *Experimental/Investigational* – Section 3.13.

To the extent that coverage for bone marrow or stem cell transplantation is more limited than the coverage required by "New Cancer Therapies", the applicable provisions of the Rhode Island Laws shall govern. See Section 3.13 for the definition of *experimental/investigational* services.

The national transplant *network program* is called the Blue Distinction Centers for Transplants℠. For more information about the Blue Distinction Centers for Transplants℠ call our Case Management Department at 1-401-459-2273 or 1-888-727-2300 ext. 2273.

When the recipient is a covered *member* under this *agreement*, we also cover:

- obtaining donated organs (including removal from a cadaver);
- donor medical and surgical expenses related to obtaining the organ that are integral to the harvesting or directly related to the donation and limited to treatment occurring during the same stay as the harvesting and treatment received during standard post-operative care; and
- transportation of the organ from donor to the recipient.

The amount you pay for transplant services for the recipient and eligible donor is based on the type of service. For information about office visits see Section 3.24 - Office Visits. For surgical procedures see Section 3.35 - Surgery Services. For lab, radiology, and machine tests see Section 3.37 - Tests, Imaging, and Labs. See the Summary of Medical *Benefits* for *benefit limits*. For prescription drugs, see Section 3.28 and the Summary of Pharmacy *Benefits*.

Related Exclusions

This *agreement* does NOT cover:

- services or supplies related to an excluded transplant procedure;
- medical services of the donor that are not directly related to the organ transplant;
- drives and related expenses to find a donor;
- services related to obtaining, storing, or other services performed for the potential future use of umbilical cord blood;
- noncadaveric small bowel transplants;
- services related to donor searches for allogenic bone marrow transplants; and
- the donation-related medical and surgical expenses of a donor when the recipient is NOT covered as a *member*.

3.26 Physical/Occupational Therapy

Physical and occupational therapy is covered only when:

- a *program* is implemented to restore or attain a higher level of independent functioning or new skills in the most timely manner possible;
- physical or occupational therapy is received from a licensed physical or occupational therapist;
- physical or occupational therapy is ordered by a *doctor*;
- the therapy will result in significant, sustained measurable functional or skill status given your condition; and
- such improvement will not diminish with the removal of the therapeutic agent or environment.

Physical therapy and occupational therapy services provided for *habilitative* or *rehabilitative* purposes are covered at the same benefit level.

Inpatient

Medically necessary inpatient physical or occupational therapy is covered as a *hospital service*. See Section 8.0.

Outpatient/In a *Doctor's* or Therapist's Office

We cover *medically necessary* physical and occupational therapy services. See the Summary of Medical *Benefits* for *benefit limits* and the amount you pay.

In Your Home

This *agreement* does NOT cover physical or occupational therapy services received in your home unless received through a home care *program*. See Section 3.16 - Home Health Care.

Related Exclusions

This *agreement* does NOT cover:

- services rendered by a massage therapist;
- hippotherapy;
- *maintenance services* unless it is a *habilitative service* that helps a person keep, learn or improve skills and functioning for daily living; or
- educational classes.

This *agreement* does NOT cover these services if another entity or agency, which provides services for the health of school children or children with disabilities, is responsible for such services under state or federal laws. (See generally, Title 16, Chapters 21, 24, 25 and 26 of the Rhode Island General Laws. See also applicable

regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law.)

3.27 Pregnancy Services and Nursery Care

If you are covered as an individual under this *agreement* you must notify us and pay the appropriate family membership fee within thirty-one (31) days of delivery so that the newborn child will be covered beyond such thirty-one (31) day period. This *agreement* does not cover services for a newborn child who remains hospitalized after thirty-one (31) days and has not been added to a family membership. See Section 2.2 - When You Can Enroll and Make Changes - Special Enrollment.

Statement of Rights Under the Newborns' and Mothers' Health Protection Act

Under federal law, group health *plans* and health insurance issuers offering group health insurance coverage generally may not restrict *benefits* for any *hospital* length of stay in connection with childbirth for the mother or newborn child to less than forty-eight (48) hours following a vaginal delivery, or less than ninety-six (96) hours following a delivery by cesarean section. However, the *plan* or issuer may pay for a shorter stay if the attending *provider* (e.g., your physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or newborn earlier.

Also, under federal law, *plans* and issuers may not set the level of *benefits* or out-of-pocket costs so that any later portion of the 48-hour (or 96-hour) stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay.

In addition, a *plan* or issuer may not, under federal law, require that a physician or other health care *provider* obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours).

Inpatient

In accordance with Rhode Island General Law §27-20-17.1, this *agreement* covers a minimum *inpatient hospital* stay of forty-eight (48) hours from the time of a vaginal delivery and ninety-six (96) hours from the time of a cesarean delivery:

- If the delivery occurs in a *hospital*, the *hospital* length of stay for the mother or newborn child begins at the time of delivery (or in the case of multiple births, at the time of the last delivery).
- If the delivery occurs outside a *hospital*, the *hospital* length of stay begins at the time the mother or newborn is admitted as a *hospital* in connection with childbirth.

Any decision to shorten these stays shall be made by the attending physician in consultation with and upon *agreement* with you. In those instances where you and your infant participate in an early discharge, you will be eligible for:

- up to two (2) home care visits by a skilled, specially trained registered nurse for you and/or your infant, (any additional visits must be reviewed for *medical necessity*); and
- a pediatric office visit within twenty-four (24) hours after discharge.

See Section 3.24 - Office Visits for coverage of home and office visits.

We cover *hospital services* provided to you and your newborn child. Your newborn child is covered for services required to treat injury or sickness. This includes the necessary care and treatment of medically diagnosed congenital defects and birth abnormalities as well as routine well-baby care.

Related Exclusions

This *agreement* does NOT cover preimplantation genetic diagnosis (embryo screening) or parentage testing. This *agreement* does NOT cover amniocentesis or any other service used to determine the sex of an infant before it is born.

***Doctor* Services**

We cover *doctor* services (including the services of a licensed midwife) for prenatal, delivery, and postpartum services. If a *doctor* and midwife provide pregnancy services, the *charges* will be combined and covered up to our *allowance*. We will not cover more than our *allowance*.

The first office visit to diagnose pregnancy is not included in prenatal services. Office visits to an obstetrician or midwife that are not related to pregnancy are not included in prenatal services. Both are covered as an office visit. See Section 3.24 - Office Visits.

3.28 Prescription Drugs and Diabetic Equipment/Supplies

Contact Information

BCBSRI Customer Service Department – (401) 459-5000 or 1-800-639-2227
BCBSRI Website – www.bcbsri.com

Our Pharmacy benefit manager is Prime Therapeutics, LLC. Their mailing address and phone numbers are provided below;

- fax number - 855-212-8110;
- phone number - 855-457-0759; and
- mailing address; Prime Therapeutics, LLC
  Attn: Clinical Review Dept.
  1305 Corporate Center Drive
  Eagan, MN 55121

Definitions

The following definitions apply to this section. Other definitions that are not specific to this section (such as *copayment* and *deductible* (if any)) are found in the Glossary.

DISPENSING GUIDELINES means:
- the prescription order or refill must be limited to the quantities authorized by your *doctor* not to exceed the quantity listed in the Summary of Pharmacy *Benefits*;
- the prescription must be *medically necessary*, consistent with the *doctor's* diagnosis, ordered by a *doctor* whose license allows him or her to order it, filled at a pharmacy whose license allows such a prescription to be filled, and filled according to state and federal laws;
- the prescription must consist of *legend drug* that require a *doctor's* prescription under law or compound medications made up of at least one *legend drug* requiring a *doctor's* prescription under law;
- bulk powders and chemicals used in compound prescriptions, not approved by the FDA, are not covered unless listed on our *formulary*; and
- the prescription must be dispensed at the proper place of service as determined by our Pharmacy and Therapeutics Committee. For example, certain prescription drugs may only be covered when obtained from a pharmacy.

Quantity limits may apply to certain Prescription Drugs:
▪ Certain prescription drugs are subject to additional quantity limits based on criteria that we have developed, subject to our periodic review and modification.
▪ Quantity limits may restrict the amount of pills dispensed per thirty (30) day period, the number of prescriptions orders or refills in a specified time period, or the number of prescriptions orders or refills ordered by a *provider* or multiple *providers*.
▪ You may obtain a current list of prescription drugs that have been assigned maximum quantity levels for dispensing by visiting our website or calling our Customer Service Department.

FORMULARY means the prescription drugs and dosage forms covered under this *agreement*. Some prescription drugs are not in the *formulary*. If a prescription drug is not in our *formulary*, then it is not covered under this *agreement*.

A committee of local physicians and pharmacists develop the prescription drug *formulary* listing which is subject to periodic review and change. The committee decides the tier placement of drugs in the *formulary*, which determines the amount you will pay.

When possible, new prescription drugs are reviewed within six (6) months of the occurrence of one of the events described below to determine whether the prescription drug is eligible for coverage under this *agreement*:
- final FDA approval;
- the first date generally available in pharmacies (for prescription drugs only).

To obtain coverage information for a specific prescription drug or to get a copy of the most current *formulary* listing, visit our website or calling our Customer Service Department for information.

LEGEND DRUG is a drug that federal law does not allow the dispensing of without a prescription.

NETWORK PHARMACY means any pharmacy that has an agreement to accept our *pharmacy allowance* for prescription drugs and diabetic equipment/supplies covered under this *agreement*. All other pharmacies are ***NON-NETWORK*** **PHARMACIES**.

PHARMACY ALLOWANCE means the lower of:
- the amount the pharmacy *charges* for the prescription drug;
- the amount we or our PBM have negotiated with a *network pharmacy*; or
- the maximum amount we pay any pharmacy for that prescription drug.

PRESCRIPTION DRUG PREAUTHORIZATION is the advance approval that must be obtained before we provide coverage for certain Prescription Drugs. *Prescription drug preauthorization* is not a guarantee of payment, as the process does not take *benefit limits* into account. The process for obtaining *prescription drug preauthorization* is described below.

You must ask the prescribing physician to request *prescription drug preauthorization* for certain preferred brand name and non-preferred brand name prescription drugs, and for certain specialty prescription drugs, if the specialty prescription drug is bought at a

network pharmacy. If the specialty prescription drug is bought at an *non-network pharmacy*, the prescription drug is not covered.

For details see **Pharmacy *Program* for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy** listed below.

Services for which *prescription drug preauthorization* is required are marked with a (+) symbol in the Summary of Pharmacy *Benefits*. To obtain the required *prescription drug preauthorization* for certain covered prescription drugs (as described above), please request your prescribing physician to call our pharmacy *benefits* administrator, using the number listed for the “Pharmacist” on the back of your ID card.

SITE OF SERVICE, for the purposes of this *agreement*, includes these three types of pharmacies:
- retail pharmacies;
- specialty pharmacies; and
- mail order pharmacy.

SPECIALTY PRESCRIPTION DRUG is a type of prescription drug in our *formulary* that generally is identified by, but not limited to, features such as:
- being produced by DNA technology;
- treats chronic or long term disease;
- requires customized clinical monitoring and patient support; and
- needs special handling.

Generally, specialty pharmacies dispense specialty Prescription Drugs. Contact Customer Service for further details and information about specialty prescription drugs and specialty pharmacies. For the purposes of this *agreement*, we have designated certain prescribed prescription drugs to be specialty prescription drugs in our *formulary*. To obtain coverage information for any specific specialty prescription drug or to obtain a copy of the most current *formulary* listing, visit our website or you may call our Customer Service Department.

TYPE OF SERVICE means, for the purposes of this *agreement*, the two kinds of prescription drugs that are defined as:
- generic, preferred brand name, and non-preferred brand name Prescription Drugs; and
- specialty Prescription Drugs.

Overview

Prescription drugs and diabetic equipment and supplies bought at a pharmacy are administered by our Pharmacy Benefit Manager (PBM). Prescription drugs bought at a pharmacy are subject to the *benefit limits* and the amount you pay as shown in the Summary of Pharmacy *Benefits*. For details, see Section **A. Pharmacy *Program* for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy** listed below.

Generic, preferred brand name, and non-preferred brand name prescription drugs dispensed and administered by a licensed health care *provider* (other than a pharmacy) are subject to the *benefit limit* and the amount you pay as shown in the Summary of Medical *Benefits*. Specialty

prescription drugs are not separately reimbursed when dispensed by a professional *provider* unless bought from a Specialty Pharmacy. For details, see Section **B. Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs Dispensed and Administered by a Licensed Health Care Provider (other than a Pharmacy)** listed below.

A. Pharmacy *Program* for Prescription Drugs and Diabetic Equipment/Supplies Purchased at a Pharmacy

Introduction

This section provides coverage information for prescription drugs in our *formulary* generic, preferred brand name, and non-preferred brand name prescription drugs, specialty prescription drugs and diabetic equipment and supplies that are bought at a *network pharmacy*. Prescription drugs must be identified as covered under this *agreement* in our *formulary* and dispensed per our *dispensing guidelines* in order to be covered.

Generic, preferred brand name, and non-preferred brand name prescription drugs may be dispensed at a retail pharmacy, a specialty pharmacy, a mail order pharmacy, or by a *provider* other than a pharmacy. Specialty prescription drugs must be dispensed at a specialty pharmacy. If a professional *provider* dispenses a specialty prescription drug, it is not separately reimbursed unless obtained from a specialty pharmacy. The administration of the specialty prescription drug is covered.

For information about the administration of Specialty Prescription Drugs, see the following subsections located in the *Covered Health Care Services* section;

- Behavioral Health;
- Home Health Care;
- Infertility Services;
- Infusion Therapy
- Office Visits; and
- Radiation Therapy/Chemotherapy Services.

If you are dispensed a specialty prescription drug from a Rhode Island *network provider*, the *charge* for the specialty prescription drug is not reimbursed and the Rhode Island *network provider* may not seek *reimbursement* from you.

Prescription drugs are reimbursed based on the type of service and the site of service. See the Summary of Pharmacy *Benefits* for *benefit limits* and the amount that you pay.

Coverage for prescription drugs is subject to the pharmacy *program*. The pharmacy *program's formulary* includes a five-tier *copayment* structure and requires *prescription drug preauthorization* for certain Prescription Drugs. It also includes dose optimization conditions. Each of these items is described in more detail below. Coverage is provided for prescription drugs bought at a pharmacy, per the terms, conditions, exclusions, and limitations of this *agreement*.

Five-Tier *Copayment* Structure

This prescription drug *plan formulary* has a five-tiered *copayment* structure. The *copayment* for a prescription drug will vary by tier. For more information about our *formulary*, and to see the tier placement of a particular prescription drug, visit our website or call our Customer Service Department.

Our *formulary* lists generic, preferred brand name, and non-preferred brand name prescription drugs and specialty prescription drugs covered under this *agreement*. To obtain a copy of the most current *formulary* listing, visit our website at or you may call our Customer Service Department. See the Summary of Pharmacy *Benefits* for *benefit limits* and the amount you pay.

Mail Order Pharmacy
Maintenance and non-maintenance generic, preferred brand name, or non-preferred brand name prescription drugs and diabetic equipment and supplies may be bought from a *network* mail order pharmacy. The prescription is limited to the *benefit limit* and the amount that you pay shown in the Summary of Pharmacy *Benefits*. For mail order instructions, please call our Customer Service Department.

Covered Diabetic Equipment/Supplies
The following diabetic equipment and supplies can be bought at a *network pharmacy*:
- Glucometers;
- Test Strips;
- Lancet and Lancet Devices; and
- Miscellaneous Supplies (including calibration fluid).

See the Summary of Pharmacy *Benefits* for *benefit limits* and the amount that you pay.

How Covered Prescription Drugs and Diabetic Supplies/Equipment Are Paid
When you buy covered prescription drugs and diabetic equipment and supplies from a *network pharmacy*, you will be responsible for the *copayment* and prescription drug *deductible* (if any) shown in the Summary of Pharmacy *Benefits* at the time you buy the prescription drugs and diabetic equipment and supplies. Coverage is based on our *pharmacy allowance*.

This *agreement* does NOT cover generic, preferred brand name, and non-preferred brand name prescription drugs or diabetic equipment and supplies when bought at *non-network* pharmacies. If you buy generic, preferred brand name, and non-preferred brand name prescription drugs or diabetic equipment and supplies from *non-network* pharmacies, you will be responsible to pay the *charge* for the prescription drug or diabetic equipment and supplies at the time the prescription is filled.

If you buy specialty prescription drugs from a retail *network pharmacy*, you will be responsible to pay the *charge* for the specialty prescription drug at the time the prescription is filled. You may submit a *claim* to us and we will reimburse you directly. If you buy *specialty prescription drugs* from a *non-network pharmacy*, the *specialty prescription drugs* are not covered. See How Your *Covered Health Care Services* Are Paid for further information.

How to Obtain *Prescription Drug Preauthorization*
Prescription drug preauthorization is required for certain brand name prescription drugs and specialty prescription drugs. To obtain *prescription drug preauthorization*, the prescribing *provider* must submit a completed *prescription drug preauthorization* request form.

The prescribing *provider* may obtain a *prescription drug preauthorization* form by visiting our website or calling the Physician and *Provider* Service Center. *Preauthorization* requests can be submitted by fax, by phone, or by mail to our pharmacy benefit manager. See Contact Information at the beginning of this section for contact details.

Prescription drugs that require *prescription drug preauthorization* will only be approved when our clinical guidelines are met. The guidelines are based upon clinically appropriate criteria that ensure that the prescription drug is appropriate and cost-effective for the illness, injury or condition for which it has been prescribed.

We will send to you written notification of the *prescription drug preauthorization* determination within two (2) business days of receipt of all medical documentation required to conduct the review, but not to exceed fourteen (14) calendar days from the receipt of the request.

Expedited *Preauthorization* Review Process
You may request an expedited review if the circumstances are an *emergency*. Due to the urgent nature of an expedited review, your prescribing *provider* must either call or fax the completed form and indicate the urgent nature of the request. If an expedited *preauthorization* review is received by us, we will respond to you with a determination within seventy-two (72) hours or in less than seventy-two (72) hours (taking into consideration medical exigencies) following receipt of the request.

Note: If you have not obtained *prescription drug preauthorization* before you pick up the prescription drug from the pharmacy for the first time, you can ask us to consider *reimbursement* later. To do this, you must follow the *prescription drug preauthorization* process described above and submit your request for review, along with a copy of your receipt, within fifteen (15) days of picking up the prescription. If our clinical guidelines are met for the prescription drug, we will approve your *claim* to be reimbursed retroactively less the applicable *copayment* or *deductible* (if any). If our clinical guidelines are not met for the prescription drug, you will be responsible for the cost of the prescription drug. If you are not satisfied with the *prescription drug preauthorization* determination, you can submit a Medical Appeal. See Medical Appeals Procedure section for information on how to file a Medical Appeal.

To obtain a list of the specialty prescription drugs that require *prescription drug preauthorization*, visit our website or call our Customer Service Department.

How to Obtain Dose Optimization
Dose optimization is the most effective dose and measured quantity of a generic, preferred brand name, and non-preferred brand name prescription drug to be taken at one time. Under this *agreement*, certain generic, preferred brand name, and non-preferred brand name prescription drugs may NOT be covered if you are taking multiple daily doses of a prescription drug that is available to be taken once per day at a higher dose. To obtain a list of the prescription drugs subject to dose optimization, visit our website or, call our Customer Service Department.

When dose optimization applies, the *network pharmacy* will consult with your prescribing *provider* and with the prescribing *provider's* approval, the single daily dose of the prescription drug will be dispensed. If you choose to buy the multiple daily dose of the lower strength prescription drug, it will NOT be covered under this *agreement*.

If your prescribing *provider* deems it *medically necessary* that you continue to take multiple daily doses of a lower strength generic, preferred brand name, or non-preferred brand name prescription drug, *prescription drug preauthorization* is required and must be obtained before we provide coverage. To request *prescription drug preauthorization*, the prescribing *provider* must complete and submit a dose optimization authorization form and follow the same process

outlined in the above section – How To Obtain *Prescription Drug Preauthorization*. Our notification timeline, the ability to request an expedited review, and the ability to submit a request for *reimbursement* after payment as described in the above section also apply to requests for *prescription drug preauthorization* related to dose optimization. Coverage for multiple daily doses of a lower strength generic, preferred brand name, or non-preferred brand name prescription drug will only be approved when the dose optimization guidelines are met.

***Formulary* Exception Process**
We have a *formulary* exception process that allows you to request coverage for a prescription drug that is not in our *formulary*.
This process is available when:
- (i) the requested prescription drug has a generic equivalent on the *formulary*; or
- (ii) the requested prescription drug does not have a generic equivalent on the *formulary* or any other circumstance where the requested prescription drug is not on our *formulary*.

(i) For a *formulary* exception where the requested prescription drug has a generic equivalent, you or your prescribing *provider* may submit a *Formulary* Exception Request form to our Grievance and Appeal Unit (GAU). The form will request medical information describing the clinical reason why you are unable to be treated with the generic medication. This form may be obtained from GAU. The GAU may be reached by phone at 401-459-5784.

The completed *Formulary* Exception Request form is mailed to:

Blue Cross & Blue Shield of Rhode Island
Attention: Grievance and Appeals Unit
500 Exchange Street
Providence, Rhode Island 02903

(ii) For a *formulary* exception where the requested prescription drug does NOT have a generic equivalent on the *formulary*, the prescribing *provider* may submit a Medical Exception Form to our pharmacy *benefits* manager. You or your *provider* may obtain a Medical Exception Form by visiting our Web site at BCBSRI.com or calling the Physician and *Provider* Service Center. Requests can be submitted by fax, by phone, or by mail to our pharmacy benefit manager. See Contact Information at the beginning of this section for contact details.

Note: You may request an expedited review if the circumstances are an *emergency* or you are undergoing a current course of treatment using a non-*formulary* drug. Due to the urgent nature of an expedited review, your prescribing *provider* must call or fax the completed form and indicate the urgent nature of the request. See Contact Information at the beginning of this section for contact details. If an expedited *formulary* exception review is received by us, we will respond to you with a determination within twenty-four (24) hours following receipt of the request.

For both types of *formulary* exceptions noted above, a written determination will be sent to you and to your *doctor*.

If we grant your request for a *formulary* exception, the amount you pay will be the *copayment* at the highest non-specialty *formulary* tier. Other applicable benefit requirements, such as step therapy edits, are not waived by this exception and must be reviewed separately.

If we deny your request for a *formulary* exception, that denial is an adverse benefit determination. Please see Adverse Benefit Determinations section for information on how to appeal our decision.

Designated Pharmacy

We may limit your selection of a pharmacy to one (1) pharmacy, referred to as Pharmacy Home Assignment. Those *members* subject to this designation include, but are not limited to, *members* that have a history of:

- being prescribed prescription drugs by multiple physicians;
- having prescriptions drugs filled at multiple pharmacies;
- being prescribed certain long acting opioids and other controlled substances, either in combination or separately, that suggests a need for monitoring due to:
  - quantities dispensed;
  - daily dosage range; or
  - the duration of therapy exceeds reasonable and established thresholds.

Covered Over-the-Counter (OTC) Drugs

In accordance with PPACA, certain preventive over-the-counter (OTC) drugs when prescribed by a physician are covered. To obtain a specific list of the OTC drugs that are covered, call our Customer Service Department or visit our website.

Related Exclusions

The following items are NOT covered when obtained at a pharmacy:

- biological products for allergen immunotherapy;
- biological products for vaccinations;
- blood fractions;
- compound prescription drugs that are not made up of at least one *legend drug*;
- bulk powders and chemicals used in compound prescriptions that are not FDA approved, are not covered unless listed on our *formulary*;
- prescription drugs prescribed or dispensed outside of our *dispensing guidelines*;
- prescription drugs indicated as being not covered on our *formulary*;
- prescription drugs purchased in excess of the stated quantity limits;
- prescription drugs that have not proven effective according to the FDA;
- prescription drugs used for cosmetic purposes;
- prescription drugs purchased from a non-designated pharmacy, if a pharmacy has been designated for you through the Pharmacy Home Assignment *program*;
- experimental prescription drugs (including those placed on notice of opportunity hearing status by the Federal Drug Efficacy Study Implementation (DESI);
- drugs you take or have given to you while you are a patient in a *hospital*, rest home, sanitarium, nursing home, home care *program*, or other institution that provides prescription drugs as part of its services or which operates its own facility for dispensing Prescription Drugs;
- non-medical substances (regardless of the reason prescribed, the intended use, or *medical necessity*);
- off-label use of prescription drugs (except as described in *Experimental/Investigational* Services section);
- over-the-counter (OTC) drugs even if prescribed, unless specifically listed as a *covered health care service* in this *agreement* (e.g., such as OTC nicotine replacement therapy in accordance with Rhode Island General Law 27-20-53 and PPACA;

- prescribed weight-loss drugs;
- OTC drugs designated as covered under this *agreement* for which you do not have a written prescription from your physician
- replacement prescription drug products resulting from a lost, stolen, broken or destroyed prescription order or refill;
- support garments and other durable medical equipment;
- therapeutic devices and appliances, including hypodermic needles and syringes (except when used to administer insulin);
- sildenafil citrate (Viagra), therapeutic equivalents, or any other pharmaceuticals used to treat sexual dysfunctions; or
- Vitamins, unless specifically listed as a *covered health care service* in this *agreement*.

This *agreement* will NOT cover a prescription drug refill if the refill is:

- greater than the refill number authorized by your *doctor*;
- greater than the twelve (12) refills we authorize;
- limited by law; or
- re-filled more than a year from the date of the original prescription.

The following are NOT covered when purchased from a *non-network pharmacy*:

- generic, preferred brand name, or non-preferred brand name Prescription Drugs; and
- diabetic equipment and supplies.

The following are NOT covered when purchased from a mail order pharmacy:

- long acting opioids and other controlled substances;
- nicotine replacement therapy; and
- specialty Prescription Drugs.

Certain specialty prescription drugs are only covered if:

- *prescription drug preauthorization* is obtained; and
- you agree to participate in health management *programs* as required.

Generic, preferred brand name, or non-preferred brand name prescription drugs and specialty prescription drugs are NOT covered when the required *prescription drug preauthorization* is not obtained.

Multiple daily doses of a generic, preferred brand name, or non-preferred brand name prescription drug are NOT covered when dose optimization conditions are not met.

Certain prescribed prescription drugs that have an over-the-counter equivalent (OTC) are NOT covered under this *agreement*. To obtain the list of OTC prescription drugs visit our website or contact our Customer Service Department. See Contact Information at the beginning of this section for contact details.

B. Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs Dispensed and Administered by a Licensed Health Care Provider (other than a Pharmacy)

Generic, preferred brand name, or non-preferred brand name prescription drugs we have approved that are dispensed and administered by a licensed health care *provider* (other than a pharmacy) are covered under this *agreement*, subject to the *copayment* and *deductible* (if any) shown in the Summary of Medical *Benefits*. The generic, preferred brand name, or non-

preferred brand name prescription drug must be *medically necessary* and dispensed per our *dispensing guidelines* in order to be covered.

Inpatient
We cover *inpatient* drugs as a *hospital service*. See Glossary for definition of *hospital services*.

Outpatient/In Your *Doctor's* Office/In Your Home
Generic, preferred brand name, or non-preferred brand name prescription drugs are covered at different benefit levels depending upon the route of administration. Our *allowance* for services rendered by the facilities, agencies, and professional *providers* may include the cost of the prescription drugs administered and/or dispensed. We will determine coverage based upon the route of administration that is customary and least invasive method to treat the condition. There are several ways to administer drugs into the body including:

- inhalation (into the lungs, usually through the mouth);
- intramuscular (injected into a muscle);
- intra-articular (injected into a skeletal joint space);
- intrathecal (injected into the space around the spinal cord);
- intravenous/infused/intra-arterial (into a vein or artery);
- nasal (sprayed into the nose);
- ocular (instilled in the eye);
- oral (by mouth);
- rectal or vaginal (inserted into the rectum or vagina);
- subcutaneous (injected beneath the skin);
- sublingual (under the tongue);
- topical (applied to the skin); or
- transdermal (delivered through the skin by a patch).

Inhalation, Nasal, Ocular, Oral, Rectal Or Vaginal, Sublingual, Topical, And Transdermal Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs
The prescription drug is included in our *allowance* for the medical service being rendered. If the sole service is drug dispensing, the prescription drug is NOT covered.

Injected Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs
We use the term injected to include prescription drugs approved by us given by intra muscular or subcutaneous injection or in the case of a body cavity by instillation. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay. See *Preventive Care Services* and Early Detection Services section for immunization and vaccination coverage information.

Infused Generic, Preferred Brand Name, or Non-Preferred Brand Name Prescription Drugs
We use the term infused to include those prescription drugs approved by us and administered into a vein or into an artery whether by mixing in fluids and administering intravenously or into an artery, direct injection, or by use of a pump that accesses the vein or artery. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay.

Related Exclusions

Compound medications dispensed and administered by licensed health care *providers* (other than a pharmacy) that are not made up of at least one *legend drug* are NOT covered. Bulk powders and chemicals used in compound prescriptions, not approved by the FDA, are not covered, unless listed on our *formulary*.

Prescriptions filled through an internet pharmacy that is not a verified internet pharmacy practice site certified by the National Association of Boards of Pharmacy

3.29 *Preventive Care Services* and Early Detection Services

In accordance with PPACA, this *agreement* provides coverage rendered to a *member* for early detection services, *preventive care services*, and immunizations/vaccinations as set forth below and in accordance with the guidelines of the following resources:

- services that have an A or B rating in the current recommendations of the U.S. Preventative Services Task Force (USPSTF);
- immunizations recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention;
- preventive care and screenings for infants, children, and adolescents as outlined in the comprehensive guidelines supported by the Health Resources and Services Administration (HRSA); or
- preventive care and screenings for women as outlined in the comprehensive guidelines as supported by HRSA.

Covered early detection services, *preventive care services* (for example, pediatric preventive office visits), and adult and pediatric immunizations/vaccination are based on the most currently available guidelines and are subject to change.

The amount you pay for each of the early detection services, *preventive care services*, and adult and pediatric immunizations/vaccination listed below is indicated in the Summary of Medical *Benefits*.

Preventive Office Visits

This *agreement* provides coverage for the following preventive office visits. See Summary of Medical *Benefits* for the amount you pay.

- Adult Annual preventive visit - one (1) routine adult physical examination per *plan year* per *member* will be covered;
- Pediatric preventive office and clinic visits -
  Birth - 35 months: 11 visits;
  36 months - 19 years: 1 per *plan year*;
- Well Woman annual preventive visit - one (1) routine gynecological examination per *plan year* per female *member* will be covered.

Diabetes Education

In accordance with Rhode Island General Law § 27-20-30, diabetes education is covered when *medically necessary* and prescribed by a physician. Such education may be provided

only by a physician or, upon his or her *referral* to, an appropriately licensed and certified diabetes educator. Individual and group sessions are covered.

Nutritional Counseling

Nutritional counseling is covered. It must be prescribed by a physician and performed by a registered dietitian/nutritionist. Nutritional counseling visits may be covered for individuals seeking nutritional information, or for the purpose of treating an illness.

Smoking Cessation *Programs*

In accordance with Rhode Island General Law §27-20-53, this *agreement* provides coverage for smoking cessation *programs*. Smoking cessation *programs* include, but are not limited to, the following:

- Smoking cessation counseling, such counseling must be provided by a physician or upon his or her *referral* by a qualified licensed practitioner.
- Over-the-counter or FDA approved nicotine replacement therapy and/or smoking cessation prescription drugs when *medically necessary*, prescribed by a physician, and purchased at a pharmacy. See Summary of Pharmacy *Benefits* for details on coverage.

Related Exclusions

This *agreement* does not provide coverage for:

- nicotine replacement therapy without a prescription;
- nicotine replacement therapy when bought from a *provider* other than a pharmacy; and
- nicotine replacement therapy and smoking cessation prescription drugs when bought from a mail order pharmacy.

Vaccinations/Immunizations

If any of the covered immunizations are provided as part of an office visit, only your office visit *copayment* and *deductible* (if any) will be applied. If your *doctor* administers any of the covered immunizations and vaccinations in the absence of an office visit, the immunization and vaccination is covered up to the benefit level shown in the Summary of Medical *Benefits*.

Adult Vaccinations/Immunizations

We cover adult preventive vaccinations and immunizations in accordance with current guidelines. These guidelines are subject to change. Our *allowance* includes the administration and the vaccine.

Pediatric Preventive Immunizations

Pediatric preventive immunizations for a child are covered in accordance with current guidelines. The guidelines are subject to change.

Related Exclusions

Immunizations, except those identified by the ACA as preventive, for adults and children are NOT covered when services are required for or related to employment, education, marriage, adoption, insurance purposes, or when required by similar third parties.

This *agreement* does NOT cover vaccinations and immunization provided free of *charge* by the Department of Health or any other state or federal agency.

Travel Immunizations
This *agreement* covers additional immunizations only when rendered before travel. Immunizations are only covered to the extent that such immunizations are recommended for adults and children by the Centers for Disease Control and Prevention (CDC). The recommendations are subject to change by the CDC.

Preventive Screening/Early Detection Services
Preventive screenings are covered based on the PPACA guidelines noted above. Preventive screenings include but are not limited to: mammograms, pap smears, PSA test, flexible sigmoidoscopy, colonoscopy, double contrast barium enema, and fecal occult blood tests, screening for gestational diabetes, and human papillomavirus.

Genetic Counseling for BRCA
This *agreement* provides coverage for genetic counseling and evaluation performed by a certified genetic counselor for BRCA testing for female *members* whose family history is associated with an increased risk for deleterious (harmful) mutations in BRCA1 or BRCA2 genes.

Contraceptive Methods and Sterilization Procedures for Women
This *agreement* provides coverage for the following:

- FDA approved contraceptive drugs requiring a prescription;
- FDA approved contraceptive devices requiring a prescription;
- sterilization services for women with reproductive capacity;
- barrier method (cervical cap or diaphragm) fitted and supplied during an office visit; and
- surgical services, including but not limited to tubal ligation and insertion/removal of IUD.

For prescription drugs, dispensed and administered by a licensed health care *provider* (other than a pharmacist) see Summary of Medical *Benefits* for the amount you pay. For prescription drugs purchased at a pharmacy, see the Summary of Pharmacy *Benefits* for the amount you pay.

Vasectomy (sterilization procedure for men) is covered as a surgical procedure. See Section 3.35 - Surgery Services and the Summary of Medical *Benefits* for details about how we cover surgical services.

Related Exclusions
This *agreement* does not cover contraceptive drugs, devices, and methods that do not require a prescription (OTC drugs, devices, and methods).

Breastfeeding Counseling and Equipment
This *agreement* provides coverage for lactation (breastfeeding) support and counseling by a trained lactation counselor during pregnancy and/or in the postpartum period. Breastfeeding counseling is included in our *allowance* for an *outpatient* clinic visit or an office visit.

This *agreement* provides coverage for manual (operated by hand), electric or battery operated breast pumps for a female *member* in conjunction with each birth. See the Summary of Medical *Benefits* for the amount you pay.

Related Exclusions

This *agreement* does not cover supplies and/or batteries associated with electric or battery operated breast pumps.

3.30 Private Duty Nursing Services

In Your Home

We cover private duty nursing services received in your home when *medically necessary*, ordered by a physician, and performed by a certified home health care agency. Private duty nursing services are covered when the patient requires continuous skilled nursing observation and intervention.

Related Exclusions

This *agreement* does NOT cover:

- services of a nurse's aide;
- services of a private duty nurse when the primary duties are limited to bathing, feeding, exercising, homemaking, giving oral medications or acting as companion or sitter;
- services of a private duty nurse who is a *member* of your household or the cost of any care provided by one of your relatives (by blood, marriage or adoption);
- maintenance care when the condition has stabilized (including routine ostomy care or tube feeding administration) or if the anticipated need is indefinite;
- care for a person without an available caregiver in the home (twenty-four (24) hour private duty nursing is not covered);
- respite care (e.g., care during a caregiver vacation) or private duty nursing so that the caregiver may attend work or school;
- services of a private duty nurse after the caregiver or patient have demonstrated the ability to carry out the plan of care;
- services of a private duty nurse provided outside the home (e.g., school, nursing facility or assisted living facility);
- services of a private duty nurse that are duplication or overlap of services (e.g., when a person is receiving hospice care services or for the same hours of a skilled nursing home care visit.); or
- services of a private duty nurse that are for observation only.

3.31 Radiation Therapy/Chemotherapy Services

Medically necessary high dose chemotherapy and radiation services related to autologous bone marrow transplantation is limited. See definition of *Experimental/Investigational* - Section 3.13.

Inpatient

Radiation therapy and chemotherapy services are covered as a *hospital service*. See Section 8.0. - definition of *hospital services*.

Outpatient/In a *Doctor's* Office

- **Radiation Therapy**

  We cover *hospital* and *doctor* services for *outpatient* radiation therapy. Radiation physics, dosimetry services, treatment devices, and *hospital services* are included in radiation treatment planning and therapy and are covered as part of our *allowance* for radiation therapy.

- **Chemotherapy Services**

This *agreement* covers the *doctor's* administration fee and associated *hospital* supplies.

In Your Home

- **Radiation Therapy**
  This *agreement* does NOT cover radiation treatment services received in your home.

- **Chemotherapy Services**
  This *agreement* covers the *doctor's* administration fee.

3.32 Respiratory Therapy

Inpatient

We cover *inpatient* respiratory therapy services as a *hospital service*. See Section 8.0. - definition of *hospital services*.

Outpatient/In a *Doctor's* Office

We cover *outpatient* respiratory therapy or respiratory therapy received in a *doctor's* office when your *doctor* orders the therapy under the following conditions:

- as part of a therapeutic *program* for up to fourteen (14) days before admitting you to the *hospital*; or
- up to six (6) weeks after you have been discharged from the *hospital*.

In Your Home

We cover durable medical equipment and oxygen at the same *benefit limit* as stated in the Summary of Medical *Benefits* for medical equipment and medical supplies. See Section 3.9 - Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, and Prosthetic Devices for details.

Related Exclusions

This *agreement* does NOT cover respiratory therapy services when received in your home, unless received through a home care *program* or hospice care *program*. See Section 3.16 - Home Health Care and Section 3.17 - Hospice Care.

3.33 Skilled Care in a Nursing Facility

Care in a skilled nursing facility is covered if:

- your condition needs skilled nursing services, skilled rehabilitation services or skilled nursing observation;
- the services are required on a daily basis; and
- this care can be provided ONLY in a skilled nursing facility.

Related Exclusions

This *agreement* does NOT cover custodial care, respite care, day care, or care in a facility that is not approved by us. See Section 4.6 - Facilities We Have Not Approved.

3.34 Speech Therapy

Speech therapy is the treatment of communication impairment and swallowing disorders. Speech therapy services aid in the development of human communication and swallowing through assessment, diagnosis, and rehabilitation.

Speech therapy services provided for *habilitative* or *rehabilitative* purposes are covered at the same benefit level.

Inpatient
This *agreement* covers *inpatient hospital* and skilled nursing facility speech therapy as a *hospital service*. See Section 8.0 definition of *hospital services*.

Outpatient/In a *Doctor's*/Therapist's Office
This *agreement* will cover speech therapy services when received from a registered therapist as part of a formal treatment plan for:

- speech or communication function loss;
- impairment as a result of an acute illness or injury;
- an acute exacerbation of chronic disease;
- the development of a new speech or communication skill; and
- such improvement will not diminish with the removal of the therapeutic agent or environment.

Speech therapy services must relate to:

- performing basic functional communication; or
- assessing or treating swallowing dysfunction.

Some services rendered by a speech therapist are classified as diagnostic tests. See Section 3.37 – Tests, Imaging, and Labs and the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay.

In Your Home
This *agreement* does NOT cover speech therapy services received in your home, unless it is part of a home care *program*.

Related Exclusions
This *agreement* does NOT cover these services if another entity or agency, which provides services for the health of school children or children with disabilities, is responsible for such services under state or federal laws. (See generally, Title 16, Chapters 21, 24, 25 and 26 of the Rhode Island General Laws. See also applicable regulations about health of school children and the special education of children with disabilities or similar rules set forth by federal law.)

This *agreement* does not cover:

- *maintenance services* unless it is a *habilitative service* that helps a person keep, learn or improve skills and functioning for daily living;
- educational classes and services for impairments that are self-correcting;
- services related to food aversion or texture disorders; or
- services for stuttering or stammering not related to stroke, head trauma or brain injury.

3.35 Surgery Services

General Surgery
If you have an operation to treat a disease or injury, we cover it as long as the following conditions apply:

- the operation is not *experimental/investigational* or cosmetic in nature;
- the operation is being performed at the appropriate place of service; and
- the *doctor* is licensed to perform the surgery.

Multiple Surgeries
When a *doctor* performs more than one procedure in a day, there are rules that may reduce our *allowance* for the additional procedure. Our *allowance* may also include post-operative care and other procedures provided within specified time periods.

If More Than One Surgeon Operates
In addition to the type and purpose of surgery, our *allowance* differs depending on the number of surgeons involved, including assistant surgeons.

If two (2) surgeons perform separate operations during a single surgical session, each surgeon may submit a *claim* reporting the procedure performed and the circumstances involved. These *claims* will then be evaluated for payment on an individual basis.

Related Exclusions
This *agreement* does NOT cover the standby services of an assistant surgeon.

Mastectomy Services
This *agreement* provides coverage for a minimum of forty-eight (48) hours in a *hospital* following a mastectomy and a minimum of twenty-four (24) hours in a *hospital* following an axillary node dissection. Any decision to shorten these minimum coverages shall be made by the attending physician in consultation with and upon agreement with you. If you participate in an early discharge, defined as *inpatient* care following a mastectomy that is less than forty-eight (48) hours and *inpatient* care following an axillary node dissection that is less than twenty-four (24) hours, coverage shall include a minimum of one (1) home visit conducted by a physician or registered nurse.

This *agreement* provides *benefits* for mastectomy surgery and mastectomy-related services in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Law 27-20-29 et seq. For the *member* receiving mastectomy-related *benefits*, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:
- all stages of reconstruction of the breast on which the mastectomy was performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance;
- prostheses; and
- treatment of physical complications at all stages of the mastectomy, including lymphedema.

Surgery to Treat Functional Deformity or Impairment
Reconstructive surgery and procedures are covered under this *agreement* when performed to correct:
- a functional deformity due to a previous therapeutic process; or
- a documented functional impairment caused by trauma, congenital anomaly or disease.

Functional indications for surgical correction do not include psychological, psychiatric or emotional reasons.

We cover some surgical procedures to treat functional impairments. We cover those procedures listed below to treat functional impairments when *medically necessary*:
- Abdominal wall surgery including Panniculectomy (other than an abdominoplasty);
- Blepharoplasty and Ptosis Repair;
- Gastric Bypass or Gastric Banding;

- Nasal Reconstruction and Septorhinoplasty;
- Orthognathic surgery including Mandibular and Maxillary Osteotomy;
- Reduction Mammoplasty;
- Removal of Breast Implants;
- Removal or Treatment of Proliferative Vascular Lesions and Hemangiomas; or
- Treatment of Varicose Veins.

We may need to review the following medical documentation to be able to make a decision about coverage for the above listed procedures:

- history and physical;
- preoperative diagnostic studies;
- previously tried conservative medical therapy and photographs; or
- other medical records.

In addition, we cover mastectomy-related services in accordance with the Women's Health and Cancer Rights Act of 1998 and Rhode Island General Law 27-20-29 et seq.

Related Exclusions

This *agreement* does NOT cover the above listed procedures when not *medically necessary*.

This *agreement* does NOT cover orthodontic services related to orthognathic surgery.

This *agreement* does NOT cover cosmetic procedures. Cosmetic procedures are performed primarily:

- to refine or reshape body structures that are not functionally impaired;
- to improve appearance or self-esteem; or
- for other psychological, psychiatric or emotional reasons.

Drugs, biological products, *hospital charges*, pathology, radiology fees and *charges* for surgeons, assistant surgeons, attending physicians and any other incidental services, which are related to cosmetic surgery, are NOT covered. *Medically necessary* surgery performed at the same time as a cosmetic procedure is also NOT covered.

The following procedures are NOT covered under this *agreement*:

- Abdominoplasty;
- Brow ptosis surgery;
- Cervicoplasty;
- Chemical exfoliations, peels, abrasions (or dermabrasions or planing for acne, scarring, wrinkling, sun damage or other benign conditions);
- Correction of variations in normal anatomy including augmentation mammoplasty, mastopexy, and correction of congenital breast asymmetry;
- Dermabrasion;
- Ear Piercing or repair of a torn earlobe;
- Excision of Excess Skin or Subcutaneous Tissue (except Panniculectomy as listed above);
- Genioplasty;
- Gynecomastia surgery, including but not limited to mastectomy and reduction mammoplasty (unless related to gender identity, expression or dysphoria);

- Hair Transplants;
- Hair Removal (including electrolysis epilation);
- Inverted nipple surgery;
- Laser treatment for acne and acne scars;
- Osteoplasty - Facial Bone Reduction;
- Otoplasty;
- Procedures to correct visual acuity including, but not limited to, cornea surgery or lens implants;
- Removal of Asymptomatic Benign Skin Lesions;
- Repeated cauterizations or electrofulguration methods used to remove growths on the skin;
- Rhinoplasty;
- Rhytidectomy;
- Scar Revision, regardless of symptoms;
- Sclerotherapy for Spider Veins;
- Skin tag removal;
- Subcutaneous Injection of Filling Material;
- Suction assisted Lipectomy;
- Tattooing or Tattoo Removal (except tattooing of the nipple/areola related to a mastectomy);
- Testicular prosthesis surgery; and
- Treatment of vitiligo.

Anesthesia Services

We cover *medically necessary* anesthesia services received from an anesthesiologist when the services are for a covered procedure. Our *allowance* for the anesthesia service includes the following:

- anesthesia care during the procedure;
- time an anesthesiologist routinely spends with a patient in the recovery room;
- time spent preparing the patient for surgery; and
- pre-operative consultations.

Our *allowance* for the surgical procedure includes local anesthesia.

Other than the pre-operative office visit, this *agreement* covers office visits or office consultations to anesthesiologists as an office visit. See Section 3.24 - Office Visits.

Related Exclusions

This *agreement* does NOT cover:

- local anesthesia provided by an anesthesiologist or anesthesia administered by a surgeon, assistant surgeon, or obstetrician;
- services of a standby anesthesiologist; and
- patient controlled analgesia, also known as pain management.

3.36 Telemedicine Services

Telemedicine is a service covered under this *agreement* when the service is provided via remote access to a *provider* through an on-line service or other interactive audio and video telecommunications system.

For information about our designated telemedicine *providers* and additional details, including whether your *provider* offers telemedicine services covered under this *agreement*, contact our Customer Service Department or visit our website. See the Summary of Medical *Benefits* for the amount you pay.

3.37 Tests, Imaging and Labs (Includes Machine tests and X-rays) (Diagnostic)

***Inpatient*/Outpatient/In a *Doctor's* Office**

If a *doctor* orders the following tests to diagnose or treat a condition resulting from illness or injury, we cover the following services:

- Laboratory tests including blood tests, urinalysis, pap smears, and throat cultures. Some lab tests are not covered. See the Related Exclusions in this section;
- Machine tests including Electrocardiograms (EKGs), Electroencephalograms (EEGs), and nerve conduction tests;
- Imaging including plain film radiographs (x-rays);
- Ultrasonography (ultrasounds);
- Mammograms;
- Magnetic Resonance Imaging (MRI);
- Magnetic Resonance Angiography (MRA);
- Computerized Axial Tomography (CAT or CT scans);
- Nuclear scans;
- Positron Emission Tomography (PET scan);
- Psychological and Neuropsychological Testing; and
- Facility based Sleep Studies.

This *agreement* provides coverage for MRIs in accordance with Rhode Island General Law §27-20-41. MRI examinations conducted outside of the State of Rhode Island must be performed in accordance with applicable laws of the state in which the examination has been conducted.

For the purpose of coverage under this *agreement*, *preauthorization* is recommended for the following services:

- MRI;
- MRA;
- CAT scans;
- CTA scans;
- PET scans;
- Nuclear Cardiac Imaging; and
- Facility based Sleep Studies.

Our *allowance* includes one reading or interpretation of a diagnostic imaging, lab, or machine test.

We may conduct *utilization review* on any test to determine if the service is *medically necessary*.

If a diagnostic imaging, lab or machine test service is rendered and a surgical procedure is performed at the same time, the amount that you pay for each service is based on the type of service being rendered. For surgical services (including but not limited to biopsies, lesion removals, or endoscopies) see Section 3.35 Surgery Services. For diagnostic imaging, labs, or machine tests see Section 3.37 - Tests, Imaging, and Labs.

For *Preventive Care Services* and Early Detection Services, see Section 3.29.

Related Exclusions

This *agreement* does NOT cover the following:

- re-reading of diagnostic tests by a second *doctor*;
- dental x-rays (except when ordered by a *doctor*/*dentist* to diagnose a condition due to an accident to your *sound natural teeth* or when the x-ray is covered as a pediatric dental benefit. See Section 3.12 - *Emergency* Room Services or Section 3.6 – Dental Services for details);
- bone marrow blood supply MRI;
- audiometric hearing or speech services if another entity or agency is responsible for such services under state or federal laws, which provide service for the health of school children or children with disabilities. (See generally, Title 16, Chapters 21, 24, 25, and 26 of the Rhode Island General Laws. See also regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law or state law of applicable jurisdiction.);
- over the counter diagnostic devices or kits even if prescribed by a physician, except for those devices or kits related to the treatment of diabetes; or
- nicotine lab tests.

Lyme Disease Diagnosis and Treatment

In accordance with Rhode Island General Law § 27-20-48, coverage is provided for diagnostic testing and long-term antibiotic treatment of chronic lyme disease when determined *medically necessary*. To qualify for payment, services must be ordered by your *doctor* after evaluation of your symptoms, diagnostic test results, and response to treatment. Benefit payment for lyme disease treatment will not be denied solely because such treatment may be characterized as unproven, experimental, or investigational.

For coverage of specific services, 3.23 - Office Visits, 3.19 - Infusion Therapy, and for prescription drugs, 3.27 and the Summary Pharmacy *Benefits*.

3.38 Urgent Care

We cover *medically necessary* visits to an *urgent care center*.

Please note: Retail based clinics located in retail stores, supermarkets and pharmacies are not considered *urgent care centers*. See Section 3.24 – Office Visits and Summary of Medical *Benefits* – Office Visits.

When services, other than the physician/practitioner exam, are rendered in an *urgent care center*, the amount that you pay for non-exam services is based on the type of service being rendered (such as surgery, durable medical equipment, or machine tests). For surgery services (including, but not limited to sutures/stiches, fracture care, and other surgical procedures), see Section 3.35 - Surgery Services. For diagnostic imaging, lab and machine tests see Section 3.37. For durable medical equipment and supplies, see Section 3.9 Durable Medical Equipment, Medical Supplies, Enteral Formula or Food, & Prosthetic Devices. See the Summary of Medical *Benefits* for *benefit limits* and the amount that you pay for each type of service.

Follow-up care (such as suture removal or wound care) should be obtained from your *primary care physician* or specialist.

3.39 Vision Care Services

Eye Examinations

We cover one (1) routine eye exam per *plan year* for all *members* regardless of age if an optometrist or ophthalmologist performs the examination. We cover *medically necessary* eye examinations.

Pediatric Vision Hardware (for enrolled *members* under the age of nineteen (19))

Definitions

The following definitions apply to **Pediatric Vision Hardware:**

> ***NETWORK VISION HARDWARE PROVIDER*** is a *provider* that has entered into an agreement with EyeMed. For a list of EyeMed *network vision hardware providers*, visit our website at BCBSRI.com or contact our Customer Service Department at (401) 459-5000 or 1-800-639-2227.
>
> ***NON-NETWORK VISION HARDWARE PROVIDER*** is a *provider* that has not entered into an agreement with EyeMed.

This *agreement* covers collection prescription glasses (lenses and/or frames) as shown below. See the Summary of Medical *Benefits* for the amount you pay.

Frames - one pair of collection prescription frames per *plan year*. Non-collection prescription frames are NOT covered.

Lenses - one pair of glass or plastic lenses per *plan year*. This includes single vision, bifocal, trifocal, lenticular, and standard progressive lens. The following lens treatments are covered:

- UV treatment;
- Tint (fashion, gradient, and glass-grey)
- Standard plastic scratch coating;
- Standard polycarbonate; and
- Photocromatic/transitions plastic.

This *agreement* covers collection contact lenses as shown below. See the Summary of Medical *Benefits* for the amount you pay.

One supply of collection contact lenses are covered in lieu of prescription glasses and includes evaluation, fitting or follow-up care relating to contact lenses. Non-collection contact lenses are NOT covered.

The following types of contact lenses are covered:

- extended wear disposables are covered up to the *benefit limit* of a six (6) month supply of monthly or two (2) week disposables in a *plan year*;
- daily wear disposable lenses are covered up to the *benefit limit* of a three (3) month supply of daily disposable lenses in a *plan year*; or
- conventional contact lens limited to one per *plan year*.

Preauthorization is recommended for additional contact lenses due to one of the following conditions:

- Anisometropia of 3D in meridian powers
- High Ametropia exceeding –10D or +10D in meridian powers
- Keratoconus when the *member's* vision is not correctable to 20/25 in either or both eyes using standard spectacle lenses
- Vision improvement for *members* whose vision can be corrected two lines of improvement on the visual acuity chart when compared to the best corrected standard spectacle lenses.

To obtain *preauthorization*, the prescribing *provider* must submit a completed *preauthorization* request form.

The prescribing *provider* may obtain a *preauthorization* form by visiting our Web site at BCBSRI.com or calling the Physician and *Provider* Service Center. *Preauthorization* requests may be submitted in one of the following ways:

- by phone: contact EyeMed at **1-866-723-0513**; or
- by mail: send the completed form to:

  Blue Cross Vision
  c/o EyeMed Vision Care
  Attn: OON *Claims*
  P.O. Box 8504
  Mason, OH 45040-7111

Contact lenses for which *preauthorization* is recommended will only be approved when clinical guidelines are met. The guidelines are based upon clinically appropriate criteria that ensure that the contact lens is appropriate and cost-effective for the illness, injury or condition for which it has been prescribed.

Related Exclusion

This *agreement* does not cover:

- vision hardware for a *member* aged nineteen (19) and older;
- vision hardware purchased from a *non-network provider*; and
- non-collection vision hardware.

Vision care services covered under other *plans* are not considered an *allowable expense* for purposes of coordination of *benefits*. See Section 6.0 - How We Coordinate Your *Benefits* When You Are Covered By More Than One *Plan* for further information.

4.0 HEALTH CARE SERVICES NOT COVERED UNDER THIS *AGREEMENT*

This *agreement* does not cover health care services which:

- have not been assigned a CPT or other code;
- have not been finally approved by the FDA or other governing body;
- we have not reviewed; or
- we have not determined are eligible for coverage.

This *agreement* does not provide coverage for all health care services which:

- have been assigned a CPT code;
- have been finally approved by the FDA or other governing body; or
- we have reviewed.

This *agreement* only covers services listed under Section 3.0 - *Covered Health Care Services*. If a service or category of service is not listed as covered, it is not covered under this *agreement*. This *agreement* does NOT cover services that may otherwise be considered covered when provided with a non-covered course of service or as part of a non-covered regimen of care.

This section lists many of the services or categories of services that are non-covered (excluded). In addition to this section, see Section 3.0 - *Covered Health Care Services* and the Related Exclusions. See Section 1.0 and Section 3.0 for more information about how we identify *new services*, review the *new services*, and make coverage determinations.

4.1 Services Not *Medically Necessary*

This *agreement* does NOT cover *hospital* care (admission tests, services, supplies, or continued care), medical care, behavioral health services, rehabilitation, or any other treatment, procedure, facility, equipment, drug, device, supply or service which is NOT *medically necessary*.

We will use any reasonable means to make a determination about the *medical necessity* of this care. We may look at medical records, reports and *utilization review* committee statements. We review *medical necessity* in accordance with our medical policies and related guidelines. You have the right to appeal our determination or to take legal action as described in Section 7.0.

We may deny payments if a *doctor* or *hospital* does not supply medical records needed to determine *medical necessity*. We may also deny or reduce payment if the records sent to us do not provide adequate justification for performing the service.

This *agreement* does NOT cover routine screenings or tests performed by a *hospital*, which are not *medically necessary* for the diagnosis or treatment of your condition. This *agreement* does NOT cover routine screenings or tests, which are not specifically ordered by the *doctor* who admits you.

4.2 Government Covered Services

This *agreement* does NOT cover dental and medical expenses for any condition, illness, or disease which should be covered by the United States government or any of its agencies, Medicare, any state or municipal government or any of its agencies (except *emergency* care when there is a legal responsibility to provide it). This *agreement* does NOT cover services for military-related conditions. This *agreement* does not cover services or supplies required as a

result of war, declared or undeclared, or any military action, which takes place after your coverage, becomes effective.

4.3 Other States Mandated Laws

Any *charges* for services and supplies which are required under the laws of a state other than the Rhode Island law and which are not provided under this *agreement* are NOT covered.

4.4 Behavioral Training Assessment

Except for applied behavioral analysis, this *agreement* does not cover behavioral training assessment, education or exercises .

4.5 College/School Health Facilities Services

This *agreement* does NOT cover dental and health care services received in a facility mainly meant to care for students, faculty, or employees of a college or other institution of learning.

4.6 Facilities We Have Not Approved

This *agreement* does NOT cover custodial care, rest care, day care, or non-skilled care in any facility. This *agreement* does NOT cover care in convalescent homes, nursing homes, homes for the aged, halfway houses, or other residential facilities. This *agreement* does NOT cover *hospital services*, which are not performed in a *hospital*. See Section 8.0 - Glossary.

4.7 Excluded Providers

This *agreement* does NOT cover dental and health care services performed by a *provider* who has been excluded or debarred from participation in Federal programs, such as Medicare and Medicaid. To determine whether a *provider* has been excluded from a Federal program, visit the U.S. Department of Human Services Office of Inspector General web site (https://exclusions.oig.hhs.gov/) or the Excluded Parties List System Web site maintained by the U.S. General Services Administration (https://www.sam.gov/).

4.8 People/Facilities Who Are Not Legally Qualified or Licensed

This *agreement* does NOT cover dental and health care services performed in a facility or by a *dentist*, physician, surgeon, or other person who is not legally qualified or licensed, according to relevant sections of Rhode Island Law or other governing bodies, or who does not meet our credentialing requirements.

4.9 Naturopaths and Homeopaths

This *agreement* does NOT cover health care services ordered or performed by naturopaths and homeopaths.

4.10 If You Leave the *Hospital* or If You Are Discharged Late

If you leave the *hospital* for a day or portion of a day, this *agreement* does NOT cover any *hospital services* for that day (unless you leave to receive treatment somewhere else or through a BCBSRI approved *program*). This *agreement* does NOT cover any *hospital charges* you accumulate when you are discharged from the *hospital* later than the usual discharge time.

4.11 *Benefits* Available from Other Sources

This *agreement* does NOT cover the cost of covered dental and health care services provided to you when there is no *charge* to you or there would have been no *charge* to you absent this *agreement*. This *agreement* does NOT cover dental and health care services when you can recover all or a portion of the cost of such services through a federal, state, county, or

municipal law or through legal action. This is true even if you choose not to assert your rights under these laws or if you fail to assert your rights under these laws.

This *agreement* does NOT cover health care services if another entity or agency is responsible for such services under state or federal laws, which provide service for the health of school children or children with disabilities. (See generally, Title 16, Chapters 21, 24, 25, and 26 of the Rhode Island General Laws. See also applicable regulations about the health of school children and the special education of children with disabilities or similar rules set forth by federal law or state law of applicable jurisdiction.)

4.12 Blood Services

This *agreement* does NOT cover penalty fees related to blood services. This *agreement* does NOT cover any services for drawing, processing, or storage of your own blood.

4.13 *Charges* for Administrative Services

This *agreement* does NOT cover:

- *charges* for missed appointments;
- *charges* for completion of *claim* forms;
- other administrative *charges*; or
- additional fees, sometimes referred to as access fees, associated with concierge, boutique, or retainer practices.

4.14 Christian Scientist Practitioners

This *agreement* does NOT cover the services of Christian Scientist Practitioners.

4.15 Clerical Errors

If a clerical error or other mistake occurs, that error shall not deprive you of coverage under this *agreement*. A clerical error also does not create a right to *benefits*.

4.16 Consultations - Telephone

Except for telemedicine services as described in Section 3.36, this *agreement* does NOT cover:

- telephone consultations;
- telephone services; or
- medication monitoring services by phone.

This includes, but is not limited to, services provided by a behavioral health (mental health and *substance use disorder* dependency) *provider* covered under this *agreement*.

4.17 Deductibles and Copayments

This *agreement* does NOT cover *deductibles* (if any) or *copayments*, (if any).

4.18 Dental Services

Except for those dental services listed as covered, (see Section 3.6), this *agreement* does NOT cover:

- general dental services such as extractions (including full mouth extractions), prostheses, braces, operative restorations, fillings, medical or surgical treatment of dental caries, gingivitis, gingivectomy, impactions, periodontal surgery, non-surgical treatment of temporomandibular joint dysfunctions, including appliances or restorations necessary to increase vertical dimensions or to restore the occlusion;

- panorex x-rays or dental x-rays (except when ordered by a *doctor* or *dentist* to diagnose a condition due to an accident to your *sound natural teeth*. See Section 3.12 - *Emergency* Room Services for details);
- orthodontic services, even if related to a covered surgery, unless specifically noted in the Summary of Medical *Benefits*;
- dental appliances or devices; and
- *hospital services*, *freestanding ambulatory surgi-center* services, and anesthesia services provided in connection with a dental service when the use of the *hospital* or *freestanding ambulatory surgi-center* or the setting in which the services are received is not *medically necessary*.

This *agreement* does NOT cover any preparation of the mouth for dentures and dental or oral surgeries such as, but not limited to:

- apicoectomy, per tooth, first root;
- alveolectomy including curettage of osteitis or sequestrectomy;
- alveoloplasty, each quadrant;
- complete surgical removal of inaccessible impacted mandibular tooth mesial surface;
- excision of feberous tuberosities;
- excision of hyperplastic alveolar mucosa, each quadrant;
- operculectomy excision periocoronal tissues;
- removal of partially bony impacted tooth;
- removal of completely bony impacted tooth, with or without unusual surgical complications;
- surgical removal of partial bony impaction;
- surgical removal of impacted maxillary tooth;
- surgical removal of residual tooth roots; or
- vestibuloplasty with skin/mucosal graft and lowering the floor of the mouth.

4.19 Employment–Related Injuries

This *agreement* does NOT cover dental and health care services when performed to treat work-related illnesses, conditions, or injuries whether or not you are covered by Workers' Compensation law, unless:

- you are self-employed, a sole stockholder of a corporation, or a member of a partnership;
- such work-related illnesses, conditions, or injuries were incurred in the course of your self-employment, sole stockholder, or partnership activities; and
- you are not enrolled as an employee under a group health *plan* sponsored by an employer other than the business or partnership described above.

4.20 Eye Exercises

Eye exercises and visual training services are NOT covered.

4.21 Eyeglasses and Contact Lenses

Eyeglasses (lenses and/or frames) and contact lenses are NOT covered for *members* aged nineteen and older.

4.22 Food and Food Products

This *agreement* does NOT cover nutritional supplements and food or food products, whether or not prescribed, unless required by Rhode Island General Law §27-20-56 (Enteral Nutrition Products), or delivered through a feeding tube as the sole source of nutrition.

4.23 Freezing and Storage of Blood, Sperm, Gametes, Embryo and Other Specimens

This *agreement* does NOT cover freezing and storage of blood, gametes, sperm, embryos, or other tissues for future use. This *agreement* does NOT cover any services for drawing, processing, or storage of your own blood.

4.24 Gene Therapy and Parentage Testing

This *agreement* does NOT cover;

- gene therapy;
- parentage testing; or
- next generation sequencing (NGS).

4.25 Illegal Drugs

Drugs, which are dispensed in violation of state or federal law, are NOT covered.

4.26 Infant Formula

This *agreement* does NOT cover infant formula whether or not prescribed unless required by Rhode Island General Law §27-20-56 (Enteral Nutrition Products) or delivered through a feeding tube as the sole source of nutrition.

4.27 Marital Counseling

This *agreement* does NOT cover marital counseling or training services.

4.28 Personal Appearance and/or Service Items

Services and supplies for your personal appearance and comfort, whether or not prescribed by a *doctor* and regardless of your condition, are NOT covered. These services and supplies include, but are not limited to:

- radio;
- telephone;
- television;
- air conditioner;
- humidifier;
- air purifier; or
- beauty and barber services.

Travel expenses, whether or not prescribed by a *doctor*, are NOT covered. This *agreement* does NOT cover items whose typical function is not medical. These items include, but are not limited to, recliner lifts, air conditioners, humidifiers, or dehumidifiers.

This *agreement* does NOT cover items that do not meet the durable medical equipment, medical supplies, and prosthetic devices minimum specifications. These items include, but are not limited to:

- standers;
- raised toilet seats;
- toilet seat systems;
- cribs;
- ramps;
- positioning wedges;
- wall or ceiling mounted lift systems;
- water circulating cold pads (cryo-cuffs);
- car seats (including any vest system) or car beds;

- bath or shower chair systems;
- trampolines;
- tricycles;
- therapy balls; or
- net swings with a positioning seat.

4.29 Psychoanalysis for Educational Purposes

Psychoanalysis services are NOT covered, regardless of symptoms you may have. Psychotherapy services you receive which are credited towards a degree or to further your education or training, regardless of symptoms that you may have, are NOT covered.

4.30 Research Studies

This *agreement* does NOT cover research studies.

4.31 Reversal of Voluntary Sterilization

This *agreement* does NOT cover the reversal of voluntary sterilization or infertility treatment for a person that previously had a voluntary sterilization procedure.

4.32 Services Provided By Relatives or Members of Your Household

This *agreement* does NOT cover *charges* for any services provided by a person who is a member of your household or the cost of any care provided by one of your relatives (by blood, marriage, or adoption).

4.33 Sexual Dysfunctions

Health care services related to sexual dysfunctions, except services approved by us and necessary for the treatment of a condition arising out of organic dysfunctions, are NOT covered. (i.e. Therapeutic services will be covered when the cause of the dysfunction is physiological, not psychological.) This *agreement* does NOT cover sildenafil citrate (e.g., Viagra) or any therapeutic equivalents.

4.34 Supervision of Maintenance Therapy

This *agreement* does NOT cover the supervision of maintenance therapy for chronic disease, which is not aggravated by surgery and would not ordinarily need hospitalization unless it is a *habilitative service* that helps a person keep, learn or improve skills and functioning for daily living.

4.35 Surrogate Parenting

This *agreement* does NOT cover any services related to surrogate parenting. This *agreement* does NOT cover the newborn child of a surrogate parent.

4.36 Therapies, Acupuncture and Acupuncturist Services, and Biofeedback

This *agreement* does NOT cover:

- recreational therapy;
- aqua therapy unless provided by a physical therapist;
- maintenance therapy;
- aromatherapy;
- massage therapy rendered by a massage therapist; and
- therapies, procedures, and services for the purpose of relieving stress are NOT covered.

This *agreement* does NOT cover acupuncture and acupuncturist services, including X-ray and laboratory services ordered by an acupuncturist, unless otherwise specified in this *agreement*.

This *agreement* does NOT cover:
- pelvic floor electrical stimulation;
- pelvic floor magnetic stimulation;
- pelvic floor exercise;
- biofeedback training;
- biofeedback by any modality for any condition; and
- any other exercise therapy.

4.37 Weight Loss and Personalized Health Assessment *Programs*

This *agreement* does NOT cover drugs, or *programs* designed for the purpose of weight loss including but not limited to, commercial diet plans, weight loss *programs*, and any services in connection with such plans or *programs*. The only exception is preventive obesity screening services required by PPACA and nutritional counseling. See Section 3.0 - *Covered Health Care Services* - *Preventive Care Services* and Early Detection Services.

This *agreement* does not cover health assessment *programs* designed to provide personalized treatment plans. These treatment plans can include but are not limited to:
- cardiovascular assessments;
- diet;
- exercise; or
- lifestyle guidance.

5.0 HOW YOUR *COVERED HEALTH CARE SERVICES* ARE PAID

Network providers accept our *allowance* for a *covered health care service* as payment in full, less any *copayment* or *deductible* (if any).

Payments made to *network providers* are based on our *allowance*. *Provider* payment information is explained in Section 5.1 and 5.2 below.

Our payments to you or the *provider* fulfill our responsibility under this *agreement*. Your *benefits* are personal to you and cannot be assigned, in whole or in part, to another person or organization.

Network providers file *claims* for you and must do so within one hundred and eighty (180) days of providing a *covered health care service* to you.

Non-network providers may or may not file *claims* for you. If the *non-network provider* does not file the *claim* on your behalf, you will need to file the *claim* yourself. To file a *claim*, please send us an itemized bill including the following:

- patient's name;
- your *member* identification number;
- the name, address, and telephone number of the *provider* who performed the service;
- date and description of the service; and
- *charge* for that service.

You must file all *claims* within one calendar year of the date you receive a *covered health care service*. *Member* submitted *claims* that arrive after this deadline are invalid unless:

- it was not reasonably possible for you to file your *claim* prior to the filing deadline; and
- you file your *claim* as soon as possible but no later than ninety (90) calendar days after the filing deadline elapses (unless you are legally incapable).

Please mail medical *claims* to:

Blue Cross & Blue Shield of Rhode Island
Attention: *Claims* Department
500 Exchange Street
Providence, RI 02903

Please mail dental *claims* to:

Blue Cross & Blue Shield of Rhode Island
Dental *Claims* Administer
P.O. Box 69427
Harrisburg, PA 17106-9427

5.1 How *Network Providers* Are Paid

We pay *network providers* directly for *covered health care services*. You are responsible for *copayments*, *deductibles*, and the difference between the *maximum benefit* and our *allowance*, if any, which may apply to a *covered health care service*. The *copayments* and *deductibles* you are responsible for are determined at the date of service and will not be retroactively adjusted for payments we make to *providers* under *provider incentive*, risk-sharing, *care coordination*, value-based or similar programs. *Network providers* agree not to bill, *charge*, collect a deposit from, or in any way seek *reimbursement* from you for a *covered health care service*, except for

the *copayments*, *deductibles*, and the difference between the *maximum benefit* and our *allowance*, if any, which may apply to a *covered health care service*.

It is your obligation to pay a *network provider* your *copayment*, *deductible* (if any), and the difference between the *maximum benefit* and our *allowance* for *covered health care services*. If you do not pay the *network provider*, the *provider* may decline to provide current or future services to you. The *provider* may pursue payment from you. See Section 1.13 – Your Responsibility to Pay Your *Providers* for more information.

Not all of the individual *providers* at a *network* facility will be *network providers*. It is your responsibility to make sure that each *provider* from whom you receive care is a *network provider*. However, if you receive certain types of services at a *network* facility, and there are *covered health care services* provided with those services by a *non-network provider*, outside of your control, we will reimburse you for those *covered health care services* based upon our *allowance* at the *network provider* level of *benefits* when the services have been rendered:

- during an *inpatient* admission at a *network* facility under the supervision of a *network* physician;
- while receiving *outpatient* services performed at a *network* facility under the supervision of a *network* physician; and
- while receiving *emergency* room services at a *network* facility.

Out-of-Network authorization requests to seek *covered health care services* from a *non-network provider* are only approved when a *covered health care service* cannot be provided by a *network provider*. When this happens, please call our Customer Service Department to discuss the options and they will assist you with the process of obtaining a network authorization. Services rendered with an approved network authorization will be paid based on *network provider benefit* level, as shown in the Summary of Benefits table. You will be responsible to pay the difference between the *maximum benefit* and our *allowance*, and any applicable *copayments* and *deductibles* (if any). If we approve a network authorization for you to receive services from a *non-network provider*, we reimburse you or the *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles* (if any), which may apply to a *covered health care service*.

5.2 How *Non-network Providers* Are Paid

Services received from an *non-network provider* are not covered, except in the following limited circumstances:

- *Emergency* care (*Emergency* Room Services, Ambulance Services, and free-standing *Emergency* Medical Centers);
- We specifically approve the use of an *non-network provider* for *covered health care services* (see *Network Authorization* – defined in section 8.0);
- *Covered health care services* are rendered by an *non-network provider* at a *network* facility outside of your control, as described in Section 5.1 or;
- Otherwise, as required to by law.

See Sections 5.2.1 and 5.2.2 Summary of Medical *Benefits* for details.

5.2.1 Coverage for Services Provided by a Rhode Island *Non-network Provider*

Services received from an *non-network provider* are not covered, except for the limited circumstances listed in this Section 5.2.

If you receive care from an *non-network provider*, you are responsible for paying all *charges* from the *non-network provider*.

In the limited circumstances described above, we reimburse you or the *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles*, which may apply to a *covered health care service*. We reimburse *non-network provider* services using the same guidelines we use to pay *network providers*. If an *allowance* for a specific *covered health care service* cannot be determined by reference to a fee schedule, *reimbursement* will be based upon a calculation that reasonably represents the amount paid to *network providers*.

Generally, our payment for *non-network provider* services will not be more than the amount we pay for *network provider* services. Payments we make to you are personal. You cannot transfer or assign any of your right to receive payments under this *agreement* to another person or organization, unless the Rhode Island General Law §27-20-49 (Dental Insurance assignment of *benefits*) applies.

5.2.2 Coverage for Services Provided by an *Non-network Provider* located Outside of the Rhode Island Service Area (*BlueCard*)

Overview

We have a variety of relationships with other Blue Cross and/or Blue Shield Plans and their Licensed Controlled Affiliates (“Licensees”). Generally, these relationships are called “Inter-Plan Arrangements.” These Inter-Plan Arrangements work based on rules and procedures issued by the Blue Cross and Blue Shield Association (“Association”). Whenever you obtain healthcare services outside of our service area, the claims for these services may be processed through one of these Inter-Plan Arrangements.

When you receive care outside of our service area, you will receive it from one of two kinds of providers. Most providers (“*participating providers*”) contract with the local Blue Cross and/or Blue Shield Plan in that geographic area (“Host Blue”). Some providers (“*nonparticipating providers*”) don’t contract with the Host Blue. We explain below how we pay both kinds of providers.

We cover only limited healthcare services received outside of the Network Blue New England service area. As used in this section, “Out-of-Area *Covered Healthcare Services*” include the following *services* obtained outside the geographic area we serve: *Emergency* care (Emergency Room Services and Ambulance Services); services for which we specifically approve the use of a *nonparticipating provider*; and otherwise, as required by law. Any other services will not be covered when processed through any Inter-Plan Arrangements unless authorized by us.

Inter-Plan Arrangements Eligibility – Claim Types

All claim types are eligible to be processed through Inter-Plan Arrangements, as described above, except for Dental Care Benefits, and those Prescription Drug Benefits or Vision Care Benefits that may be administered by a third party contracted by us to provide the specific service or services.

BlueCard® Program

Under the BlueCard® Program, when you receive Out-of-Area Covered Healthcare Services within the geographic area served by a Host Blue, we will remain responsible for doing what we agreed to in the agreement. However, the Host Blue is responsible for contracting with and generally handling all interactions with its participating providers.

The BlueCard Program enables you to obtain Out-of-Area Covered Healthcare Services, as defined above, from a healthcare provider participating with a Host Blue, where available. The participating provider will automatically file a claim for the Out-of-Area Covered Healthcare Services provided to you, so there are no claim forms for you to fill out. You will be responsible for the member deductible and/or copayment amount, as stated in the Summary of Medical Benefits.

Emergency Care Services

If you experience a Medical Emergency while traveling outside the Network Blue New England service area, go to the nearest Emergency or Urgent Care Center facility. When you receive Out-of-Area Covered Healthcare Services outside of our service area and the claim is processed through the BlueCard Program, the amount you pay for the Out-of-Area Covered Healthcare Services, if not a flat dollar copayment, is calculated based on the lower of:

- The billed charges for your Out-of-Area Covered Healthcare Services; or
- The negotiated price that the Host Blue makes available to us.

Often, this “negotiated price” will be a simple discount that reflects an actual price that the Host Blue pays to your healthcare provider. Sometimes, it is an estimated price that takes into account special arrangements with your healthcare provider or provider group that may include types of settlements, incentive payments and/or other credits or charges. Occasionally, it may be an average price, based on a discount that results in expected average savings for similar types of healthcare providers after taking into account the same types of transactions as with an estimated price.

Estimated pricing and average pricing also take into account adjustments to correct for over- or underestimation of modifications of past pricing of claims, as noted above. However, such adjustments will not affect the price we have used for your claim because they will not be applied after a claim has already been paid.

Federal or state laws or regulations may require a surcharge, tax or other fee that applies to insured accounts. If applicable, we will include any such surcharge, tax or other fee as part of the claim charge passed on to you.

Special Cases: *Value-Based Programs*

BlueCard® Program

If you receive *covered health care services* under a *Value-Based Program* inside a Host Blue’s *service area*, you will not be responsible for paying any of the *Provider Incentives*, risk-sharing, and/or *Care Coordinator Fees* that are a part of such an arrangement, except when a Host Blue passes these fees to us through average pricing or fee schedule adjustments.

The following defined terms only apply to Section 5.3:

- *Care Coordinator Fee* is a fixed amount paid by us to *providers* periodically for *Care Coordination* under a *Value-Based Program*.
- *Care Coordination* is organized, information-driven patient care activities intended to facilitate the appropriate responses to an enrolled *member's* healthcare needs across the continuum of care.
- *Value-Based Program* (*VBP*) is an outcomes-based payment arrangement and/or a coordinated care model facilitated with one or more local *providers* that is evaluated against cost and quality metrics/factors and is reflected in *provider* payment.

- *Provider Incentive* is an additional amount of compensation paid to a healthcare *provider* by us, based on the *provider's* compliance with agreed-upon procedural and/or outcome measures for a particular group of covered persons.

Nonparticipating Providers Outside the Service Area
1. Your Liability Calculation
When *Out-of-Area Covered Healthcare Services* are provided outside of the Network Blue New England network by *nonparticipating providers*, the amount you pay for such services will normally be based on either the Host Blue's *nonparticipating provider* local payment or the pricing arrangements required by applicable state law. In these situations, you may be responsible for the difference between the amount that the *nonparticipating provider* bills and the payment we will make for the *Out-of-Area Covered Healthcare Services* as set forth in this *agreement*. Federal or state law, as applicable, will govern payments for out-of-network *emergency* services.

2. Exceptions
In certain situations, we may use other payment methods, such as billed charges for *Out-of-Area Covered Healthcare Services*, the amount we would pay to a local *non-network provider*, or a special negotiated payment to determine the amount we will pay for services provided by *nonparticipating providers*. In these situations, you may be liable for the difference between the amount that the *nonparticipating provider* bills and the payment we will make for the *Out-of-Area Covered Healthcare Services* as set forth in this *agreement*.

Blue Cross Blue Shield Global Basic International Coverage™
If you are outside the United States, you may be able to take advantage of the Blue Cross Blue Shield Global Basic International Coverage when accessing covered health care services. The Blue Cross Blue Shield Global Basic International Coverage is unlike the BlueCard Program available in the United States in certain ways. For instance, although the Blue Cross Blue Shield Global Basic International Coverage assists you with accessing a network of inpatient, outpatient and professional providers, the network is not served by a Host Blue. As such, when you receive care from providers outside the United States, you will typically have to pay the providers and submit the claims yourself to obtain reimbursement for these services.

If you need medical assistance services (including locating a doctor or hospital) outside the United States, you should call the Blue Cross Blue Shield Global Basic International Coverage Service Center at 1.800.810.BLUE (2583) or call collect at 1.804.673.1177, 24 hours a day, seven days a week. An assistance coordinator, working with a medical professional, will arrange a physician appointment or hospitalization, if necessary.

- **Inpatient Services**

In most cases, if you contact the Blue Cross Blue Shield Global Basic International Coverage Service Center for assistance, *hospitals* will not require you to pay for covered inpatient services, except for your cost-share amounts/deductibles, coinsurance, etc. In such cases, the hospital will submit your claims to the Blue Cross Blue Shield Global Basic International Coverage Service Center to begin claims processing. However, if you paid in full at the time of service, you must submit a claim to receive reimbursement for covered healthcare services. **You must contact us to obtain a network authorization for non-emergency inpatient services.**

- **Outpatient Services**

Physicians, *urgent care centers* and other *outpatient providers* located outside the United States will typically require you to pay in full at the time of service. You must submit a claim to obtain reimbursement for covered healthcare services.

- **Submitting a Blue Cross Blue Shield Global Basic International Coverage Claim**

When you pay for covered healthcare services outside the BlueCard service area, you must submit a claim to obtain reimbursement. For institutional and professional claims, you should complete a Blue Cross Blue Shield Global Basic International Coverage claim form and send the claim form with the provider's itemized bill(s) to the Blue Cross Blue Shield Global Basic International Coverage Service Center (the address is on the form) to initiate claims processing. Following the instructions on the claim form will help ensure timely processing of your claim. The claim form is available from us, the Blue Cross Blue Shield Global Basic International Coverage Service Center or online at www.bcbsglobalbasic.com. If you need assistance with your claim submission, you should call the Blue Cross Blue Shield Global Basic International Coverage Service Center at 1.800.810.BLUE (2583) or call collect at 1.804.673.1177, 24 hours a day, seven days a week.

6.0 HOW WE COORDINATE YOUR *BENEFITS* WHEN YOU ARE COVERED BY MORE THAN ONE *PLAN*

Introduction

This Coordination of *Benefits* ("COB") provision applies when you or your covered dependents have health care *benefits* under more than one *plan*.

We follow the COB rules of payment issued by the Rhode Island Office of the Health Insurance Commissioner (OHIC) in Regulation 48 and by the National Association of Insurance Commissioners (NAIC). From time to time these rules may change before we issue a revised *subscriber agreement*. We use the COB regulations in effect at the time of coordination to determine *benefits* available to you under this *agreement*.

If this provision applies, the order of benefit determination rules as stated in this section will determine whether we pay *benefits* before or after the *benefits* of another *plan*.

6.1 Definitions

The following definitions apply to Section 6:

ALLOWABLE EXPENSE means the necessary, reasonable and customary item of expense for health care, which is:

- covered at least in part under one or more *plans* covering the person for whom the *claim* is made; and
- incurred while this *agreement* is in force.

When a *plan* provides health care *benefits* in the form of services, the reasonable cash value of each service is considered as both an *allowable expense* and a benefit paid.

Vision care services covered under other *plans* are not considered an *allowable expense* under this *agreement*.

BENEFITS means any treatment, facility, equipment, drug, device, supply or service for which you receive *reimbursement* under a *plan*.

CLAIM means a request that *benefits* of a *plan* be provided or paid.

PLAN means any health care insurance benefit package provided by an organization as defined in Section 8.0 - Glossary.

PRIMARY PLAN means a *plan* whose *benefits* for a person's health care coverage must be determined without taking the existence of any other *plan* into consideration.

SECONDARY PLAN means a *plan* that is not a *primary plan*.

6.2 When You Have More Than One *Agreement* with Blue Cross & Blue Shield of Rhode Island

If you are covered under more than one *agreement* with us, you are entitled to covered *benefits* under both *agreements*. If one *agreement* has a benefit that the other(s) does not, you are entitled to coverage under the *agreement* that has the benefit. The total payments you receive will never be more than the total cost for the services you receive.

6.3 When You Are Covered By More Than One Insurer

Covered *benefits* provided under any other *plan* will always be paid before the *benefits* under our *plan* if that insurer does not use a similar coordination of *benefits* rule to determine coverage. The *plan* without the coordination of *benefits* provision will always be the *primary plan*.

Benefits under another *plan* include all *benefits* that would be paid if *claims* had been submitted for them.

If you are covered by more than one *plan* and both insurers use similar coordination of *benefits* rules to determine coverage, we use the following conditions to determine which *plan* covers you first:

- whether you are the main *subscriber* or a dependent;
- if married, whether you or your spouse was born earlier in the year;
- the length of time each spouse has been covered;
- if a parental custody or divorce decree applies; or
- if Medicare is your other coverage. If so, then Medicare guidelines apply.

(1.) Non-Dependent/Dependent - If you are covered under a *plan* and you are the main *subscriber*, the *benefits* of that *plan* will be determined before the *benefits* of a *plan* that covers you as a dependent.

If, however, you are a Medicare beneficiary, Medicare will be the *primary plan*. Medicare will provide the *benefits* first.

If one of your dependents covered under this *agreement* is a student, and has additional coverage through a student *plan*, then the *benefits* from the student *plan* will be determined before the *benefits* under this *agreement*.

(2.) Dependent Child/Parents Not Separated or Divorced - If dependent children are covered under separate *plans* of more than one person (i.e. "parents" or individuals acting as "parents"), the *benefits* of the *plan* covering the parent born earlier in the year will be determined before those of the parent whose birthday falls later in the year. If both parents have the same birthday, the *benefits* of the *plan* that covered the parent longer are determined before those of the *plan*, which covered the other parent for a shorter period of time. The term "birthday" only refers to the month and day in a calendar year, not the year in which the person was born. If the other *plan* does not determine *benefits* according to the parents' birth dates, but by parents' gender instead, the other *plan's* gender rule will determine the order of *benefits*.

(3.) Dependent Child/Parents Separated or Divorced - If two or more *plans* cover a person as a dependent child of divorced or separated parents, the *plan* responsible to cover *benefits* for the child will be determined in the following order:

- first, the *plan* of the parent with custody of the child;
- then, the *plan* of the spouse of the parent with custody of the child; and
- finally, the *plan* of the parent not having custody of the child.

If the terms of a court decree state that one of the parents is responsible for the health care expenses of the child, and the entity obligated to pay or provide the parent's *benefits* under that parent's *plan* has actual knowledge of those terms, the *benefits* of that *plan* are determined first and the *benefits* of the *plan* of the other parent are the *secondary plan*.

If the terms of a court decree state that the parents share joint custody, without stating that one of the parents is responsible for the health care expenses of the child, the *plan*s covering the child will follow the order of benefit determination rules outlined in Section 6.3 (2) above.

(4.) Active/Inactive Employee - If you are covered under another health *plan* as an employee (not laid off or retired), your *benefits* and those of your dependents under that *plan* will be determined before *benefits* under this *plan*. The *plan* covering the active employee and dependents will be the *primary plan*. The *plan* covering that same employee as inactive (retired or laid off) will be the *secondary plan* for that employee and dependents.

(5.) *COBRA*/Rhode Island Extended *Benefits*(RIEB) – If this *plan* is provided to you under *COBRA* or RIEB, and you are covered under another *plan* as an employee, retiree, or dependent of an employee or retiree, the *plan* covering you as an employee, retiree or dependent of an employee or retiree will be primary and the *COBRA* or RIEB *plan* will be the *secondary plan.*

(6.) Longer/Shorter Length of Coverage - If none of the above rules determine the order of *benefits*, the *benefits* of the *plan* that covered a *member* or *subscriber* longer are determined before those of the *plan* that covered that person for the shorter term.

In general, if you use more *benefits* than you are covered for during a benefit period, the following formula is used to determine coverage:
The insurer covering you first will cover you up to its *allowance*. Then, the other insurer will cover any allowable *benefits* you use over that amount. It will never be more than the total amount of coverage that would have been provided if *benefits* were not coordinated.

  Maximum benefits paid by primary insurer
\+ Any remaining *allowable expense* to be paid by secondary insurer

  Total *Benefits* Payable

6.4 Our Right to Make Payments and Recover Overpayments

If payments which should have been made by us according to this provision have actually been made by another organization, we have the right to pay those organizations the amounts we decide are necessary to satisfy the rules of this provision. These amounts are considered *benefits* provided under this *agreement* and we are not liable for them.

If we have made payments for *allowable expenses* which are more than the maximum amount needed to satisfy the conditions of this provision, we have the right to recover the excess amounts from: the person to or for whom the payments were made; any other insurers; and/or any other organizations (as we decide). As the *subscriber*, you agree to pay back any excess amount, provide information and assistance, or do whatever is necessary to recover this excess amount. When determining the amount of payments made we include the reasonable cash value of any *benefits* provided in the form of services.

7.0 ADVERSE BENEFIT DETERMINATIONS AND APPEALS

7.1 Adverse Benefit Determinations

An **adverse benefit determination** is any of the following:

- Denial of a benefit (in whole or part);
- Reduction of a benefit;
- Termination of a benefit;
- Failure to provide or make a payment (in whole or in part) for a benefit; and
- Rescission of coverage, even if there is no adverse effect on any benefit.

An appeal of an adverse benefit determination can be made either as an administrative appeal or as a medical appeal, as defined further in this section.

Our Customer Service Department phone number is (401) 459-5000 or 1-800-639-2227

7.2 Complaint and Administrative Appeal Procedures

A **Complaint** is a verbal or written expression of dissatisfaction with any aspect of our operation or the quality of care you received. A complaint is not an appeal, an inquiry, or a problem of misinformation that is resolved promptly by clearing up the misunderstanding or supplying the appropriate information to your satisfaction.

An **Administrative Appeal** is a verbal or written request for us to reconsider a full or partial denial of payment for services that were denied because:

- the services were excluded from coverage;
- we failed to make payment (in whole or part) for a service;
- we determined that you were not initially eligible for coverage;
- we determined that you were not eligible for coverage (for example, a rescission of coverage occurred);
- you or your *provider* did not follow BCBSRI's requirements; or
- other limitation on an otherwise covered benefit.

How to File a Complaint or Administrative Appeal

If you are dissatisfied with any aspect of our operation, the quality of care you have received, or you have a request for us to reconsider a full or partial denial of *benefits*, please call our Customer Service Department. The Customer Service Representative will try to resolve your concern. If it concern is not resolved to your satisfaction, you may file a complaint or administrative appeal verbally with the Customer Service Representative. If you wish to file a complaint related to the quality of care you received, you must do so within sixty (60) days of the incident. If you wish to file an administrative appeal, you must do so within one hundred eighty (180) days of receiving a denial of *benefits*. You are not required to file a complaint before filing an administrative appeal.

You may also file a complaint or administrative appeal in writing. To do so, you must provide the following information:

- name, address, *member* ID number;
- summary of the issue;
- any previous contact with BCBSRI;
- a brief description of the relief or solution you are seeking;

- any more information such as *referral* forms, *claims*, or any other documentation that you would like us to review;
- the date of incident or service; and
- your signature.

You can use the *Member* Appeal Form, which a Customer Service Representative can provide to you, or you can send us a letter with the information requested above. If someone is filing a complaint or administrative appeal on your behalf, you must send us a notice with your signature, authorizing the individual to represent you in this matter.

Please mail the medical complaint or administrative appeal to:

Blue Cross & Blue Shield of Rhode Island
Attention: Grievance and Appeals Unit
500 Exchange Street
Providence, Rhode Island 02903

Please mail the dental complaint or administrative appeal to:

Blue Cross & Blue Shield of Rhode Island
Dental Customer Service - Appeals
P.O. Box 69420
Harrisburg, PA 17106-9420

We will acknowledge your complaint or administrative appeal in writing or by phone within ten (10) business days of our receipt of your written complaint or administrative appeal. The Grievance and Appeals Unit will conduct a thorough review of your complaint or administrative appeal and respond in the timeframes set forth below.

Complaint

- **Level 1**
  We will respond to your Level 1 complaint in writing within thirty (30) calendar days of the date we receive your complaint. The determination letter will provide you with the rationale for our response as well as information on the next steps available to you, if any, if you are not satisfied with the outcome of the complaint.

- **Level 2 (when applicable)**
  A Level 2 complaint may be submitted only when you have been offered a second level of complaint in your Level 1 determination letter. The Grievance and Appeals Unit will conduct a thorough review of your Level 2 complaint and respond to you in writing within thirty (30) business days of the date we receive your Level 2 letter. Our determination letter will provide you with the rationale for our response as well as information on the next steps if you are not satisfied with the outcome of the complaint.

Administrative Appeal

We will respond to your administrative appeal in writing within sixty (60) calendar days of our receipt of your administrative appeal. The determination letter will provide you with information regarding our determination.

BCBSRI does not offer a Level 2 administrative appeal. You may notify the Office of The Health Insurance Commissioner's Consumer Resource Program, RIREACH at 1-855-747-3224 about your concerns. Please refer to the Legal Action section below for more information.

7.3 Medical Appeal Procedures

A **Medical Appeal** is a verbal or written request for us to reconsider a full or partial denial of payment for services that were denied because we determined one of the following:

- The services were not *medically necessary*; or
- The services are experimental or investigational.

If we deny payment for a service for medical reasons, you will receive the denial in writing.

The written denial you receive will:

- explain the reason for the denial;
- explain the clinical criteria that was used to make the determination;
- provide specific instruction for obtaining the clinical criteria for the denial; and
- provide specific instructions for filing a medical appeal.

To file a medical appeal verbally, you may call our Customer Service Department.

You may also file a medical appeal in writing by providing the following information:

- name, address, and *member* ID number;
- summary of the medical appeal, any previous contact with BCBSRI;
- a brief description of the relief or solution you are seeking;
- any more information such as *referral* forms, *claims*, or any other documentation that you would like us to review;
- the date of service; and
- your signature.

If someone is filing a medical appeal on your behalf, you must send us a notice with your signature, authorizing the individual to represent you in this matter.

Written medical appeals should be sent to:

Blue Cross & Blue Shield of Rhode Island
Attention: Grievance and Appeals Unit
500 Exchange Street
Providence, Rhode Island 02903

Written dental appeals should be sent to:

Blue Cross & Blue Shield of Rhode Island
Dental Customer Service - Appeals
P.O. Box 69420
Harrisburg, PA 17106-9420

Your *doctor* may also file a medical appeal on your behalf. Your *doctor* can contact the Physician and *Provider* Service Center to start the medical appeal.

Within ten (10) business days of receipt of a written or verbal medical appeal, the Grievance and Appeals Unit will mail or call you to phone acknowledge of our receipt of the medical appeal.

You are entitled to the following level of review when seeking a medical appeal.

Appeal Level

You may file a medical appeal by making a request for such review to us within one hundred and eighty (180) calendar days of the initial determination letter. You may do so by calling our Customer Service Department, but we strongly suggest that you submit your request in writing to ensure your request is accurately reflected. At any time during the appeal, you may supply additional information by mailing it to the address listed above. You may request copies of information relevant to your appeal (free of *charge*) by contacting our Grievance and Appeal Unit.

For pre-service (before services are rendered) or *concurrent* (during a patient's *hospital* stay or course of treatment) appeals, you will receive written notification of the determination within fifteen (15) calendar days of receipt of the appeal. If you are requesting reconsideration of a service that was denied after you already obtained the service (retrospectively), then you will receive written notification of our determination within fifteen (15) business days of our receipt of the appeal.

Expedited (Urgent) Review

You may ask for an expedited (urgent) appeal if:

- an urgent *preauthorization* request for health care services has been denied (see Section 1.6 – *Preauthorization* for additional information about urgent *preauthorization* requests);
- the circumstances are an *emergency*; or
- you are in an *inpatient* setting.

A review is considered emergent or urgent if, in the opinion of an individual applying the judgment of a prudent layperson possessing an average knowledge of health and medicine, applying time periods for making a non-urgent appeal determination could seriously jeopardize your life or your health or your ability to regain maximum function. Likewise, a review is considered emergent or urgent if, in the opinion of a physician with knowledge of your health condition, applying time periods for making a non-urgent *claim* determination would subject you to severe pain that cannot be adequately managed without the care or treatment that is the subject of the appeal.

To request you or your physician or *provider* must call the Grievance and Appeals Unit at (401) 459-5000 or 1-800-639-2227 or fax your request to (401) 459-5005.

An expedited appeal determination for services that have not yet been rendered (a pre-service review) will be made not later than seventy-two (72) hours or in less than seventy-two (72) hours (taking into consideration medical exigencies) from the receipt of the request.

Services that have already been rendered (*retrospective* review) are not eligible for expedited (urgent) review.

External Appeal
If you remain dissatisfied with our appeal determination, you may request an external review by an outside review agency for any *claim* amount. There is no minimum dollar amount that a *claim* must be in order to file an external appeal.

To request an external review you must submit your request in writing to us within four (4) months of your receipt of the determination. We will forward your request to the outside review agency within five (5) business days, or within two (2) business days for an expedited external appeal.

We may charge you a filing fee up to $25.00 per external appeal, not to exceed $75.00 per *plan year*. We will refund you if the denial is reversed and will waive the fee if it imposes an undue hardship on you.

For all non-*emergency* appeals, the outside review agency will notify you of its determination within ten (10) business days of the agency's receipt of the information.

For all urgent external appeals, the outside review agency will notify you of its determination within two (2) business days.

The determination by the outside review agency is binding upon us.

This External Appeal is voluntary. This means you may choose to participate in this level of appeal or you may file suit in an appropriate court of law (Please see Legal Action, below).

7.4 Legal Action

If you are dissatisfied with the decision on your *claim*, and have complied with applicable state and federal law, you are entitled to seek judicial review. This review will take place in an appropriate court of law.

Note: Once a *member* or *provider* receives a decision at one of the several levels of appeal (Level 1, Level 2, External, and Legal Action), the *member* or *provider* may not ask for an appeal at the same level again, unless additional information that could impact such decisions can be provided.

Under state law, you may not begin court proceedings prior to the expiration of sixty (60) days after the date you filed your *claim*. In no event may legal action be taken against us later than three (3) years from the date you were required to file the *claim* (see Section 6.0).

7.5 Grievances Unrelated to *Claims*

We encourage you to discuss any complaint that you may have about any aspect of your medical treatment with the health care *provider* that furnished the care. In most cases, issues can be more easily resolved when they are raised when they occur. If, however, you remain dissatisfied or prefer not to take up the issue with your *provider*, you may access our complaint and grievance procedures.

You may also access our complaint and grievance procedures if you have a complaint about our service or about one of our employees. In order to start a grievance, please call our Customer Service Department. The Customer Service Department will log in your call and begin working towards the resolution of your complaint.

The grievance procedures described in this section do not apply to *medical necessity* determinations (see Section 7.3), complaints about payments (see Section 7.2), *claims* of medical malpractice or to allegations that we are liable for the professional negligence of any *doctor*, *hospital*, health care facility or other health care *provider* furnishing services under this *agreement*.

7.6 Our Right to Withhold Payments

We have the right to withhold payment during the period of investigation on any *claim* we receive that we have reason to believe might not be eligible for coverage. We will also conduct pre-payment review on a *claim* we have reason to believe has been submitted for a service not covered under this *agreement*. We will make a final decision on these *claims* within sixty (60) days after the date you filed said *claim*.

We also have the right to perform post-payment reviews of *claims*. If we determine misrepresentation was used when you filed the *claim*, or if we determine that a *claim* should not have been paid for any reason, we may take all necessary steps (including legal action) to recover funds paid to you or to a *provider*.

7.7 Our Right of *Subrogation* and/or *Reimbursement*

Definitions

SUBROGATION means we can use your right to recover money from a third party that caused you to be hurt or sick. We may also recover from any insurance company (including uninsured and underinsured motorist clauses and no-fault insurance) or other party.

REIMBURSEMENT means our right to be paid back any payments, awards or settlements that you receive from a third party. We can collect up to the amount of any benefit or any payment we made.

Subrogation

We may recover money from a third party that causes you to be hurt or sick. If that party has insurance, we may recover money from the insurance company. Our recovery will be based on the benefit or payment we made under this *agreement*. For example, if you are hurt in a car accident and we pay for your *hospital* stay, we can collect the amount we paid for your *hospital* stay from the auto insurer. If you do not try to collect money from the third party who caused you to be hurt or sick, you agree that we can. We may do so on your behalf or in your name. Our right to be paid will take priority over any *claim* for money by a third party. This is true even if you have a *claim* for punitive or compensatory damages.

Reimbursement

If we give you *benefits* or make payment for services under this *agreement* and you get money from a third party for those services, you must pay us back. This is true even if you receive the money after a settlement or a judgment. For example, if your auto insurance pays for your *emergency* room visit after a car accident, you must reimburse us for any benefit payment that we made.

We can collect the money no matter where it is or how it is designated. You must pay us back even if you do not get back the total amount of your *claim* against the third party. We can collect the money you receive even if it is described as a payment for something other than health care expenses. We may offset future payments under this *agreement* until we have

been paid an amount equal to what you were paid by a third party. If we must pay legal fees in order to recover money from you, we can recover these costs from you. Also, the amount that you must pay us cannot be reduced by any legal costs that you have.

If you receive money in a settlement or a judgment and do not agree with our right to *reimbursement*, you must keep an amount equal to our *claim* in a separate account until the dispute is resolved. If a court orders that money be paid to you or any third party before your lawsuit is resolved, you must tell us quickly so we can respond in court.

***Member* Cooperation**

You must give us information and help us. This means you must complete and sign all necessary documents to help us get money back. You must tell us in a timely manner about the progress of your *claim* with a third party. This includes filing a *claim* or lawsuit, beginning settlement discussions, or agreeing to a settlement in principle, etc. It also means that you must give us timely notice before you settle any *claim*. You must not do anything that might limit our rights under this section. We may take any action necessary to protect our right of *subrogation* and/or *reimbursement*.

8.0 GLOSSARY

When a defined term is used in this *agreement*, it will be italicized.

AGREEMENT means this document. It is a legal contract between you and BCBSRI.

ALLOWANCE is the amount a *network provider* has agreed to accept for a *covered health care service*. Our *allowance* for a *covered health care service* may include payment for other related services. See How Your *Covered Health Care Services* Are Paid and the Summary of Medical *Benefits* for services subject to *copayments*, *deductibles* (if any), and *maximum benefits*. For information about how we pay for health care services rendered by a *non-network provider*, please see How *Non-network Providers* Are Paid section.

When you receive *covered health care services* from a *network provider*, the provider has agreed to accept our *allowance* as payment in full. You will be responsible to pay your *copayments*, *deductibles* (if any), and the difference between the *maximum benefit* and our *allowance*, if any.

Services received from a *non-network provider* are not covered under this agreement except for the limited circumstances listed below. *You* are responsible for paying all *charges* from the *non-network provider*.

The limited circumstances are:

- *Emergency* Care (Emergency Room Services, Ambulance Services, and *emergency* services at an *Urgent Care Center*);
- *We* specifically approve the use of a *non-network provider* for *covered health care services*
- *Covered health care services* are rendered by a *non-network provider* at a *network* facility (outside of *your* control as described in section 5.1); and
- Otherwise, as required by law.

In these limited circumstances, when *covered health care services* are approved by us, our reimbursement will be based on the lesser of our *allowance*, the *non-network provider's charge*, or the *maximum benefit*, less any *copayments* and *deductibles* at the *network* benefit level as shown in the Summary of Medical Benefits.

BENEFITS means any treatment, facility, equipment, drug, device, supply or service that you receive *reimbursement* for under a *plan*.

BENEFIT LIMIT means the *maximum benefit* amount allowed for certain *covered health care services*. It may limit the duration or the number of visits for *covered health care services*. See the Summary of *Benefits* for details about any *benefit limits*.

BLUECARD is a national program in which all Blue Cross and Blue Shield *plans* participate. It benefits *subscribers* who receive *covered health care services* outside their own *plan's* service area. See Coverage for Services Provided Outside of the Service Area (*BlueCard*) section for details.

CHARGES means the amount billed by any health care *provider* (e.g., *hospital*, *doctor*, laboratory, etc.) for *covered health care services* without the application of any discount or negotiated fee arrangement.

CLAIM means a request that *benefits* of a *plan* be provided or paid.

COBRA means the Consolidated Omnibus Budget Reconciliation Act passed by Congress in 1986. This law provides continuation of group health *plan* coverage that would otherwise be ended. *COBRA* gives certain former employees, retirees, spouses, and dependents the right to temporary continuation of health coverage at group rates.

COPAYMENT means either a defined dollar amount or a percentage of our *allowance* that you must pay for certain *covered health care services*.

COVERED HEALTH CARE SERVICES means any service, treatment, procedure, facility, equipment, drug, device, or supply that we have reviewed and determined is eligible for *reimbursement* under this *agreement*.

DEDUCTIBLE means the amount that you must pay each *plan year* before we begin to pay for certain *covered health care services*.

The *deductible* amount applied to a covered health care expense is based on the lower of our *allowance* or the *provider's charge*. See the Summary of Medical *Benefits* for your *plan year deductible* amount(s) and whether the *covered health care services* are subject to the *deductibles*.

***DENTAL NECESSITY* (*DENTALLY NECESSARY*)** means that the dental services provided by a *dentist* to identify or treat your dental or oral health condition, upon review by BCBSRI, are:

- consistent with the symptoms and appropriate and effective for the diagnosis, treatment, or care of the oral condition, disease, or injury for which it is prescribed or performed;
- appropriate with regard to generally accepted standards of dental practice within the dental community or scientific evidence;
- not primarily for the convenience of the *member*, the *member's* family or *dentist* of such *member*; and
- the most appropriate in terms of type, amount, frequency, setting, duration, and level of service that can safely be provided to the *member*.

We will make a determination whether a dental service is *dentally necessary* based on our dental policies and related guidelines. You have the right to appeal our determination or to take legal action. Please see Adverse Benefit Determinations and Appeals section.

We may review *dental necessity* on a case-by-case basis. WE DETERMINE *DENTAL NECESSITY* SOLELY FOR PURPOSES OF *CLAIMS* PAYMENT IN ACCORDANCE WITH OUR DENTAL POLICIES AND RELATED GUIDELINES UNDER THIS *AGREEMENT*.

DEVELOPMENTAL SERVICES means therapies, typically provided by a qualified professional using a treatment plan, that are intended to lessen deficiencies in normal age appropriate function. The therapies generally are meant to limit deficiencies related to injury or

disease that have been present since birth. This is true even if the deficiency was detected during a later developmental stage. The deficiency may be the result of injury or disease during the developmental period. *Developmental services* are applied for sustained periods of time to promote acceleration in developmentally related functional capacity. This *agreement* covers *developmental services* unless specifically listed as not covered."

DOCTOR means any person licensed and registered as an allopathic or osteopathic physician (i.e. D.O or M.D.). For purposes of this *agreement*, the term *doctor* also includes a licensed *dentist*, podiatrist, or chiropractic physician.

ELIGIBLE PERSON is explained in the Section Who is an *Eligible Person*. We or *HealthSource RI* may be the entity that determines eligibility for coverage under this *agreement*. This section details who is eligible to enroll as a dependent under this *agreement*.

EMERGENCY means a medical condition manifesting itself by acute symptoms. The acute symptoms are severe enough (including severe pain) that a prudent layperson, with an average knowledge of health and medicine, could reasonably expect that without immediate medical attention serious jeopardy to the health of a person (or, with respect to a pregnant woman, the health of the woman or her unborn child), serious impairment to bodily functions, or serious dysfunction of any bodily organ or part could result.

EXPERIMENTAL/INVESTIGATIONAL means any health care service that has progressed to limited human application, but has not been recognized as proven and effective in clinical medicine. See *Experimental/Investigational* section for a more detailed description of the type of health care services we consider *experimental/investigational*.

FREESTANDING AMBULATORY SURGI-CENTER means a state licensed facility, which is surgically equipped to treat patients on an *outpatient* basis.

HABILITATIVE SERVICES mean health care services that help a person keep, learn, or improve skills and functioning for daily living. A qualified professional provides the health care services. Examples include therapy for a child who is not walking or talking at the expected age. These services may include physical and occupational therapy, speech therapy and other services, performed in a variety of *inpatient* and/or *outpatient* settings for people with disabilities.

HEALTHSOURCE RI (HSRI) means a Rhode Island governmental agency that makes Qualified Health *Plans* (QHPs) available to qualified individuals. It works as a marketplace to help residents identify health insurance options. To contact, please call **1-855-683-6759**.

HOSPITAL means any facility worldwide:

- that provides medical and surgical care for patients who have acute illnesses or injuries; and
- is either listed as a *hospital* by the American *Hospital* Association (AHA) or accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

    - **A *GENERAL HOSPITAL*** means a *hospital* that is designed to care for medical and surgical patients with acute illness or injury.

- **A *SPECIALTY HOSPITAL*** means a *hospital* or the specialty unit of a *general hospital* that is licensed by the State. It must be designed to care for patients with injuries or special illnesses. This includes, but is not limited to, a long-term acute care unit, an acute mental health or acute short-term rehabilitation unit or *hospital*.

Hospital does not mean:
- convalescent home;
- rest home;
- nursing home;
- home for the aged;
- school and college infirmary;
- halfway houses or residential facility;
- long-term care facility;
- *urgent care center* or *freestanding ambulatory surgi-center*;
- facility providing mainly custodial, educational or *rehabilitative* care; or
- a section of a *hospital* used for custodial, educational or *rehabilitative* care, even if accredited by the JCAHO or listed in the AHA directory.

HOSPITAL SERVICES include the following:
- anesthesia supplies;
- blood services including: administration, typing, cross matching, drawing, maintenance of donor room, and *charges* for plasma and derivatives. *Charges* for penalty fees are NOT covered;
- cardiac pacemakers;
- computerized axial tomography (CAT or CT scan) and magnetic resonance imaging (MRI);
- diagnostic imaging, radiation therapy and diagnostic and therapeutic radioisotopic services;
- drugs and medications as currently listed in the National *Formulary* or the U.S. Pharmacopoeia;
- electrocardiograms (EKGs) and electroencephalogram (EEG);
- general and specialty nursing care;
- hearing evaluation;
- hemodialysis - use of machine and other physical equipment;
- inhalation and oxygen, respiratory therapy, and ventilator support;
- insulin and electroconvulsive therapy;
- laboratory and pathology testing and pulmonary function tests;
- mammogram;
- meals and other dietary services;
- medical and surgical supplies;
- occupational therapy;
- original prosthetic and initial prosthesis when supplied and billed by the *hospital* where you are an *inpatient* or the *hospital* that you return to, within a reasonable period of time, for an original prosthesis or initial prosthetic, providing the prosthesis or the prosthetic is related to the original *hospital* stay;
- pap smear;
- physical therapy;
- recovery room;
- rehabilitation services;

- room accommodations in a ward or *semi-private room* ;
- services performed in intensive care units;
- services of a licensed clinical psychologist when ordered by a *doctor* and billed by a *hospital*;
- speech evaluation and therapy;
- ultrasonography (ultrasounds);
- use of the operating room for surgery, anesthesia, and recovery room services; and
- other *hospital services* necessary for your treatment, which we have approved.

INPATIENT describes services provided when you are admitted to a *hospital* for at least one overnight stay.

MAINTENANCE SERVICES means any service that is intended to maintain current function, slow down a decline in function, or prevent a decline in function. *Maintenance services* are most often long term therapies that do not apply to persons with an acute chronic illness or functional deficit.

MAXIMUM BENEFIT means the total benefit allowed under this *plan* for *covered health care services* for a particular condition or service.

When you receive *covered health care services* from a *network provider*, that *provider* has agreed to accept our *allowance* as payment in full. You will be responsible to pay the difference between the *maximum benefit* and our *allowance*, and any applicable *copayments* and *deductibles* (if any).

When you receive health care services from an *non-network provider*, you will be responsible for the *provider's charge*. As described in Section 5.2 of this *agreement*, when *covered health care services* are rendered within the limited circumstances and approved by us, you will be responsible to pay the difference between the *maximum benefit* and our *allowance*, and any applicable *copayments* and *deductibles* (if any).

MAXIMUM OUT-OF-POCKET EXPENSE means the total amount that you must pay each *plan year* for certain *covered health care services* provided by *hospitals*, facilities, *doctors*, and other health care *providers*.

We will pay up to 100% of our *allowance* for the rest of the *plan year* once you have met the *maximum out-of-pocket expense* for approved *covered health care services*.

The *network deductible* (if any) is applied to the *network* out of pocket maximum.

See the Summary of *Benefits* for your *maximum out-of-pocket expenses* and whether the *covered health care services* are subject to the *maximum out-of-pocket expense*.

***MEDICALLY NECESSARY* (*MEDICAL NECESSITY*)** means that the health care services provided to treat your illness or injury, upon review by BCBSRI are:

- appropriate and effective for the diagnosis, treatment, or care of the condition, disease, ailment or injury for which it is prescribed or performed;

- appropriate with regard to generally accepted standards of medical practice within the medical community or scientific evidence;
- not primarily for the convenience of the *member*, the *member's* family or *provider* of such *member*; and
- the most appropriate in terms of type, amount, frequency, setting, duration, supplies or level of service, which can safely be provided to the *member* (i.e. no less expensive professionally acceptable alternative, is available).

We will make a determination whether a health care service is *medically necessary*. You have the right to appeal our determination or to take legal action as described in Section 7.0. We review *medical necessity* on a case-by-case basis.

THE FACT THAT YOUR *DOCTOR* PERFORMED OR PRESCRIBED A PROCEDURE DOES NOT MEAN THAT IT IS *MEDICALLY NECESSARY*. We determine *medical necessity* solely for purposes of *claims* payment under this *agreement*.

MEMBER means a person enrolled in this *plan*, whether a *subscriber* or other *eligible person*.

NETWORK AUTHORIZATION is the process of obtaining an approval from us to receive *covered health care services* from an *non-network provider*.

Network authorization requests to seek *covered health care services* from an *non-network provider* are only approved when a *covered health care service* cannot be provided by a *network provider*. When this happens, please call our customer service department to discuss the options and they will assist you with process of obtaining a *network authorization*. Services rendered with an approved *network authorization* will be paid based on *network provider* benefit level, as shown in the Summary of Benefit table. You will be responsible to pay the difference between the *maximum benefit* and our *allowance*, and any applicable *copayments* and *deductibles* (if any). If we approve a *network authorization* for you to receive services from an *non-network provider*, we reimburse you or the *non-network provider* up to the *maximum benefit* or our *allowance*, less any *copayments* and *deductibles* (if any), which may apply to a *covered health care service*.

When the *network authorization* is not approved, you will be responsible to pay the *provider's charge*.

Services rendered by an *non-network provider* will not be covered except in the following limited circumstances:

- *Emergency* care (*Emergency* Room Services, Ambulance Services, and free-standing Emergency Medical Centers);
- We specifically approve the use of an *non-network provider* for *covered health care services* as described in this section);
- *Covered health care services* rendered by an *non-network provider* at a *network* facility (outside of your control as described in section 5.1);
- Otherwise, as required by law.

***NETWORK PROVIDER* (NETWORK)** is a *provider* that has directly entered into a contract with BCBSRI. These *providers* are within our service area, which includes Rhode Island and

the counties of Connecticut and Massachusetts that border Rhode Island. The BlueCHiP *network providers* are listed on our website. See Summary of Medical *Benefits* to view the *copayment*, *deductible* and *maximum benefits* applicable to *network* services.

NEW SERVICE means a service, treatment, procedure, facility, equipment, drug, device, or supply we previously have not reviewed to determine if the service is eligible for coverage under this *agreement*.

NON-NETWORK PROVIDER **(*NON-NETWORK*);**

> **For services listed in the Summary of Medical *Benefits* an *non-network provider* is a provider:**
>
> - that has entered into an agreement with a Blue Cross or Blue Shield *plan* of another state (*BlueCard*); and
> - a *provider* located in our services area or another state that has not entered into an agreement directly with BCBSRI.
>
> **For health care services listed in the Summary of Pharmacy *Benefits*, Summary of Pediatric Vision *Benefits* and Summary of Pediatric Dental *Benefits* an *non-network provider* is a provider:**
>
> - that has not entered into an agreement directly with BCBSRI. See the Summary of Pharmacy *Benefits*, Summary of Pediatric Vision *Benefits* and Summary of Pediatric Dental *Benefits* to view the *copayment*, *deductible* and *maximum benefits* applicable to *Non-network*.

OUTPATIENT is a patient receiving ambulatory care at a *hospital* or other health care facility. The patient is not admitted overnight.

PATIENT CENTERED MEDICAL HOME **(*PCMH*)** is a type of health care delivery model used by *primary care physicians*. In this model, a *primary care physician* leads a team of healthcare professionals—including a nurse care manager and, in some cases, a nutritionist, behavioral health *provider*, and/or other specialists—in helping patients improve their health and coordinate their care. For the purposes of this *agreement*, your *copayment* will differ or vary depending on whether you receive care from a *primary care physician* that uses the *PCMH* model or does not use the *PCMH* model of care.

PLAN means any *hospital* or medical service *plan* or health insurance benefit package provided by an organization. This includes an organization that is a *member* of the Blue Cross and Blue Shield Association and BCBSRI as well as:

- group insurance or group-type coverage, whether insured or self-insured, including group-type coverage through an HMO, other prepayment group practice or individual practice *plan*; and
- coverage under a governmental *plan* or coverage required to be provided by law. This does not include a state *plan* under Medicaid (Title XIX, Grant to States for Medical Assistance Programs, of the U.S. Social Security Act as amended from time to time).

PLAN YEAR means the 12-month period, beginning on January 1st and ending December 31st, in which *benefit limits*, *deductibles* (if any), and your out-of-pocket maximums are calculated under this *agreement*.

PREAUTHORIZATION is a process that determines if a health care service qualifies for benefit payment. The *preauthorization* process varies depending on whether the service is a medical procedure or a prescription drug. *Preauthorization* is not a guarantee of payment, as the process does not take *benefit limits* into account.

Preauthorization is the approval that we advise you to seek before receiving certain *covered health care services*. Selected Prescription drugs bought at a pharmacy require *prescription drug preauthorization*. (See Prescription Drugs and Diabetic Equipment/Supplies for details.)

Medical Necessity Preauthorization ensures that services are *medically necessary* and performed in the most appropriate setting. BCBSRI *network providers* are responsible for obtaining *preauthorization* for all applicable *covered health care services*. In those limited circumstances where you may seek services from a *BlueCard non-network provider*, the *BlueCard provider* is responsible for obtaining *preauthorization* for all applicable *inpatient* facility *covered health care services*. If a BCBSRI *network provider* or a *BlueCard non-network provider* (for *inpatient covered health care services* only) does not obtain *preauthorization*, you are not liable for the cost of the *covered health care service*.
Additionally in those limited circumstances where you may seek services from a *non-network provider*, you are responsible for obtaining *preauthorization* when the *provider* is *non-network* or for non-*inpatient* facility services rendered by a *BlueCard provider* or facility. If you do not obtain *preauthorization* and the services are determined to be not *medically necessary* or the setting in which the services were received is determined to be inappropriate, we will not cover these services and you will be responsible for the cost of these services. You have the right to appeal our determination or to take legal action as described in the Adverse Benefit Determinations and Appeals section.

You may ask for *preauthorization* by telephoning us. For *covered health care services* (other than behavioral health services), call our Customer Service Department at (401) 459-5000 or 1-800-639-2227.

For behavioral health services (mental health and *substance use disorder*), call (401) 277-1344 or 1-800-274-2958.

We encourage you to contact us at least two (2) working days before you receive any *covered health care service* for which *preauthorization* is recommended.

Services for which *medical necessity preauthorization* is recommended are marked with an asterisk (*) in the Summary of Medical *Benefits*.

PREVENTIVE CARE SERVICES means *covered health care services* performed to prevent the occurrence of disease as defined by PPACA. See –the *Preventive Care Services* and Early Detection Services section.

***PRIMARY CARE PHYSICIAN* (*PCP*)** means, *network providers* that are family practitioners, internists, and pediatricians. Nurse practitioners and physician assistants, practicing under the

supervision of these professional *providers*, may be reimbursed as *primary care physicians*. For the purpose of this *agreement*, gynecologists and obstetricians may be credentialed as *primary care physicians* or as specialist physicians. For a list of *network PCP*, please reference the list of BlueCHiP *PCP providers* on our website.

PROGRAM means a collection of *covered health care services*, billed by one *provider*, which can be carried out in many settings and by different *providers*. This *agreement* does NOT cover *programs* unless specifically listed as covered. See *Covered Health Care Services* to find out if a *program* is covered under this *agreement*.

PROVIDER means an individual or entity licensed under the laws of the State of Rhode Island or another state to furnish health care services. For purposes of this *agreement*, the term *provider* includes a *doctor* and a *hospital*. It also means individuals whose services we must cover under Title 27, Chapters 19 and 20 of the Rhode Island General Laws, as amended from time to time.

These individuals include:

- midwives;
- certified registered nurse practitioners;
- psychiatric and behavioral health nurse clinical specialists practicing in collaboration with or in the employ of a physician licensed in Rhode Island;
- counselors in behavioral health; and
- therapists in marriage and family practice.

REFERRAL means the approval that a *subscriber/member* must obtain from his or her *PCP* prior to seeking *covered health care services* from other *network providers*.

REHABILITATIVE SERVICES means acute short-term therapies that can only be provided by a qualified professional. The therapies are used to treat functional deficiencies that are the result of injury or disease. Short-term therapies are services that result in measurable and meaningful functional improvements within sixty (60) days.

The services must be:

- consistent with the nature and severity of illness;
- be considered safe and effective for the patient’s condition; and
- be used to restore function.

The *rehabilitative services* must be provided as part of a defined treatment plan for an acute illness, injury, or an acute exacerbation of a chronic illness with significant potential for functional recovery.

SEMI-PRIVATE ROOM means a *hospital* room with two or more patient beds.

SOUND NATURAL TEETH means teeth that:

- are free of active or chronic clinical decay;
- have at least fifty percent (50%) bony support;
- are functional in the arch; and
- have not been excessively weakened by multiple dental procedures.

SUBSCRIBER is the person who enrolls in this *plan* and signs the application on behalf of himself or herself and on behalf of the other individuals listed as eligible on the application.

SUBSTANCE USE DISORDER means the chronic abuse of alcohol or other drugs. It is characterized:
- by impaired functioning;
- debilitating physical condition;
- the inability to keep from or reduce consuming the substance; or
- the need for daily use of the substance in order to function.

The term "substance" includes alcohol and addictive drugs. It does not include caffeine or tobacco.

URGENT CARE CENTER means a health care center physically separate from a *hospital* or other institution with which it is affiliated. It may also mean an independently operated and owned health care center. These centers are also referred to as "walk-in centers”.

UTILIZATION REVIEW means the *prospective* (prior to), *concurrent* (during) or *retrospective* (after) review of any service to determine whether such service was properly authorized, constitutes a *medically necessary* service for purposes of benefit payment, and is a *covered health care service* under this *agreement*.

- ***Prospective* review** is a review done before services are rendered.
- ***Concurrent* review** is a review done during a patient’s *hospital* stay or course of treatment.
- ***Retrospective* review** is a review done after services have been rendered.

WE, US, and **OUR** means Blue Cross & Blue Shield of Rhode Island. We are located at 500 Exchange Street, Providence, Rhode Island, 02903. In this *agreement*, WE, US, or OUR will have the same meaning whether italicized or not.

YOU and **YOUR** means the enrolled *subscriber* or *member* to Blue Cross & Blue Shield of Rhode Island. In this *agreement*, YOU and YOUR will have the same meaning whether italicized or not.

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Plan 11a = On/Off Exchange - BlueCHiP DP 1800.3600 - Pedi dental - Pedi vision- RX$10/25/50/75/125 ded tiers 3,4,&5 - v1.17

www.BCBSRI.com

500 Exchange Street • Providence, RI 02903-2699

Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.